Harvest Years





Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday -8 AM - 3 PM Tuesday -8 AM - 3 PM Wednesday - 8 AM - 3 PM Thursday -8 AM - 3 PM 8 AM - 3 PM Friday -

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. **Board of Directors 2022**

Jack Walters.....President Judie Burke.....Vice President Barbara Morton.....Treasurer Judy Lomax.....Secretary Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch

Harvest Years Senior Center Members are Welcome to Attend

Harvest Years Monthly



March 2023 **VOLUME 21 - ISSUE 3**

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 46 Years - 2023



Our Sincerest Thank To All Who

Contributed to Our 2022 Giving Campaign

Mary K. Eggars in Memory of Dohn Harshbager Charlotte Martinson in Memory of Perry Martinson Darlene & Philip Guidry

Beverly & Elwood Lord in *Memory* of Sarah & Paul Woikoski

Judie & Bill Burke Maureen & Ron Reb Joseph Amato

Jean Sellers

Paula & Frank Mc Sweeney Elaine & Larry Kesselring **Doris Moore**

Mury Marascock

Larry Tabba

Charlotte Fitzwater Maria & Robert Seliga

Margaret Courtney



Thanks for your recent donations. Your generosity is making a difference for people in your communities. We wanted to take this opportunity to thank you for your continued support of Harvest Years Senior Center. Your latest donations, that you generously contributed to our Annual Giving Campaign 2022, will enable us to continue our *Mission*. It's the dedicated support of long-time donors like you that keep our lights on and help us to fulfill our Mission of "Seniors Helping Seniors. Thank you from all of us here at

Harvest Years Senior Center: Board of Directors, Executive Director, Tom Bones, and Staff at Harvest Years Senior Center

Happy



Birthdays

1	Ron	Har	per

- 1 Robert Harrington
- 2 Dalphine Cager
- 2 Clara Valeika
- 3 JoAnn Dowd
- 3 Mary Ann Kessler
- 3 Betty Martin
- 3 Tom Poling
- 3 Daryl Wyttenbach
- 4 Diane Mondi
- 4 C. Richard Stockslager
- 6 Diana Bowman
- 6 Phyllis Craig
- 6 Bill Falzareno
- 6 Beth Flaherty
- 6 James Sharp
- 7 Joyce Stockslager
- 8 Peggy Tremble

- 9 Catherine Faden
- 10 Barnes Alvin
- 10 Joan Davis
- 10 Susan Stevenson
- 11 Blanche Fluharty
- 11 Goldie Le Gates
- 12 Mary Jo Carev
- 14 Doris Juhrden
- 14 Isle Morris
- 15 Doris Brown
- 15 John Jimroglou
- 16 Jean Harman
- 16 Ellen Miller
- 17 Barbara Miller
- 18 Judith Ann Smith
- 19 Rosalene Resh
- 20 Kit Rolling
- 20 Donna Wood

- 21 Michael Kinnel
- 23 Clara Gravatt
- 24 Annie Holsinger
- 24 Paula McSweeney
- 24 Wanda Pfieffer
- 25 Veronica Balcerak
- 26 Marcia Poling
- 26 Myrle Scott
- 27 Maryanne Rollans
- 27 Faith Stetson
- 27 Bette 'BJ' Van Kavelaar
- 28 Warner Boone
- 28 Judy Kirch
- 28 Thomas Nelson
- 29 Carl Donophan
- 29 Katherine (Kay) Keller
- 29 Nenita Pineda
- 31 Charlotte Martinson

PLEASE BE SURETO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH to be delivered to your home on the third Thursday of *March* Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. Free Birthday lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for *March* it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call our Receptionist at the Front Desk.

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.

Call in your Lunch Delivery Order or In –House Reservations by 10 AM daily.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.



AARP TAX - AIDE TUESDAYS & THURSDAYS ONLY - 9 AM - 12 NOON THROUGH APRIL 13, 2023

AARP TAX-AIDE FOUNDATION VOLUNTEERS

WILL BE AT HARVEST YEARS SENIOR CENTER 30 SOUTH STREET, CAMDEN, DE (302) 698-4285

Our Appointment Schedule is totally booked at this time. You may call to have your name put on our wait list in case there is a cancellation.



From Your Executive Director Tom Bones



Be sure to set your clocks forward One Hour before retiring on Saturday, March 11th to begin Daylight Savings Time. Spring is just around the corner.

May the *Luck-o-the Irish* be with you this month as we bring this winter season to close. I am sure that all of you are looking forward to the first official day of Spring on March 20th. We will have plenty of celebrations and activities for you to enjoy with a little Spring to your step!

We will continue through the month of March, and into April providing our members with the *AARP Tax Assistance Program*. This service is available every Tuesday and Thursday from 9 AM - 12 Noon, by appointment Only. Unfortunately we have filled all of our time slots allotted us, but please give us a call to get on our waiting list, as perhaps some appointments will become available. Please call our front desk for further information.

