### Harvest Years





2022

### Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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#### **HOURS**

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

#### <u>Harvest Years Senior Center, Inc.</u> <u>Board of Directors 2022</u>

Jack Walters......President
Judie Burke......Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch

Next Meeting: TBA

# Harvest Years Monthly



Happy Mothers Day

### *MAY 2022* VOLUME 20 - ISSUE 5

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 45 Years - 2022



### Memorial Day Prayer for the Military

Honoring past men and women of the military is the first focus of this prayer, but present and future members of the armed forces are also acknowledged.

Almighty God,

We thank You for bringing us together, as a nation, for a *Memorial Day Tribute* to acknowledge the debt we owe to the men and women of the United States military who have guarded this country with their lives. We especially honor those who lost their lives while defending this nation and those who remain as POW's & MIA's. They fought on land, at sea, and in the air, always understanding that they may not come back from the mission and accepting that as part of the job. They were willing to risk death to protect this land we hold so dear and the American people along with it. We thank them for their sacrifice and promise we'll carry on their legacy to ensure they did not die in vain.

Father, we pray that You strengthen and protect all our military personnel who are serving presently and in the future. Give them the courage to face whatever comes, protect them in battle, and help them prosper in times of peace. Watch over their families, Lord, as You watch over us all. We put our trust and faith in You and even though we don't always understand Your ways, we accept that You have a plan for each and every one of us. Please help us fulfill our personal missions, whatever they may be.

Amen



## Birthdays

- 1 Donna Ebell
- 6 Robert Raczynski
- 7 Josephine Wall
- 7 LeRue Wensel
- 8 Sheila Dennis
- 9 Greta Fountain
- 10 Rose Ann Martorano
- 10 Ann Marie Taylor
- 11 Mary Cahill
- 15 Bruce MacGloan
- 15 Maureen Reb

- 16 Barbara Ball
- 17 William Green
- 17 Rica Irvin
- 18 Pat Sweeney
- 19 Lucille Harvey
- 19 Betty Richards
- 19 Elizabeth Tabaac
- 20 David Baird
- 20 Betty Haley
- 20 Karen Turner
- 21 Kathleen Strawn

- 23 Janice Chilcote
- 23 Helen Radtka
- 24 Patricia Nilsson
- 26 Ann Cahill
- 26 Gloria Carey
- 26 Betty Ray
- 26 Edward Sienkiewicz
- 26 Wini Walton
- 30 Barbara Pavelka
- 30 Bonnie Procopio
- 30 Lois Ann (Tuslin) Williams
- 31 Edward Aziz



## Sending you happy thoughts And wishing you all a wonderful Birthday!!



#### \*\*\*PLEASE BE SURE TO CALL\*\* (302) 698-4285\*\*\*

\*\*\*PLEASE CALL TO ORDER YOUR FREE BIRTHDAY LUNCH\*\*\* to be delivered to your home on the third Thursday of MAY Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the Birthday list of names for MAY it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane..... HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM

Pick-Up Lunches will be available at 11:45 A.M. Dine-In Lunch at the Center is OPEN at 12 Noon. Please call for your Reservation.



#### HARVEST YEARS SENIOR CENTER

is offering *FREE* lunch delivery service to our members. Be sure to call in your lunch order by 10 AM each day. The meals will be delivered to your home Monday thru Friday between the hours of 11:30 AM - 1:30 PM.

Free Birthdays lunches are for EAT-IN ONLY!

COST: \$6.00 PER LUNCH



Harvest Years Senior Center, Inc.



### From Your Executive Director Tom Bones

MAY days are here! We have plenty of Spring activities planned here at The Harvest Years to keep us busy as bees. All are guaranteed to put a little spring into your step, so please join us.

We will celebrate and remember all of our mothers and grandmothers with a special *Mother's Day Luncheon* on Wednesday, May 4th. We will have a delicious menu and a special gift for all of our mothers. Gentlemen, please join us in celebrating these great ladies that we are lucky enough to have in our lives.

May, 2022 is also when we celebrate and recognize *Older American's Month*. The theme for 2022 is "Age My Way", an opportunity for all of us to explore the many ways older adults can remain in, and be involved within their communities.

Mark your calendars for *Friday, May 20th* - it's our semi-annual *Sub Sale. Pre-order* and *Pre-pay by Monday, May 16th*. Pick up times will be between 11 AM - 1:30 PM. Look for the flyer with more specific order information. If you are able to volunteer, in any way, please let the front desk know *ASAP*.

