Harvest Years





2021

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

TABLE OF CONTENTS

| Monthly BirthdaysPg. 2 |
|---------------------------------|
| Executive Director's NotesPg. 3 |
| Activity Director's NotesPg. 3 |
| 2020 Trip SchedulePg. 5 |
| Monthly MenuPg. 6 |
| Monthly Activities Pg. 7 |
| Snap ProgramPg. 9 |
| The Computer GuyPg. 8 |
| AARP Driving CoursePg. 8 |
| Lunchroom NewsPg. 10 |
| Lions Club MeetingsPg. 10 |

HOURS

Monday - 8 AM - 3 PM Tuesday - 8 AM - 3 PM Wednesday - 8 AM - 3 PM Thursday - 8 AM - 3 PM Friday - 8 AM - 3 PM

Closed Saturday & Sunday

<u>Harvest Years Senior Center, Inc.</u> <u>Board of Directors 2021</u>

Jack Walters......President
Judy Burke......Vice President
Barbara Morton.....Treasurer
Judy Lomax....Secretary
Tom Bones......Executive Director

Board Members: Sandi Billings, Dick Chappell

Next Meeting: TBA

We Need Volunteers

Harvest Years Monthly



JULY 2021 VOLUME 19 - ISSUE 7

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 44 Years - 2021

Happy July 4, 2021



Preamble to the U.S. Constitution

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

Happy July

Birthdays

| 2 Gilbert Kocher | 10 James Corcoran | 19 Helga Crouse |
|-------------------|---------------------|----------------------|
| 2 Joseph Kundler | 10 Brenda Parisi | 20 Naomi Henderson |
| 2 Russell Perry | 11 Daniel Bailey | 20 Eileen Klein |
| 2 Ken Ward | 11 Mary Chinery | 21 James Ebert |
| 2 Doreen Wilson | 13 Karen Bailey | 21 Betty Schell |
| 3 Martha Myers | 13 Debbie Pawley | 22 Carmen Vilianueva |
| 5 Donna Purdy | 13 Karen Shockley | 23 Doris Moffett |
| 6 Diane L. Evans | 13 Nancy Swift | 24 "Frankie" Vaughn |
| 6 Judi Heritage | 14 Claudette Conroy | 24 Richard Wertz |
| 7 Barbara Beachy | 14 James Malloy | 25 Linda Brace |
| 8 Carol Young | 14 Claire Murray | 26 Mary Davies |
| 9 Fred Ainge | 15 Virgina LeHuquet | 29 Rhonda Long |
| 9 Toddie Reckner | 16 Yvonne Pressley | 31 Joseph Frederick |
| 10 David Balcerak | 17 Carol Norris | 31 Nancy Hartnett |
| | | |

Wishing you all the Best Birthdays ever!!



PLEASE BE SURE TO CALL** (302) 698-4285



PLEASE CALL TO ORDER YOUR FREE BIRTHDAY LUNCH to be delivered to your home on the third Thursday of JULY. Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the Birthday list of names for JULY it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane.....

HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM

Dine-In Lunch at the Center has OPENED - Please call for your Reservation.

Thank You, the Management



HARVEST YEARS SENIOR CENTER

is offering *FREE* lunch delivery service to our members. Be sure to call in your lunch order by *10 AM* each day. The meals will be delivered to your home Monday thru Friday between the hours of 11:30 AM - 1:30 PM.

COST: \$5.00 PER LUNCH

From Your Executive Director Tom Bones



The Summer of 2021 is now in full swing, and there is plenty of summer fun awaiting you here at The Harvest Years.

Our annual summertime treat of *Root Beer Floats* are back! Floats are available for \$1.00 each. If you buy a mug and join our popular *Mug Club* for \$4.00, you will receive 3 *Free* floats and after that refills are only \$1.00. Floats are available daily through Labor Day, 11 AM - 2 PM. Come on in and enjoy this cool, Harvest Years tradition on a hot summer day. *Special Note:* Mention the *magic word of the day* and receive one free float until the end of July!

A great reminder.....please try to take advantage of our transportation programs to and from our center. Let us do the driving this summer in our air-conditioned vehicles. It costs you as little as .50 cents each way. Come in and enjoy some company, fun activity, a card game, a day trip we have planned or lunch! The choice is yours.

Beginning in July we are updating our membership program with something new. It will be a new *Senior Space Kiosk Program*. This will help us out a lot and makes it easier for us to take care of our members. Please stop by in July so that we can get you set up. We will be able to update your membership information, and then you will be able to sign up for different activities, lunch. classes, renew your membership, and so much more!

Lastly, the Governor will be lifting the Emergency Order for the State of Delaware on July 13th. It is my hope that we will see many more members on a daily basis.

Safe travels to all those who are visiting friends and family during the summer months. As a reminder, the center will be closed on MONDAY. JULY 5th, for the July 4th holiday.

Enjoy and stay safe. Tom



Good Used Books

Hard & Soft Cover Novels Hard & Soft Cover Cook Books Gardening Books Crafting Books and more!!

