Harvest Years



2022

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

TABLE OF CONTENTS

Pg. 2
Pg. 3
Pg. 3
Pg. 5
Pg. 6
Pg. 7
Pg. 8
Pg. 8
Pg. 9
Pg. 10
Pg. 10

HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

<u>Harvest Years Senior Center, Inc.</u> Board of Directors 2023

Jack Walters......President
Judie Burke......Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones.....Executive Director
Board Members: Sandi Billings, Gary Kutsch

Harvest Years Senior Center Members are Welcome to Attend

Harvest Years Monthly



May 2023 VOLUME 21 - ISSUE 5

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 46 Years - 2023



Mother's Day Prayer

Lord, on this day set aside to honor and remember mother's, we give you thanks for our mothers. We are grateful that you chose to give us life through them, and that they received the gift of life from your hands, and gave it to us, Thank you for the sacrifices they made in carrying us and giving us birth.

We thank you for the women who raised us, who were our mothers in childhood. Whether birth moms, adopted moms, older sisters, aunts, grand-mothers, stepmothers or someone else, we thank you for those women who held us and fed us, who cared for us and kissed away our pain. We pray that our lives may reflect the love they showed us, and that they would be pleased to be called our moms.

Happy



Birthdays

1	Donna Ebell	
2	John Roch, J	
3	Etta Moyer	
4	Jerome Carey	
4	Peter Trotta	
-	D 1 (D	

- 6 Robert Raczynski
- 7 Josephine Wal7 LeRue Wensel
- 8 Sheila Dennis
- 9 Greta Fountain
- 10 Patsy Brown
- 10 Patricia Eccles
- 10 Ann Marie Taylor
- 12 Rita Saulsbury
- 15 Dave Hilton
- 15 Bruce Mac Gloan

- 15 Maureen Reb
- 16 Barbara Ball17 Charlotte Costello
- 17 William Green
- 17 Rica Irvin
- 18 Pat Sweeney
- 19 Lucille Harvey
- 19 Betty Richard
- 19 Elizabeth Tabaac
- 20 David Baird
- 20 Betty Haley
- 20 Karen Turner
- 21 Virginia Dear21 Kathleen Strawn
- 22 Karen Cassidy

And Many Happy Returns

- 22 Williams Susan
- 23 Janice Chilcote
- 23 Bill Hufnal
- 23 Helen Radtka
- 24 Patricia Nilsson
- 25 Sharon Widener
- 26 Ann Cahill
- 26 Gloria Carey
- 26 Betty Ray
- 26 Wini Walton
- 30 Maria (Chris) Ivy
- 30 Barbara Pavelka
- 30 Bonnie Procopio
- 30 Lois Ann (Tuslin) Williams
- 31 Edward Aziz
- 31 Paul Denick
- 31 Joan Mahan

PLEASE BE SURE TO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH to be delivered to your home on the third Thursday of MAY Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. Free Birthday Lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for MAY it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front desk..... HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.

Call in your Lunch Delivery Order or In -House Reservations by 10 AM.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.

Thank You, the Management



REMEMBER OUR POW's/MIA's

Keep Them in Your Daily Thoughts & Prayers





From Your Executive Director Tom Bones

Notes From Your Activities Director Diane Amoroso



HAPPY May Day MAY 1, 2023

MAY days are here! We have plenty of Spring activities planned here at The Harvest Years to keep us busy as bees. All are guaranteed to put a little spring in your step, so please join us.

We will celebrate and remember all our mothers and grandmothers with a special *Mother's Day Luncheon* on *Tuesday, May 9th.* A delicious meal and a special gift for all of our special ladies is on the menu. Gentlemen, please join us as well as we celebrate these great ladies that we are lucky to have in our lives.

May 2023 is also when we recognize and celebrate Older American's Month. This year it will be our 60th Anniversary! The theme, Aging Unbound, offers an opportunity to explore a wide range of aging experiences and to promote the importance of enjoying independence and fulfillment by paving our own path as we age.

Our recent fundraisers have been very successful thanks to all of you!. We sold 175 Easter eggs in April. Thanks to all our hard-working bunnies. We served and sold over 75 Spaghetti Dinners on April 14th. Thank you to all the chefs and delivery people! Our Redner's receipts that were recently turned in, total \$19, 252! We earn 1% of that back from Redner's. *Thank You* to all of our volunteers who participated in the festivities and the fundraisers!

Please join us this month for two big events.....Saturday, May 13th will be our Spring Yard Sale, and Thursday, May 18th for our Spring Outdoor Picnic. May 18th is also our Birthday Day, so come out and enjoy some good food, some fun games, and live music! Our Memorial Day Tribute will be held on Friday, May 26th at 12 Noon. We will honor the United States military and all those who gave their lives for our Country and our freedoms.



Memorial Day Tribute May 26, 2023 12 Noon

You are invited to join us for a very special Tribute to thank all our Veterans for their dedicated and unyielding love & service to our country.