June 4th will be our Harvest Years Yard Sale. Help support our center and come out on the first Saturday in June! Discover some treasures that you didn't know you needed. Donations for this sale are being accepted now. If you need assistance, please contact us.

Lastly, please join us for our Memorial Day Tribute on Friday, May 27th. We will honor the United States Military and all who gave their lives for our country and our freedoms.



Remember our fallen heros. They are the reason that we are free.

Our 45th Anniversary celebration of The Harvest Years on April 19th was so nice! Thank you so much to all who came to help us celebrate this milestone.



L - R - Sandi Billings, Diane Amoroso, Judy Lomax, President, Jack Walters, Judie Burke, Gary Kutsch, Executive Director, Tom Bones

## Notes From Your Activities Director Diane Amoroso



My Mother,
my friend so dear,
Throughout my life you're always near.
A tender smile to guide my way,
you're the sunshine to light my day.
Happy Mother's Day

I Love You!



### Happy Mother's Day Grandma

### Grandmother, You Are My

Storyteller, Boo Kisser, Teacher, Seamstress, Angel, Advise Giver, Hand-holder, Sunshine, Doctor, Healer, Peace Maker, Mentor, Confidant, Problem Solver, Family Historian, Shoulder, Words of Wisdom, Cheerleader, Cookie Baker, Hug-giver, Chef, Counselor, Inspiration, Memory Holder and

MY BEST FRIEND



## May 2022 "Age My Way"

The Administration for Community Living has announced that the theme of Older Americans Month (OAM) 2022 is "Age My Way". The Administration for Community Living leads the nation's observance of Older Americans Month and will be focusing on aging in place—how older adults can plan to stay in their homes and live independently in their communities for as long as possible. When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing. A meeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month," the prelude to "Older Americans Month". Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. Every President since Kennedy has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs, and other such activities. The 2022 theme is "Age My Way", is an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities.



Contact Anita Aguilar

to place an ad today!

or (800) 950-9952 x2677



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#### **MAY 2022 REPORT**

## GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT



#### Rails-to-Trails

A few years ago, a friend of mine was having issues with tree growth and branches falling in her yard from a neighboring property. Did you know Kent County has recently adopted new vegetation ordinances that protect homeowners from this? I was very happy to support those types of ordinances. I'll have an article on that soon.

After a bit of investigation, I found out that the property next to my friend was owned by the Maryland State Department of Transportation. Yes! Maryland owns land in Delaware. After contacting MDDot, they had crews come and trim the trees so that they were no longer a burden to my friend.

My curiosity was piqued about the land ownership, I found that Maryland owns parcels that are about 50 feet wide and 12 miles long, that stretches from School Lane in Clayton, Delaware to the Maryland-Delaware State line in Marydel, Delaware. The Maryland Rail Program and Policy Manager informed me that this was part of an old railway project that ran from Woodland Beach in Delaware to Easton in Maryland. It is straight as an arrow and goes through the towns of Kenton, Hartly, and Marydel on the Delaware side. In fact, in Marydel, at the Marydel Volunteer Fire Company, you can see two sets of rails in the ground that still exist!

Maryland is reluctant to turn this unused land over to Kent County Levy Court due to its inclusion in the Federal Railbank Program, for which Maryland gets credit. Railbanking is a method to preserve land for possible use as a railway in the future. But for now, they are willing to partner with a government organization in Delaware to develop this long strip of land into something useful.

There is a program that takes land like this and turns it into a walking/biking park. It is called Rails-To-Trails. I am happy to say that with Levy Court is now pursuing this program. With the offer of partnering from Maryland, we are now in communication with our friends from the State and our congressional delegation to Washington.

Sussex and New Castle County both have Rails-To-Trails parks. This park in north-western Kent County will bring much needed outdoor opportunities to walk or bike a 12 mile trail. It will provide towns with opportunities for economic development. I can imagine 5k's, 10k's, fund-raisers and other events along this park. I can imagine small businesses in the towns along the way offering snacks, ice cream, or other offerings to those who use the trail.

Meetings are just now beginning to seek a path forward, funding opportunities, and steps to getting it done. I would like to see this project well under way as 2023 rolls around. Stay tuned.

