#### Harvest Years



2022

Senior Center

VOLUME 20 - ISSUE 8

Harvest Years

Monthly

302 698-4285 - Website: http://arvestyears.org

AUGUST 2022

1977 - Celebrating 45 Years - 2022

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30 SOUTH STREET, CAMDEN, DE 19934

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#### **HOURS**

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

#### Harvest Years Senior Center, Inc. Board of Directors 2022

Jack Walters......President
Judie Burke......Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones......Executive Director

Board Members: Sandi Billings, Gary Kutsch

Next Meeting: TBA

We Need Volunteers

#### August Celebrations









Elvis Presley Week August 9 - 17, 2022

National Aviation Day Celebrates the Development of Aviation

August 19th

August 6th Root Beer Float Day





Let's celebrate Farmers Markets! National Farmers Market Week is a great opportunity to show the nation how much value markets bring to their communities. With fun events, specials, contests, and activities, the week helps to boost market attendance and visibility – while at the same time being loads of fun! However, we know that it can be a lot of work to plan a festive

week like this, so FMC offers plenty of resources, tools, and fun activities of our own for market managers, vendors, and attendees alike to use for planning and participating in National Farmers Market Week! August 7-13, 2022

# Happy august

## Birthdays

- 1 Matthew Noyes
- 2 Nancy Roberts
- 2 Jean Sellers
- 2 Amy Shockley
- 4 Margaret Waldner
- 5 Leonard Azzarello
- 5 Lawrence Finney, Jr.
- 6 Erika Reigle
- 6 Robert Seliga
- 8 Lori Ennis
- 9 Rebecca Vinson
- 10 Wilson Reed
- 10 Gail Anne Stevens
- 11 Ann Earling
- 12 Shirley Burd



- 13 Gloria Dyer
- 13 James Pawlikowski
- 14 Caroline Baxter
- 14 Patricia Blondin
- 14 Beverly Bryan
- 15 Kathy Brennan
- 16 Jackie Collins
- 16 Jane Wagner
- 18 Mollie Nickle
- 19 Nancy Holland
- 19 Audrea Lynn Knable
- 20 Mary Bookhultz
- 20 Linda Fretz
- 21 Gertrude Corkell
- 21 Lee Landmesser
- 21 Joanna Likens



- 22 James Clark
- 22 Charlie Heritage
- 22 Phyllis Racz
- 22 Lois Utberg
- 24 Cally Jimroglou
- 24 Sandra (Sandy) Silecchia
- 25 Frances Maciarello
- **26 Connnie Thomson**
- 28 Dorothy Failing
- 29 Joe Zarnitz
- 30 Hiam Rasamny
- 30 Patricia Shapiro





#### \*\*\*PLEASE BE SURE TO CALL\*\* (302) 698-4285

\*\*\*PLEASE CALL TO RESERVE YOUR FREE In-House BIRTHDAY LUNCH\*\*\*. Birthday lunches, delivered to your home, are NOT FREE. Our Birthday lunches are celebrated on the third Thursday of AUGUST. Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the Birthday list of names for AUGUST it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane..... HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM

LUNCH PICK-UPS WILL BE AVAILABLE AT 11:45 AM

Dine-In Lunch at the Center is OPEN at Noon. Please call for your Reservation.

#### HARVEST YEARS SENIOR CENTER

is offering lunch delivery service to our members. Be sure to call in your lunch order by 10 AM each day. The meals will be delivered to your home Monday thru Friday between the hours of 11:30 AM - 1:30 PM.



DONATION: \$5.00 PER LUNCH plus \$1.00 PER LUNCH FOR DELIVERY = \$6.00

#### From Your Executive Director Tom Bones



Notes From Your Activities Director Diane Amoroso

It's not over yet! I hope you are all enjoying the final month of the Summer of 2022. Keeping cool, beating the heat, and enjoying some summer fun! Although many of you are away enjoying time with family and friends, we still have plenty of sunny day activities going on here at *The Harvest Years*! Please check our August Activity Calendar and please stop in any weekday.

The Harvest Years has received some Covid-19 Rapid Antigen Tests for our members to use at home. If you would like to have one, please call or e-mail me. We have received a very limited supply of the test kits.

We do have some pre-planned activities to look forward to in the Fall. We will hold our 1st Outdoor Picnic here at The Harvest Years, on Friday, September 30th at 12 Noon. Please contact our reception desk if you are willing to volunteer some time to help us get this event off the ground. The following weekend is our Annual Fall Yard Sale on Saturday, October 8th from 8 AM - 1 PM. Our Spaghetti Dinner Fundraiser is scheduled for Friday, October 21st. These events will also need your time and talents to be successful. Please let us know how you can help out. Join us for all of these events as a chance to have some fun with your fellow Harvest Years members.