July 12th - 30st Stop in and Browse!

Notes From Your Activities Director Diane Amoroso



TO THE 4TH OF JULY

By Swarmi Vivekananda

Behold, the dark clouds melt away, That gathered thick at night, and hung So like a gloomy pall above the earth! Before thy magic touch, the world Awakes. The birds in chorus sing. The flowers raise their star-like crowns— Dew-set, and wave thee welcome fair. The lakes are opening wide in love Their hundred thousand lotus-eyes To welcome thee, with all their depth. All hail to thee, thou Lord of Light! A welcome new to thee, today, O Sun! Today thou sheddest Liberty! Be think thee how the world did wait, And search for thee, through time and clime. Some gave up home and love of friends, And went in quest of thee, self-banished, Through dreary oceans, through primeval forests, Each step a struggle for their life or death; Then came the day when work bore fruit, And worship, love, and sacrifice, Fulfilled, accepted, and complete. Then thou, propitious, rose to shed The light of Freedom on mankind. Move on, O Lord, in thy resistless path! Till thy high noon o'er spreads the world. Till every land reflects thy light, Till men and women, with uplifted head, Behold their shackles broken, and Know, in springing joy, their life renewed!

It is well known that **Swami Vivekananda's** death (or resurrection, as some of us would prefer to call it!) took place on the 4th of July,1902. On the 4th of July,1898, he was travelling with some American disciples in Kashmir, and as part of a domestic agreement for the celebration of the day—the anniversary of the American Declaration of Independence — he prepared the poem above, to be read aloud at the early breakfast. The poem itself fell to the keeping of **Dhirâ Mâtâ**.



"America the Beautiful"



O beautiful for heroes proved
In liberating strife,
Who more than self their country loved
And mercy more than life!
America! America!
May God thy gold refine,
Till all success be nobleness,
And every gain divine!

O beautiful for patriot dream
That sees beyond the years
Thine alabaster cities gleam
Undimmed by human tears!
America! America!
God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!

O beautiful for spacious skies,
For amber waves of grain,
For purple mountain majesties
Above the fruited plain!
America! America!
God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!

O beautiful for pilgrim feet,
Whose stern, impassioned stress
A thoroughfare for freedom beat
Across the wilderness!
America! America!
God mend thine every flaw,
Confirm thy soul in self-control,
Thy liberty in law!

By Katherine Lee Bates - Lyrics = Samuel A. Ward - Music = Version: 1910



302.242.5254

10% Senior Citizen Discount



61 South Bradford St • Dover, DE 19904 1145 East Lebanon Rd • Dover, DE 19901 (302) 734-3341

torbertfc@yahoo.com www.torbertfuneral.com

William C. Torbet I Gary J. Wallick

"Established 1903"

AVAILABLE FOR A LIMITED TIME!

ADVERTISE HERE NOW!

Contact Anita Aguilar to place an ad today! aaguilar@ lpicommunities.com or (800) 950-9952 x2677





JULY 2021 REPORT - NEXT REPORT WILL BE IN AUGUST

GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT





2022 Trips

Reservations: Call Diane (302) 698-4285

Thursday. April 14th - Dutch Apple Theatre - "Singing in the Rain" - A Must See Musical from the Golden Age of movie musicals. All Inclusive: Show Tickets, Tour Bus Transportation, Driver Gratuity, Lunch and a Very Special Surprise for Everyone's Enjoyment!!

COST: \$108.00 pp.

A \$25.00 Deposit is Required Upon Sign-up.

Saturday, April 30th - TENTATIVE DATE - A MOTHER'S DAY GIFT" — Dorchester Seafood & Wine Tour on Hooper's Island - (Re-scheduled from May 2020) - Lunch at "Old Salty's Restaurant, Visit Layton's Winery, Visit an oyster aquaculture facility and on the way home stop at Kool Ice & Seafood to purchase seafood to take home. COST: TBA

Thursday, October 6th - Dutch Apple Theatre - "Saturday Night Fever" - An Unforgettable Show! Based on the 1977 film, this musical explores relationships on and off the dance floor with humor, conflict, style and unforgettable swagger.

All Inclusive: Show Tickets, Lunch, Tour Bus Transportation, Driver Gratuity.

COST: \$100.00 pp

A \$25.00 Deposit is Required Upon Sign-up

ALL TRIPS ABOVE ARE RATED (E)