- MAY 2022 MENU -					
Monday	Tuesday	Wednesday	Thursday	Friday	
2.  Ham & Cheese Sandwich Lettuce/Tomato Pickles/Chips Fruit	3. Stuffed Peppers Baked Potato Vegetable Blend Bread Peaches	4. Mother's Day Lunch Oven Roasted Turkey Stuffing/Gravy Green Beans 86.00 Roll \$6.00 Pie For Mom's Only Mimosa's or Bloody Mary	5. Cinco de Mayo Soft Taco's Lettuce/Tomatoes Tortilla Chips Cake	Cobb Salad Turkey, Bacon, Lettuce, Tomato, Blue Cheese Roll Assorted Desserts	
9. Baked Ziti House Salad Italian Bread Fruit Cocktail	Baked Tilapia Potatoes Au Gratin Stewed Tomatoes Bread Peaches	Pork Chops Sauerkraut Mashed Potatoes Bread Brownie	Beef Stew Biscuit Applesauce Grapes	Chicken Pot Pie Tossed Salad Bread Assorted Desserts	
16. Chicken Salad Platter Macaroni Salad Lettuce/Tomato Orange	17.  Baked Salmon Roasted Potatoes Broccoli Bread Cookie	Tom's 3 Bean Chili Rice House Salad Corn Bread Pineapple	19. <u>Birthday Luncheon</u> Rotisserie Chicken Stuffing Peas & Carrots Cake/Ice Cream In-House Only	20. Cheeseburger on a Bun Lettuce/Tomato Baked Beans Assorted Desserts	
23.  Meatball Sub Tossed Salad Chips Brownie	Chicken Marsala Noodles Buttered Carrots Peaches	25.  Roast Pork Loin  Brown Rice  Buttered Beets  Banana	26.  Baked Chicken  Macaroni & Cheese  Broccoli  Roll  Tropical Fruit	27. Memorial Day Tribute Shepard's Pie House Salad Bread Assorted Desserts	
30. CLOSED  MEMORIAL DAY	31. Spaghetti w/Meatsauce House Salad Italian Bread Pudding	Mothe	er's Day Eay 8th	habroy MOTHERSDAN Granyry	

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. NOTE: FREE BIRTHDAY LUNCHES ARE FOR EAT-IN ONLY!!

CALL: 302 698-4285 - MENU IS SUBJECT TO CHANGE



#### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID & proof of COVID-19 Vaccinations. Many of our trips will require security screenings. If you do not bring your ID & COVID cards you will not be permitted on the trip.

MAY 2022 LIMITED ACTIVITIES					
Monday	Tuesday	Wednesday	Thursday	Friday	
8:30 AM - 9:30 AM Walking Club  9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12 NOON - Domino's	<b>4.</b> 9:15 AM - 10:15 AM Land Aerobics	9:30 AM - L.I.F.E. Aerobics Class	6. 12 NOON - Mah Jong 12:30 - Spades	
9. 8:30 AM - 9:30 AM Walking Club 9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12 NOON - Domino's	11. 9:15 AM - 10:15 AM Land Aerobics	9:30 AM - L.I.F.E. Aerobics Class	13. 12 NOON - Mah Jong 12:30 - Spades	
16. 8:30 AM - 9:30 AM Walking Club 9:30 AM - L.I.F.E. Aerobics Class	17. 9:30 AM - Crafts 12 NOON - Domino's	18. 9:15 AM - 10:15 AM Land Aerobics	9:30 AM - L.I.F.E. Aerobics Class	20. 12 NOON - Mah Jong 12:30 - Spades	
8:30 AM - 9:30 AM Walking Club 9:30 AM - LIFE Aerobics Class	9:30 AM - Crafts Meet & Greet new Teacher Denise  12 NOON - Domino's	25. 9:15 AM - 10:15 AM Land Aerobic	9:30 AM - L.I.F.E. Aerobics Class	27.  12 NOON - Mah Jong  12:30 - Spades	
30. CLOSED  MEMORIAL  DAY	31. 9:30 AM - Crafts 12 NOON - Domino's	GRan	R MY IDMoTHeR	Happy Grandmother's Day 2022	

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#### HARVEST YEARS





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PLEASE CALL FOR AN APPOINTMENT

Happy Mother's Day!





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

#### "Computer Guy"! Call: 302 698-4285

If you need help in signing up for our new Visual Audio Program highway 61.co and our i-Pad Lending Program Call Tom at the Center.