AARP is also providing us with an **online** Driver's Safety Refresher Course. In addition they are training a trainer to once again hold in person classes at the center. If you need help registering or have additional questions give our front desk receptionist a call.

Our St. Patrick's Day Luncheon will be held on Friday, March 17th, at 12 Noon. Corned Beef and Cabbage will be served, of course! Make you lunch reservation early, and wear your green! Everyone is Irish that day.

Looking ahead on our 2023 Calendar....There will be a Garden Club meeting here on Monday, March 20th at 1 PM. If you are interested please let us know! Our Spaghetti Dinner is scheduled for Friday, April 14th, and our Annual Spring Yard Sale is set for Saturday, May 13th! Save the dates! We are also actively seeking seniors to join our Pickle Ball group. If you are interested please let us know.

This is your *last reminder* that your *Harvest Years Dues* are overdue! Everyone's dues were due January 1, 2023. It is just \$20.00 per person, per year. Without a current membership, you will not receive the newsletter, reduced lunch price, and access to all of our trips and activities. If you need assistance keeping your membership current please contact us as soon as possible.

Notes From Your Activities Director Diane Amoroso



Winds, Bring April Showers, and April Showers Bring May Flowers — Spring Arrives On March 20th!!!



An Irish Blessing

As lovely as Erin's rolling hills, Fair as it's lakes and streams - Joyful as it's laughter - Bright as all it's dreams - Lucky as it's people - Happy as it's leprechauns too — May that be how each and every day will always be for you.





Spring Ahead

Set your clocks ahead 1 hour before retiring on Saturday evening, March 11th

NOTE: On March 1st I will be having knee replacement surgery and will be out of my office for several weeks. I plan on returning to work by April 3rd, if not sooner.

If you would like to pay for any trips please wait until I return to work. If you have any questions please call the front desk and they will take your message and I will get back to you.

Thank You. Diane



Winter Weather Alert Winter is here!!!

Winter weather may be with us for at least a few more weeks, so please be sure to listen to your radio (WDSD or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits through March. You may also call the Center at (302) 698-4285 before you head out. If we are closed there will be a message posted on the phone service. We will also post notices on the HYSC Facebook page. If you haven't "liked" our page yet, be sure to do so.

Thank You - The Management





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MARCH 2023 REPORT

GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT



See You In April



See You In April

TRIPS 2023

We have 6 trips with tickets still available at this time.

VISIT "WINTERTHUR MANSION & GARDENS" - MAY 2nd.

DUTCH APPLE THEATRE - "ELVIS THE MUSIC" - JUNE 22nd

SHOREBIRDS BASEBALL AT PERDUE STADIUM - AUGUST 4th

VISIT THE BEAUTIFUL NORTH SHORE OF LONG ISLAND, NY - SEPT. 18th - 21st

DUTCH APPLE THEATRE - "ESCAPE TO MARGARITAVILLE" - OCTOBER 12th

SIGHT & SOUND "THE MIRACLE OF CHRISTMAS" - NOVEMBER 9th

Please feel free to call me at the center for further information about the shows and the pricing <u>AFTER APRIL 1st.</u>

DIANE - 302 698-4285



My sincerest *Thank You* to all those Harvest Years' members who donated to our *POW/MIA "Chair of Honor"* project.

We all enjoyed a fun-filled day celebrating Valentine's Day on February 14th. A shout out to Harvest Years' member EVA DIXON who provided us with all the hand-made gifts that were won by our members during the afternoon festivities.

We love our members who help us in so many ways!



We are looking for new **BUNCO** players.

If you are interested in joining us please call *Linda Brace* for more information at (H) 302 678-3233 or (C) 302 450-2438

