

Harvest Years

1977



2023

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
 Tuesday - 8 AM - 3 PM
 Wednesday - 8 AM - 3 PM
 Thursday - 8 AM - 3 PM
 Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2023

Jack Walters.....President
 Judie Burke.....Vice President
 Barbara Morton.....Treasurer
 Judy Lomax.....Secretary
 Tom Bones.....Executive Director
 Board Members: Sandi Billings, Gary Kutsch
 Harvest Years Senior Center Members
 are Welcome to Attend

Harvest Years Monthly

JULY 2023

VOLUME 21 - ISSUE 7

302 698-4285 - Website: <http://harvestyears.org>

1977 - Celebrating 46 Years - 2023

The United States of America
 home of the brave 
 independence **flag** pledge 
 Stars & Stripes **USA** **ONE NATION** **Liberty**
 in God we trust 
JULY 4 
 freedom

Happy



Birthdays

2 Gilbert Kocher
2 Ken Ward
3 Ernestine Sanders
4 Anna Richter
5 Donna Purdy
5 Leo Zaleta
6 Judi Heritage
7 Barbara Beachy
8 Karen Coale
9 Fred Ainge
9 Toddie Reckner
10 David Balcerak

11 Daniel Bailey
13 Karen Bailey
13 Allen Hitchens, Jr.
13 Karen Shockley
13 Nancy Swift
14 Claudette Conroy
15 Virginia LeHuquet
15 Charles Orr
17 Jane Nixon
19 Angie Emerson
19 Larry Kesselring
20 Naomi Henderson

22 Carmen Villanueva
23 Doris Moffett
24 Leslyn "Frankie" Vaughn
24 Richard Wertz
25 Linda Brace
25 Mary Park
27 Octavian Dunareanu
28 Allan Williams
31 Joseph Frederick
31 Nancy Hartnett
31 Donna Reed



May you have all the joy your heart can hold,
And all the smiles a day can bring.



*****PLEASE BE SURE TO CALL ** (302) 698-4285*****

*****PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH***** to be delivered to your home on the third Thursday of **JULY** Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. **Free Birthday lunches are for Eat-In ONLY.** If you do not see your name on the Birthday list of names for **JULY** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front desk..... **HAPPY BIRTHDAY and Thank You...**

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.
Call in your Lunch Delivery Order or In-House Reservations by 10 AM.
LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.
Thank You, the Management



We again send our thanks to our members who give us their Redner's receipts each month that support our fundraising campaign in association with **REDNER'S.**

The total for the Month of June was
\$115.78

DONATIONS NEEDED

We are in need of Cotton Yarn and empty Shoe Boxes.
If you can help us with these items please drop them off at the Center

THANK YOU, Diane



From Your
Executive Director
Tom Bones

There is plenty of Summer fun ahead as we begin the month of July. Join us here at The Harvest Years for some cool treats, some good eats, and some fun in the sun activities.

As a reminder, please take advantage of our transportation program to and from the center. Let us do the driving in our roomy air-conditioned vehicles. The cost of a local pick-up is as little as \$.50 cents each way. Come and enjoy some company, a good card game, a day trip, or just a delicious lunchtime meal. Lots of choices!

A special shout-out and thank you to Ralph Malamace, Bill Burke, Steve Cockerill and David Lewis for installing our new attic ladder. Our old one had to be replaced because of safety concerns. We have also received a grant for a new drink machine for the main room so we can all have a cool drink, especially during these hot summer months. We hope to have it running in a few weeks.

We will be holding another **Indoor Sale** in the month of **July**. Thank you to Lee Landmesser for helping in June with our clothing sale. July will feature **Christmas in July** and our **first fishing gear** combo sale. We will have a variety of items for sale. Stop by before they all swim away.....



For the remainder of the Summer, we will be extending our hours for **Healthcare Transportation**. Appointments will still be Monday through Friday, but the new expanded hours will be 8 AM to 3 PM. As always, please call to schedule your appointments 2 weeks ahead of time if possible. If you have any questions, please call us at 302 698-4285.

Lastly, a reminder that our **Fall Yard Sale** will be on a date to be determined in September, and the **Fall Picnic will be Friday, September 22nd**.

Safe travels to all who are visiting family and friends during these summer months. Please reach out to us if you should need anything.