Lastly, a special shout out to our *Garden Club*, 2022 members; Mildred, Barbara, Anna, Bill and Mary. Parks. *Thank You* for taking the lead on this project. We are starting to harvest the rewards of all of their hard work. If you get a chance please stop by and see our garden. If you are interested in helping with this garden for next season please let us know.

Stay cool and hydrated.





Summer is in full swing with warm day-time temperatures and clear moon lit evenings with skies filled with so many bright stars.

Perfect weather to get outside and enjoy this magnificent time of the year.

Our travel plans and activities will enable us to enjoy the remainder of nice weather for this year. We have five trips scheduled through November and many fun activities here at the center including our First Annual Outdoor Picnic, our Fall Yard Sale, our Fall Craft Fair, and so much more.

The South Dakota trip in June was a spectacular event. We have had this trip scheduled since 2019 and had to cancel the trip due to the pandemic. Finally, we were able to spend a week visiting the many historical sights in the great state of South Dakota. Everyone had a fantastic time.

We have had a busy summer visiting the Ft. Miles Museum in Cape Henlopen State Park, the Du Pont Estate at Winterthur, DE and Lititz, PA. Live musical shows at the Dutch Apple Theatre, Sight & Sound, and the American Music Theatre are all upcoming.

It is always exciting and so much fun when we all get together, go out and enjoy a show, visit a new place of interest and enjoy lunch at a nice restaurant to finish the day!!



#### HARVEST YEARS SENIOR CENTER

30 SOUTH STREET, CAMDEN, DE 302 698-4285

> Indoor Book Sale Used Books Soft & Hard Cover

Monday - Friday 9 AM - 3 PM Thru LABOR DAY

#### Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2022. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200



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AIGUST 2022 REPORT

GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT



# See You in September



Golden Dinner Club Thursday, August 25, 2022 4 PM - 5 PM

You are all invited to join us for a fun night out at GIACOMO's PIZZA DELIGHT

67 Greentree Plaza - Route 8 - Dover, De.

PLEASE CALL DIANE IF YOU WILL BE ATTENDING 302 698-4285

Monday	Tuesday	Wednesday	Thursday	Friday
1. Swedish Meatballs Noodles Peas Bread Peaches	2.  Baked Tilapia Roasted Potatoes Brussel Spouts Banana Pudding	3. Stuffed Pepper Baked Potato Broccoli Sour Cream Watermelon	4. Chicken Parmigiana w/Spaghetti House Salad Italian Bread Cookie	5.  Meatball Sub Cucumber Salad Chips Assorted Desserts
8. Chicken Pot Pie House Salad Bread Cantaloupe	9.  Beef Goulash Glazed Carrots Italian Bread Cup Cake	10. Pork Chops w/Sauerkraut Mashed Potatoes Bread Brownie	11. Baked Flounder Macaroni & Cheese Stewed Tomatoes Chocolate Pudding	12. Dog Days of Summer Two Hot Dogs Baked Beans Cole Slaw Assorted Desserts
15. Reuben Sandwich Chips Tomato Salad Fresh Fruit	16.  Baked Lasagna House Salad Italian Bread Pistachio Pudding	17. Peach Festival  Sweet & Sour Chicken Rice Broccoli Peach Cobbler	18. Happy Birthday Roasted Pork Loin Mashed Potatoes Gravy/Lima Beans Cake/Ice Cream (In-House Only)	Turkey & Cheese on a Bun Lettuce/Tomato Pickles/Chips Cherry Yum Yum
Tuna Salad Plate Macaroni Salad Lettuce/Tomato Chips Strawberry Cake	Baked Meatloaf Mashed Potatoes Succotash Roll Orange	24.  Baked Chicken Buttered Noodles Peas & Carrots Bread Lemon Pudding	25. Baked Ham Potatoes Au Gratin Broccoli Pineapple Upside Down Cake	Z6. Taco's Soft Shell Lettuce, Tomato Salsa/Chips Assorted Desserts
29. Tom's 3 Bean Chili Rice Tossed Salad Corn Bread Pineapple	30. Shepard's Pie Tossed Salad Bread Banana Bread	31. Spaghetti w/Meatsauce House Salad Italian Bread Fruit	Oven Fried Chicken     Stuffing     Vegetable Blend     Carrot Cake	2. Chef's Salad Turkey, Ham, Egg, Onion, Lettuce, Tomato Roll Assorted Desserts

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.

302 698-4285 - MENU IS SUBJECT TO CHANGE



#### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID & your COVID-19 Vaccination Card. Many of our trips will require security screenings. If you do not bring your ID's you will not be permitted on the trip.