BUNCO is played at HARVEST YEARS SENIOR CENTER 30 SOUTH STREET, CAMDEN, DE

Our next game will be on Thursday, April 20th at - 10 AM \$5.00 Per Person

- MARCH 2023 MENU -						
Monday	Tuesday	Wednesday	Thursday	Friday		
DAYLIGHT SAVINGS TIME - MARCH 12th Clocks Ahead 1 Hour	First Day of Spring! March 20th Pring!	1. Beef Stew Biscuit Applesauce Vanilla Pudding	2. Baked Tilapia Tartar Sauce Rice Pilaf Carrots Pineapple Cake	3. Open-Faced Turkey Sandwich Mashed Potatoes Brussel Spouts Assorted Desserts		
Shepherd's Pie House Salad Bread Cookie	7. Baked Honey Ham Scalloped Potatoes Green Beans Mandarin Orange	8. Baked Fish Rice Pilaf Buttered Beets Lemon Poppy Seed Muffin	9. Swedish Meatballs Over Noodles Zucchini Roll Cake	Chicken Parmigiana w/Pasta Salad Italian Bread Assorted Desserts		
Tomato Soup Grilled Ham & Cheese Pickles/Chips Fruit Cocktail	14. Stuffed Peppers Baked Potato Sour Cream Mixed Vegetables Chocolate Pudding	15. Chicken & Dumplings Peas Roll Fruit	16. Birthday Lunch Salisbury Steak Mashed Potatoes Com Roll Cake & Ice Cream In-House Only	17. ST. PATRICK'S DAY Corned Beef & Cabbage Boiled Potatoes Pistachio Pudding		
20. First Day of Spring Chef's Salad Turkey, Ham, Lettuce, Tomato Roll Fruit	Braised Beef Over Noodles Carrots Bread Rice Pudding	Baked Herb Chicken Mashed Potatoes Gravy/Lima Beans Chocolate Chip Muffin	Roasted Pork Loin Roasted Potatoes Green Beans Bread Orange	Beef Goulash House Salad Italian Bread Assorted Desserts		
Tom's 3 Bean Chili Tossed Salad Corn Muffin Brownie	28. Rotisserie Chicken Roasted Potatoes Vegetable Blend Jell-O w/Fruit	29. Baked Flounder Macaroni & Cheese Cole Slaw Corn Bread Fruit	30. Baked Meatloaf White Rice Gravy Spinach Pineapple	31. Chicken Breast Sandwich Lettuce/Tomato Pickles/Chips Assorted Desserts		

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. Harvest Years is OPEN for lunch at 12 NOON. NOTE: FREE BIRTHDAY LUNCHES ARE FOR EAT-IN ONLY. MENU IS SUBJECT TO CHANGE - CALL: 302 698-4285



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and your COVID-19 CARD. Many of our trips will require security screenings.

If you do not bring your ID you will not be permitted on the trip.

- MARCH 2023 ACTIVITIES -						
Monday	Tuesday	Wednesday	Thursday	Friday		
March Winds Br	ing April Showers	1. 9:15 AM - 10:15 AM Land Aerobics 9 AM - Ceramics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10 12 NOON - Mah Jong 12:30 - Spades		
9:30 AM - L.I.F.E. Aerobics Class	7. 9:30 AM - Crafts 12:30 PM - Domino's	8. 9:15 AM - 10:15 AM Land Aerobics 9 AM - Ceramics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10 12:30 PM - Mah Jong 12:30 - Spades		
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9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12:30 PM - Domino's	29. 9:15 AM - 10:15 AM Land Aerobics 9 AM - Ceramics 12:30 PM - Hand & Foot	30. 9:30 AM - L.I.F.E. Aerobics Class 9 AM - CRAFTS Diamond Suncatcher 12:30 PM Rummikub	9:30 AM Phase 10 12:30 PM - Mah Jong 12:30 - Spades		

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PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

Call: 302 698-4285

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

Please call the center and ask for Tom!

302 698-4285

Health Care Transport Program



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance. FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

REMINDER: MEDICAL APPOINTMENT PHONE CALLS
WILL BE ANSWERED DAILY BETWEEN
12:30 PM to 2 PM ONLY!

THANK YOU - THE MANAGEMENT



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Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2023 If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174

2023 TRIP - AVAILABILITY

MAY 2nd - WINTERTHUR GARDENS - Call for further information. 10 Tickets Available - \$75.00 Per Person

JUNE 22nd - ELVIS MUSICAL TRIBUTE - 2 Tickets Available. \$120.00 Per Person

AUGUST 4th - LET'S PLAY BALL! Delmarva Shorebirds vs. Lynchburg Hillcats. 7 PM Game All inclusive + Fireworks Display - \$85.00 Per Person. 15 Tickets Available

NOVEMBER 9th - SIGHT & SOUND CHRISTMAS SHOW - 4 Tickets Available. \$145.00 Per Person.

There is a waiting list on all trips. Please call to add your name to the wait list.

Please call the Center, leave your name & number with the Front Desk. They will give me your message and I will call you back.



You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2023

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Quart EXTRA IN-HOUSE ITEMS

> > Desserts \$2.00 each

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Bon Appetite!!

Our 'Soup-To-Go Kitchen' is **OPEN**



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Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

> Next Meeting March 13 & March 27, 2023

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is:



\$.50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips



Laughter Is The Best Medicine

Pro Tip: #1 - Ring your own doorbell on your way to bed.....This will clear the dogs off the bed!

Don't worry about getting old. "Worry about thinking old."

I just asked 'myself 'if I'm crazy (?), and <u>WE</u> all said NO!



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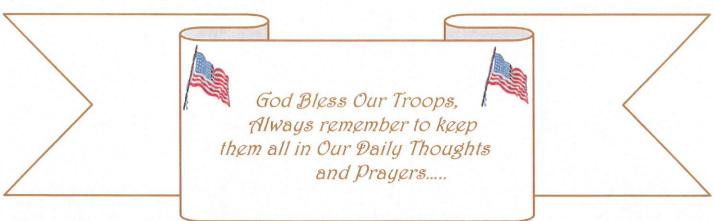
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MARCH 2023

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