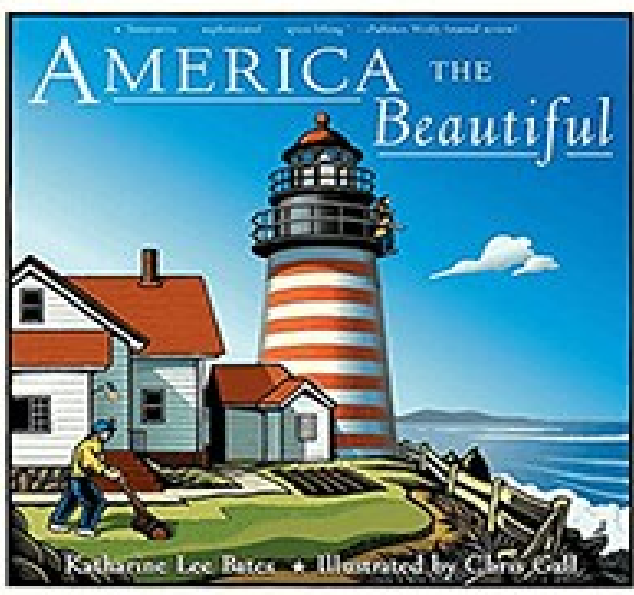
Stay cool.....

Happy 4th of July

Notes From Your
Activities Director
Diane Amoroso



God Bless America



My Home Sweet Home



2024 TRIPS

THE DUTCH APPLE THEATRE PRESENTS



THURSDAY, MARCH 28th – “THE ADDAMS FAMILY” - A **must see** **COMICAL FEAST** that embraces the wackiness in every family. Join us for this **hilarious musical comedy show**. **ALL INCLUSIVE PRICE; \$125.00 PP**

THURSDAY, AUGUST 29th – “JERSEY BOYS” - This documentary style play portray the journey of the popular 1960's boy band The Four Seasons. The show ran on Broadway for about 12 years bagging a Tony, Oliver, and Grammy Award before making a splash in the West End. **ALL INCLUSIVE PRICE; \$125.00 PP.**

THURSDAY, OCTOBER 17th – “HAIRSPRAY” - Tracy lived in Baltimore in 1962. Her big dream is to become famous in show business. Follow her dream to stardom in this poignant story of success. **ALL INCLUSIVE PRICE: \$125.00 PP**

A \$50.00 DEPOSIT IS REQUIRED UPON SIGN-UP

Call Diane for further information. 302 698-4285



JULY 2023 REPORT

**GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT
COMMISSIONER, 5th DISTRICT**



March is "In like a lion, out like a lamb". April is "April showers bring May flowers". May is the start of a "May-December" relationship. May is also the month of the year where allergy sufferers experience the worst in environmental impact. Pollen. The pollen that we all see covering our cars is often the cause of sneezing, runny noses, and watery eyes. And while it is a burden to those with allergies, without it, we would not survive as a species.

Pollen, according to KIDSHEALTH.ORG, is a "fine powder produced by certain plants. During the spring, summer, and fall seasons, it is released into the air and picked up by the wind. The wind carries it to other plants so they can make seeds." Without that pollination, plants would not produce fruits and vegetables, nor would they produce seeds for future years' plantings.

Pollination occurs throughout nature by pollen being picked up and carried by the wind, or by birds, bugs, and bees picking it up and carrying it from plant-to-plant. And this mostly occurs in the month of May.

Later this summer, I will be proposing "No Mow May" to the rest of Kent County Levy Court. By instituting a "No Mow May", it promotes pollinators to pollinate our gardens and fields, continuing the process that has been going on for millions, nay billions of years.

If it passes, "No Mow May" does NOT mean that you can't mow your grass. It means that you don't HAVE to mow your grass. And in Kent County, it will mean that the mean ole County Inspectors (who do a great job, by the way) won't be citing anyone who fails to mow their grass. Kent County's grass ordinance is 12". If you allow your grass to grow 12" or higher, and someone complains, an Inspector will cite your property with a 5-day grace period to cut the grass. If you fail to cut the grass upon further inspection of an Inspector, you will be cited in violation and Kent County will have a landscaping contractor cut the grass for you within 30 days. A recent violator had their grass cut for \$175, with a \$50 fine, for a total of \$225. That is pretty extreme for failing to cut your grass.

"No Mow May" will mean that during that month, County Inspectors will focus on other violation complaints, most of which are more extreme or safety related.

Please stay tuned for further developments on "No Mow May". Remember that to pass ordinances or new procedures like this one will require four votes, which is a majority of Levy Court Commissioners.

As always, if you have any feedback, you can always reach me at jody.sweeney@kentcountyde.gov.