Today we are here
Honoring Veterans Past, Present
and Future.
Thank you for your faithful service!

~~~

Memorial Day has come to mean the beginning of summer, a time for picnics and barbecues, and a holiday to gather around the family. That happiness and freedom, however, is a product of the real cause for the holiday: the sacrifices made by men and women who have fought and died for the freedoms and liberties Americans hold dear. Memorial Day is a time to remember that the American way of life is not cheap but rather has been purchased by the lives and blood of so many who have sacrificed for us to live free and happily now.



### Cruise Meeting Friday, May 26th 1 PM

Our Cruise to the Bahamas is just around the corner. I hope everyone is excited and looking forward to our trip.

We are inviting all those who are sailing with us to attend this very Important meeting. We will be going over all the details about the cruise and answer any questions you may have.

If you have questions before the meeting please call Diane Falzareno and she will be able to get the answers for you before the meeting.

# Mother's Day Luncheon Tuesday, May 9, 2023 12 Noon

You are invited to attend our Annual Mother's Day Lunch

to celebrate the ladies in our lives who mean everything to us.

Our luncheon will honor those very special ladies with love, delicious food, and gifts for everyone.

Please call the front desk and reserve your table for a fabulous day of Thanks and Love to all our moms and grandmoms.

**Quote**: Being a full-time mother is one of the highest salaried jobs.....since the payment is pure love. — Mildred B. Vermont





MAY 2023 REPORT - SEE YOU IN JUNE!

GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT



# MEMORIAL DAY

REMEMBERING & HONORING ALL WHO SERVED



#### TRIPS 2023

The following trip is still available for this year. If you are Interested please feel free to call Diane at 302 698-4285 for more information.

Let's Play Ball - Friday, August 4rth - Delmarva Shorebirds - 7:05 PM Game - Dinner in the Executive Dining Room, Game Tickets, Tour Bus Transportation, Driver Gratuity & Fireworks (??) All Inclusive: \$85.00 PP

A \$50.00 Deposit is required upon Sign-Up.

| Monday                                                              | Tuesday                                                                                                                                 | Wednesday                                                         | Thursday                                                                                                                                     | Friday                                                                         |
|---------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Cobb Salad Turkey, Tomato Lettuce, Bacon Blue Cheese Fruit Cocktail | Z.  Taco/Soft shell Fixins' Corn Chips Cherry Yum Yum                                                                                   | 3.  Baked Ziti  House Salad  Italian Bread  Vanilla Pudding       | 4. Chicken Parmigiana w/Pasta Tossed Salad Mandarin Orange                                                                                   | 5. Cinco de Mayo  Baked Flounder  Mac & Cheese  Stewed Tomato  Margarita Cake  |
| 8.  Swedish Meatballs Buttered Noodles Peas & Carrots Watermelon    | 9. Mother's Day Lunch Oven Roasted Turkey Stuffing/Gravy Green Beans \$6.00 Rolls \$6.00 Cup Cakes Mimosa's/Bloody Mary's In-House Only | Draised Beef Tips Over Rice Buttered Carrots Bread Cantaloupe     | 11. Stuffed Peppers Baked Potato Lima Beans Cake                                                                                             | Tuna Salad On a Bun Lettuce/Tomato Pickles/Chips Assorted Desserts             |
| 15. Spaghetti w/Meatballs Italian Bread Tossed Salad Apple          | Beef Stew Biscuit Applesauce w/Cinnamon Cookie                                                                                          | 17. Roasted Chicken Brown Rice Green Beans Roll Apple Pie         | 18. Happy Birthday  Spring Outdoor Picnic at the Center  Hamburgers, Hot Dogs, Side Salad, Cole Slaw Ice Cream/Cake Live Music Outdoor Games | 19. Baked Ham & Cheese on a Bun Lettuce/Tomato Pickles/Chips Assorted Desserts |
| Tom's 3 Bean Chili Tossed Salad Corn Bread Pineapple                | 23. Chicken & Dumplings Peas Biscuit Grapes                                                                                             | Pork Chop Mashed Potatoes Sauerkraut Bread Jell-O w/Fruit         | 25. Baked Butter Chicken White Rice Buttered Beets Peaches                                                                                   | 26. Memorial Day Lunch BBQ Chicken Cole Slaw Baked Beans Assorted Desserts     |
| 29. CLOSED  MEMORIAL DAY                                            | 30.  Beef Goulash Tossed Salad Italian Bread Brownie                                                                                    | 31. Baked Tilapia Onion Roasted Potatoes Carrots Cranberry Muffin | ARMED FORCES DAY HOWOFFINE FILL WHO SERVED!  SATURDAY, MAY 20th                                                                              |                                                                                |

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. Harvest Years is OPEN for lunch from 11:30 to 12:30 NOTE: FREE BIRTHDAY LUNCHES



#### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and your COVID-19 CARD. Many of our trips will require security screenings.

If you do not bring your ID you will not be permitted on the trip

|     | - May 2023 ACTIVITIES -              |                                                |                                                                                      |                                                                                                         |                                                                    |  |  |  |
|-----|--------------------------------------|------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--|--|--|
|     | Monday                               | Tuesday                                        | Wednesday                                                                            | Thursday                                                                                                | Friday                                                             |  |  |  |
| 1.  | 9:30 AM - L.I.F.E.<br>Aerobics Class | 9:30 AM - Crafts 12:30 PM - Domino's           | 3. 9:15 AM - 10:15 AM Land Aerobics  9 AM - Ceramics  12:30 PM - Hand & Foot         | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12:30 PM<br>Rummikub                                            | 5.<br>9:30 AM<br>Phase 10<br>12:30 PM - Mah Jong<br>12:30 - Spades |  |  |  |
| 8.  | 9:30 AM - L.I.F.E.<br>Aerobics Class | 9:30 AM - Crafts 12:30 PM - Domino's           | 10. 9:15 AM - 10:15 AM Land Aerobics  9 AM - Ceramics  12:30 PM - Hand & Foot        | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12:30 PM<br>Rummikub                                            | 9:30 AM Phase 10  12:30 PM - Mah Jong  12:30 - Spades              |  |  |  |
| 15. | 9:30 AM - L.I.F.E.<br>Aerobics Class | 16.<br>9:30 AM - Crafts<br>12:30 PM - Domino's | 17. 9:15 AM - 10:15 AM Land Aerobics  9 AM - Ceramics  12:30 PM - Hand & Foot        | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12:30 PM<br>Rummikub                                            | 9:30 AM                                                            |  |  |  |
| 22. | 9:30 AM - L.I.F.E.<br>Aerobics Class | 9:30 AM - Crafts 12:30 PM - Domino's           | 24. 9:15 AM - 10:15 AM<br>Land Aerobics<br>9 AM - Ceramics<br>12:30 PM - Hand & Foot | 25. 9:30 AM - L.I.F.E.<br>Aerobics Class<br>9 AM - CRAFTS<br>Diamond Suncatcher<br>12;30 PM<br>Rummikub | 9:30 AM Phase 10  12:30 PM - Mah Jong  12:30 - Spades              |  |  |  |
| 29. | MEMORIAL DAY REMOMBER AND HONDR      | 9:30 AM - Crafts 12:30 PM - Domino's           | 31. 9:15 AM - 10:15 AM<br>Land Aerobics<br>9 AM - Ceramics<br>12:30 PM - Hand & Foot | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12;30 PM<br>Rummikub                                            | 9:30 AM Phase 10  12:30 PM - Mah Jong 12:30 - Spades               |  |  |  |

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PLEASE CALL FOR AN APPOINTMENT

## MEMORIAL DAY



Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

Call: 302 698-4285

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

Please call the center and ask for Tom! 302 698-4285



#### <u>Health Care Transport</u> Program



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9:30 AM-1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance. FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

REMINDER: MEDICAL APPOINTMENT PHONE CALLS
WILL BE ANSWERED DAILY BETWEEN
12:30 PM to 2 PM ONLY!

THANK YOU - THE MANAGEMENT

#### Upcoming Spring Events

#### Saturday, May 13th Spring Yard Sale We are accepting donations!

Tables are available at \$15.00 per table/spot
We are asking for baked goods donations
for our BAKE SALE TABLE.

NNNNNNNN

#### 1ST Annual 'Spring' Outdoor Picnic Thursday, May 18th

Food. Music, Games, and lots of fun for everyone's enjoyment.

Please let us know if you can volunteer at either of these events.

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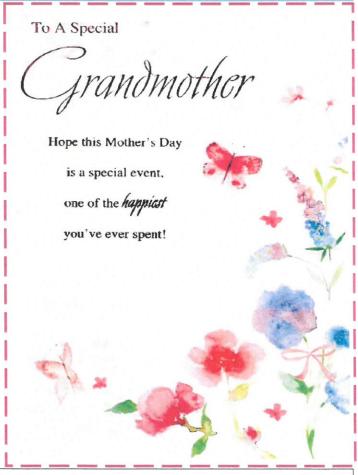
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Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2023 If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174





#### You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2022

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Qua EXTRA IN-HOUSE ITEMS

> > Desserts \$2.00 each

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Our 'Soup-To-Go Kitchen' is

**CLOSED** 

We will Re-Open in the



FALL



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#### Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

Next Meeting
May 8, 2023 & May 22, 2023

Dinner: 6:30 PM - Meeting Follows
Lions Club
Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.



Words fail to capture the debt and gratitude owed.
What we can say is Thank You with the understanding that every breath of free air is a gift from the fallen.

#### TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time.

Cost per trip is:



\$ .50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips

\$ 20.00 for 40 Trips



Page 10

Harvest Years Senior Center, Inc.



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# HARVEST YEARS SENIOR CENTER, INC. 30 SOUTH STREET, CAMDEN, DE 19934

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