## WE ARE BACK!

AARP DRIVER SAFETY REFRESHER COURSE

MONDAY, JUNE 20, 2022 9 AM - 12:30 PM

Harvest Years Senior Center 30 South Street, Camden, DE 302 698-4285

PLEASE CALL FOR THE JUNE 20th CLASS

#### Health Care Transport Program



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9 AM -1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Charge' payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance! FYI: Due to liability issues, we will require you to have a caregiver travcel with yu. If you are uding a wheelchair or have cognitive difficulties.

#### REMINDER

MEDICAL APPOINTMENT PHONE CALLS WILL BE ANSWERED DAILY BETWEEN 12:30 PM - 2 PM ONLY!

THANK YOU, THE MANAGEMENT

#### UPDATED TRIP INFORMATION COVID-19 SAFETY REQUIREMENTS

IF YOU ARE SIGNED UP TO GO ON A BUS TRIP WITH HARVEST YEARS SENIOR CENTER YOU MAY BE REQUIRED TO SHOW PROOF OF YOUR COVID-19 VACCINATIONS.

IF YOU ARE NOT VACCINATED YOU WILL BE REQUIRED TO SHOW PROOF OF A COVID-19 PCR TEST SHOWING A NEGATIVE RESULT WITHIN 14 DAYS PRIOR TO THE TRIP. RAPID ANTIGEN TESTS WILL NOT BE ACCEPTED.

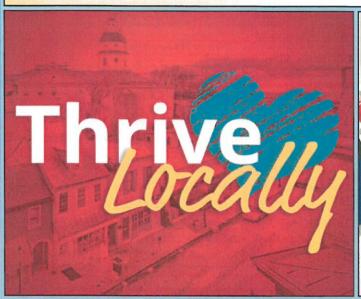
SAFETY FIRST



**CELEBRATE THE** STRENGTH OF OLDER **ADULTS WITH EMPHASIS** ON THE POWER OF **CONNECTION AND ENGAGEMENT IN BUILDING STRONG COMMUNITIES! - A VITAL ROLE IN OUR HEALTH AND** WELL-BEING.

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## Laughter is the Best Medicine

Daughter asks her Mom:
"What's it like to have the
greatest daughter in the world?"



Mom's Answer:

"I don't know, go and ask your Grandmother."



#### 2022 TRIPS STILL OPEN

THURSDAY, MAY 19TH - LITITZ, PA TRIP
VISIT A "SMALL TOWN USA" with so much fun to
offer for everyone's enjoyment. Eateries, shops,
museums, a pretzel factory, a CHOCOLATE STORE,
and so much more including a visit to the famous
Wolf Sanctuary. A fun day spent outdoors on your
own in a charming historic and friendly area filled
with fascinating things to see and enjoy!
COST: \$60.00 - Tour Bus, Driver Gratuity, tickets to
tour the Sanctuary. Lunch on your own in Lititz.

#### TUESDAY, AUGUST 9th - Let's Play Ball!!!

This season will be our 5th year attending the Shorebirds Baseball Game at Perdue Stadium in Maryland. A truly fun night out - A comfortable tour bus ride to the stadium, Dinner in the airconditioned Executive Dining Room, and enjoy America's all-time favorite sporting event - A BASEBALL GAME!!

We always have a great night out together at this event. Join us on this summertime trip where we can Hoot and Holler for our hometown team!!!

COST ALL INCLUSIVE: \$75.00 PER PERSON



#### You Are All Invited To Join Us For Lunch At **Harvest Years Senior Center**

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times. Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON **TOWARDS YOUR 1st LUNCH WITH US!!** FOR NEW MEMBERS ONLY - 2022

> **Homemade Soups** \$3.00 Cup / \$4.00 Pint / \$5.00 Qua **EXTRA IN-HOUSE ITEMS**

> > Desserts \$2.00 eac

Our 'Soup-To-Go Kitchen' is CLOSED



Until the Fall HAVE A NICE & SAFE SUMMER!

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

**Bon Appetite!!** 



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When you shop at AmazonSmile, Amazon will donate to Harvest Years Senior Center, Inc. Support us every time you shop.



### Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

**Next Meetings:** 

MAY 9, 2022 & MAY 23, 2022

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

#### TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. reserve your slot 24 to 48 hours ahead of time. Cost per trip is:



.50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips



Happy Mother's Day to all of the mothers, and a huge HAPPY MOTHERS DAY AND THÂNK YOU to all of the mothers serving in the military!



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## HARVEST YEARS SENIOR CENTER, INC. 30 SOUTH STREET, CAMDEN, DE 19934

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FAX: (302) 698-4286 E-mail: hysc@comcast.net



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May 2022





MAY 2022
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