AUGUST 2022 LIMITED ACTIVITIES						
Monday	Tuesday	Wednesday	Thursday	Friday		
1. 9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12 NOON - Domino's	9:30 AM - 10:30 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12 Noon Rummikub	5.  12 NOON - Mah Jong  12:30 - Spades		
9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12 NOON - Domino's	10 . 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12 Noon Rummikub	12. 12 NOON - Mah Jong 12:30 - Spades		
15. 9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12 NOON - Domino's	9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:45 AM - L.I.F.E. Aerobics Class 12 Noon Rummikub	19. 12 NOON - Mah Jong 12:30 - Spades		
9:30 AM - LIFE Aerobics Class	9:30 AM - Crafts 12 NOON - Domino's	9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12 Noon Rummikub	26.  12 NOON - Mah Jong  12:30 - Spades		
9:30 AM - L.I.F.E. Aerobics Class	30. 9:30 AM - Crafts 12 NOON - Domino's	31. 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	1. 9:30 AM - L.I.F.E. Aerobics Class 12 Noojn Rummikub	2. 12 NOON - Mah Jong 12:30 - Spades		

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#### HARVEST YEARS



#### "HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934 302 698-4285

#### Pat Reynolds, R.C.

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Hours: Wednesday, & Thursday 9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

"Computer Guy"!

If you need help in signing up for our
Visual Audio Program
Highway61.co and our
i-Pad Lending Program
Call Tom at

Call: 302 698-4285

#### Health Care Transport Program

If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation' payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All Cancellations must be called in 48 hours in advance.
FYI: Due to liability issues we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

A FRIENDLY REMINDER:

**HOW TO SCHEDULE A MEDICAL APPOINTMENT:** 

CALL: 302 698-4285

YOUR CALLS WILL BE ANSWERED

MONDAY - FRIDAY

BETWEEN THE HOURS OF 12:30 PM - 2 PM ONLY.

THANK YOU

# OUR PAIN MANAGEMENT CLASSES

HAVE BEEN RE-SCHEDULED FOR MONDAY, OCTOBER 24th thru NOVEMBER 28th.

THIS IS A SIX WEEK COURSE ON SIX CONSECUTIVE MONDAYS

TIME: 12:30 PM - 3 PM

To Sign-Up, Call *DIANE* at (302) 698-42845

AARP DRIVER SAFETY COURSE Canceled Indefinitely

You may take the course online. Go To: www.AARPdriverssafety.org To Receive a 25% Discount type in the following:

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# FYI: Services Excluded from Medicare Coverage: Dental, Vision, & Long-Term Care

#### **Dental Services & Medicare**

Medicare does not cover dental services that you need primarily for the heath of your teeth, such as routine check-ups, cleanings, fillings, most tooth extractions, and dentures. Medicare does, however, offer very limited coverage for dental care needed to protect your general health, or for dental care needed for another Medicare-covered health service to be successful. For example, Medicare may cover:

- An oral examination in the hospital before a kidney transplant.
- Surgery to treat fractures of the jaw or face.
- Dental splints and wiring needed after jaw surgery.
- Removal of a tooth in order to access & treat a cancerous growth...

#### Vision Services and Medicare

Routine eye care services, such as regular eye exams are excluded from Medicare coverage. However, Medicare does cover certain eye care services if you have a chronic eye condition, such as cataracts or glaucoma. Medicare covers:

- Surgical procedures to help repair the function of the eye due to chronic eye conditions. For example, Medicare will cover surgery to remove a cataract and replace your eye's lens with a fabricated intraocular lens.
- Eyeglasses or contacts if you had an intraocular lens placed in your eye after cataract surgery.
- An eye exam to diagnose potential vision problems. Medicare only covers annual eye exams by state-authorized eye doctors if you have diabetes or are at high risk for glaucoma.

Long-term Care & Medicare - LTC & LTSS refers to a range of services that help you perform everyday activities. LTC can be provided in a nursing home, assisted living facility, or other setting, and may include medical care, therapy, 24 hour care, personal care, and custodial care. Medicare does cover non-medical, or non-skilled, LTC services. Contact your local Medicare office to see if you are eligible.

Harvest Years Senior Center, Inc.

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You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.

Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2022

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Qua EXTRA IN-HOUSE ITEMS

> > Desserts \$2.00 each

Our 'Soup-To-Go Kitchen' is **CLOSED** 

For the Summer Months

We will Re-Open in the Fall.



Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Bon Appetite!!

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When you shop at AmazonSmile, Amazon will donate to Harvest Years Senior Center, Inc. Support us every time you shop.



#### Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

Meetings canceled until the Fall

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

#### TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is:



\$ .50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips



#### HYSC MEMBER OF THE MONTH 2022

Each month a Harvest Years' member is chosen from our list of volunteers to be the Member of the Month.

We look forward to thanking each of them for their dedication in helping our center fulfill it's MOTTO of "SENIORS HELPING SENIORS"

They have their own special parking spot in our parking lot and their names appear on our outdoor display sign,

May - Lew Shields = June - Phyllis Craig July - Fran Fox

THANK YOU FOR ALL YOUR SUPPORT



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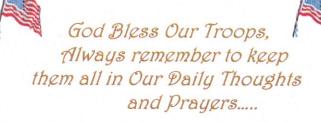
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2022





AUGUST 2022
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