- JULY 2023 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. CLOSED</p> 	<p>4. CLOSED</p> 	<p>5. Turkey Club Chips Pineapple/Cookie</p>	<p>6. Taco's/Soft Shell Fix'ins Brownie</p>	<p>7. Baked Fish Potato Tots Cole Slaw Assorted Desserts</p>
<p>10. Chicken Parmigiana Pasta Romaine Salad Parmesan, Carrots, Cucumber & Tomato Italian Bread Peaches</p>	<p>11. Swedish Meatballs over Noodles Peas & Carrots Bread Dump Cake</p>	<p>12. Salisbury Steak Gravy/Onions Mashed Potatoes Spinach Watermelon</p>	<p>13. Ham & Cabbage Boiled Potatoes Roll Cherry Yum Yum</p>	<p>14. Baked Tilapia Jasmine Rice Buttered Beets Assorted Desserts</p>
<p>17. Two Beef Hot Dogs Baked Beans Applesauce Pears & Blueberries</p>	<p>18. Chicken Alfredo w/Linguine Noodles Green Beans Cup Cake</p>	<p>19. Meatloaf/Gravy Potatoes Au Gratin Mixed Vegetables Cantaloupe</p>	<p>20. BIRTHDAY LUNCH  Roasted Chicken Sweet Potatoes Broccoli Cake/Ice Cream In-House Only</p>	<p>21. Pizza Party Cheese Pizza Chips Assorted Desserts</p> 
<p>24. Cheesesteak Fried Onions Potato Chips Cookie</p>	<p>25. Sweet & Sour Chicken Rice Carrots Rice Pudding</p>	<p>26. Stuffed Peppers Baked Potato Roll Jell-O w/Fruit</p>	<p>27. Roast Pork Loin Mashed Potatoes Corn Strawberry Short Cake</p>	<p>28. Tom's Chili Corn Bread Tossed Salad Assorted Desserts</p>
<p>31. Baked Flounder Macaroni & Cheese Stewed Tomatoes Tropical Fruit</p>	<p>1. Spinach Lasagna Lettuce, Tomato, Cucumber w/Croutons Italian Bread Cantaloupe</p>	<p>2. Baked Pork Chops Mushroom Gravy Rice Lima Beans Apple Crisp</p>	<p>3. Oven Baked Chicken Mashed Potatoes Gravy Green Beans Vanilla Pudding</p>	<p>4. Tuna Salad on a Croissant Lettuce/Tomato Potato Salad Assorted Desserts</p>

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. **Harvest Years is OPEN for lunch from 12 NOON -**



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID** and your **COVID-19 CARD**. Many of our trips will require security screenings. If you do not bring your **ID** you will not be permitted on the trip

- JULY 2023 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. CLOSED</p> 	<p>4. CLOSED</p> 	<p>5. 9:15 AM - 10:15 AM Land Aerobics</p> <p>9 AM - Ceramics</p> <p>12:30 PM - Hand & Foot</p>	<p>6. 9:30 AM - L.I.F.E. Aerobics Class</p> <p>12:30 PM Rummikub</p>	<p>7. 9:30 AM Phase 10</p> <p>12:30 PM - Mah Jong</p> <p>12:30 - Spades</p>
<p>10. 9:30 AM - L.I.F.E. Aerobics Class</p>	<p>11. 9:30 AM - Crafts</p> <p>12:30 PM - Domino's</p>	<p>12. 9:15 AM - 10:15 AM Land Aerobics</p> <p>9 AM - Ceramics</p> <p>12:30 PM - Hand & Foot</p>	<p>13. 9:30 AM - L.I.F.E. Aerobics Class</p> <p>12:30 PM Rummikub</p>	<p>14. 9:30 AM Phase 10</p> <p>12:30 PM - Mah Jong</p> <p>12:30 - Spades</p>
<p>17. 9:30 AM - L.I.F.E. Aerobics Class</p>	<p>18. 9:30 AM - Crafts</p> <p>12:30 PM - Domino's</p>	<p>19. 9:15 AM - 10:15 AM Land Aerobics</p> <p>9 AM - Ceramics</p> <p>12:30 PM - Hand & Foot</p>	<p>20. 9:30 AM - L.I.F.E. Aerobics Class</p> <p>12:30 PM Rummikub</p>	<p>21. 9:30 AM Phase 10</p> <p>12:30 PM - Mah Jong</p> <p>12:30 - Spades</p>
<p>24. 9:30 AM - L.I.F.E. Aerobics Class</p>	<p>25. 9:30 AM - Crafts</p> <p>12:30 PM - Domino's</p>	<p>26. 9:15 AM - 10:15 AM Land Aerobics</p> <p>9 AM - Ceramics</p> <p>12:30 PM - Hand & Foot</p>	<p>27. 9:30 AM - L.I.F.E. Aerobics Class</p> <p>9 AM - CRAFTS <i>Diamond Suncatcher</i></p> <p>12:30 PM Rummikub</p>	<p>28. 9:30 AM Phase 10</p> <p>12:30 PM - Mah Jong</p> <p>12:30 - Spades</p>
<p>31. 9:30 AM - L.I.F.E. Aerobics Class</p>	<p>1. 9:30 AM - Crafts</p> <p>12:30 PM - Domino's</p>	<p>2. 9:15 AM - 10:15 AM Land Aerobics</p> <p>9 AM - Ceramics</p> <p>12:30 PM - Hand & Foot</p>	<p>3. 9:30 AM - L.I.F.E. Aerobics Class</p> <p>12:30 PM Rummikub</p>	<p>4. 9:30 AM Phase 10</p> <p>12:30 PM - Mah Jong</p> <p>12:30 - Spades</p>

HARVEST YEARS

SENIOR



CENTER

'HAIRCUTS by PAT'

30 SOUTH STREET, CAMDEN, DE 19934
302 698-4285

Pat Reynolds, R.C.
PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT



Don't know what to do now
that you've turned on your
computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the **"Computer Guy"**!

Call: 302 698-4285

If you need help in signing up for our new **Virtual Audio Program** highway61.com and our **i-Pod Lending Program**.

Please call the center and ask for Tom!

302 698-4285



Health Care Transport Program



If you are in need of our **"Medical Appointment Service"**, please call our front desk at **698-4285** to schedule your **'Pick-Up Time'**. Pick-Up times should be made 1-2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a **\$3.00 'Trip Donation'**, payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance.

FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

**REMINDER: MEDICAL APPOINTMENT PHONE CALLS
WILL BE ANSWERED DAILY BETWEEN
12:30 PM to 2 PM ONLY!**

THANK YOU - THE MANAGEMENT



Flu Season Will
Be Here Soon!
It's Time To
Schedule Your
Appointment

Wednesday, October 4th, 2023
9 AM - 12 Noon

At Harvest Years Senior Center
Camden, DE

Call to Reserve Your Time

302 698-4285

Supplemental Nutrition
Assistance Program

Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon
on the third Tuesday of each Month during
2023. If you are 50 years old or older, Oscar
can answer any questions you may have
about the *SNAP* Program or he can assist
you in filling out the required application.



If you are unable to stop in to see Oscar
please feel free to call him at 302 734-1200
Extension 174



*National Depression
Screening Day 2023*

*If you are feeling sad, anxious, or over-
whelmed, take a free,
anonymous mental health
self-assessment.*

*Thursday, October 19, 2023
10 AM - 12 NOON*

*Harvest Years Senior Center
30 South Street, Camden, DE 19934*



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.

Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON

TOWARDS YOUR 1st LUNCH WITH US!!

FOR NEW MEMBERS ONLY - 2022

Homemade Soups

\$3.00 Cup / \$4.00 Pint / \$5.00 Qua

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each

Just Entrees \$3.00 each

Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

IT'S SUMMERTIME !!!



**Join the
Harvest Years'
Root Beer Float
Club**

**PURCHASE A MUG - \$5.00
and Receive 4
FREE REFILLS**

smile.amazon.com

amazon

smile

**SUPPORT HARVEST YEARS
SENIOR CENTER, INC.**

By Shopping at

AmazonSmile

*When you shop at AmazonSmile,
Amazon will donate to Harvest Years Senior Center,
Inc.*

Support us every time you shop.



**Camden - Wyoming
Lions Club**

**“Unselfish Service to the Communi-
ty”**

The Camden - Wyoming Lions Club

meets monthly at Harvest Years Senior Center

30 South Street, Camden, DE.

Next Meeting

FALL 2023

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

**Laughter Is The Best
Medicine**



I signed up for an exercise class and was told to wear loose clothing.....

If I **HAD** any loose fitting clothing, I wouldn't have signed up to begin with!!!

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9:30 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must re-serve your slot 24 to 48 hours ahead of time.**

Cost per trip is:

\$.50 per Trip

\$ 5.00 for 10 Trips

\$ 10.00 for 20 Trips

\$ 20.00 for 40 Trips





HARVEST YEARS SENIOR CENTER, INC.
30 SOUTH STREET, CAMDEN, DE 19934

PHONE: (302) 698-4285

FAX: (302) 698-4286

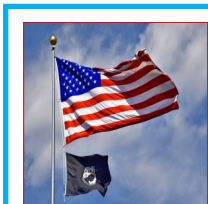
E-mail: hysc@comcast.net



HALL RENTALS AVAILABLE
HOURS OF OPERATION — CALL MONDAY - FRIDAY
8 A.M. - 3 P.M.



2023



July 2023
Please Donate to The USO