| | - JULY 2021 MENU - | | | | | |
|---|---|--|--|---|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | | |
| Happy Birthday America! | | | 1. Chicken Parmigiana w/Pasta Tossed Salad Italian Bread Peaches | Assorted Desserts | | |
| 5. <u>CLOSED</u> * * * * * * * * * * * * * * * * * * * | 6. Baked Salmon Roasted Potatoes Buttered Beets Bread Brownie | 7. Oven Roasted Chicken Mashed Potatoes Green Beans Rolls Fruit Cocktail | 8. Shephard Pie Tossed Salad Bread Jell-O w/Fruit | 9. Chicken/Macaroni Salad Platter Lettuce, Tomato, Crackers Assorted Desserts | | |
| 12. Tom's 3 Bean Chili Tossed Salad Corn Bread Peaches | Chicken Cordon Bleu Scalloped Potatoes Lima Beans Cake | Beef Stew Biscuit Applesauce Watermelon | 15. Happy Birthday Lunch Roasted Pork Loin Mashed Potatoes Peas & Carrots Cake | Chicken Pot Pie House Salad Bread Assorted Desserts | | |
| 19. Turkey & Cheese on a Kaiser Roll Lettuce, Tomato. Pickles, Chips Cookie | Baked Lasagna Tossed Salad Italian Bread Orange | 21. Sweet & Sour Chicken Rice Buttered Beets Jell-O | 22. Baked Meatloaf Mashed Potatoes Mixed Vegetables Roll Cantaloupe | 23. PIZZA PARTY Assorted Pizza Soda, Chips Assorted Desserts | | |
| 26. Baked Ziti House Salad Italian Bread Vanilla Pudding | BBQ Pork Chop Roasted Potatoes Carrots Bread Fruit | Baked Chicken Potatoes au Gratin Broccoli Bread or Rolls Peaches | Baked Flounder Macaroni & Cheese Stewed Tomatoes Tropical Fruit | Chef's Salad Turkey, Ham, Egg, Onion, Lettuce, Tomato Assorted Desserts | | |

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.

MENU IS SUBJECT TO CHANGE



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID.

Many of our trips will require security screenings.

If you do not bring your ID you will not be permitted on the trip.

| | - JULY 2021 LIMITED ACTIVITIES - | | | | | |
|--|--|--|---|---|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | | |
| DE1808 | Tests of the second sec | | 1 \$\$FEARLESS YOGA\$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class 12:30 PM - Hand & Foot \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 2. 12 NOON - Mah Jong 12:30 - Spades | | |
| 5. CLOSED | 6. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 7. 9:15 AM - 10:15 AM Land Aerobics \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 8. \$\$FEARLESS YOGA\$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class 12:30 PM - Hand & Foot \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 9. 12 NOON - Mah Jong 12:30 - Spades | | |
| 9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 13. \$\$ FEARLESS YOGA \$\$ 8:30 AM - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 14. 9:15 AM - 10: 15AM Land Aerobics 10:30 AM - Bridge \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 15. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class 12:30 PM - Hand & Foot \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 16. 12 NOON - Mah Jong 12:30 - Spades | | |
| 9:45 AM - LIFE Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 20. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 21. 9:15 AM - 10:15 AM | 22. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class 12:30 PM - Hand & Foot \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 23. 12 NOON - Mah Jong 12:30 - Spades | | |
| 9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 27. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 28. 9:15AM - 10:315 AM Land Aerobics \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 29. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class 12:30 PM - Hand & Foot \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 30. 12 NOON - Mah Jong 12:30 - Spades | | |

SUPPORT OUR ADVERTISERS!

HARVEST YEARS



"HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934 302 698-4285

Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday 9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

"Computer Guy"!

Call: 302 698-4285

AARP DRIVER SAFETY COURSE

Cancelled Until Further Notice

You may take the course *ONLINE*: Go To: www.AARPdriverssafety.org

To Receive a 25% Discount:

Type in the following in all CAPS:

CODE: DRIVING SKILLS



<u>Health Care Transport</u> Program



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Charge' payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling. Thank You.



Our Lady

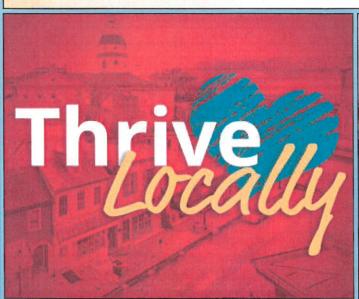
By Garnett Ann Schultz



Our Lady holds the torch so high Within the harbor there. Beneath the blue of Heaven's sky -A freedom true to share. She welcomes all who proudly come Across the vast blue sea, A heritage for everyone, Our land of liberty. Our country stands for, oh, so much, Democracy - our own, A caring heart - a loving touch Within our happy home. A country built on hope and faith, A strength so wise and true, The patriots who fought and died To save this land for you. Our anthem that we proudly sing To prove our faith and worth, With all the courage peace can bring The greatest land on earth. We marvel at each vision bright, The principles we share, And know of lasting peace and light Our lady greets us there.

SUPPORT OUR ADVERTISERS!









Ingredients

- 2 cups fresh strawberries, cut into 1/2-inch pieces
- 2 cups fresh blueberries
- 4 teaspoons reduced-fat raspberry walnut vinaigrette
- 3/4 cup fat-free vanilla or strawberry Greek yogurt
- 2 teaspoons minced fresh mint
- Unsweetened shredded coconut, optional



Star-Spangled Parfaits

Directions

- Place strawberries and blueberries in separate bowls. Drizzle each with 2 teaspoons vinaigrette; toss to coat. In a small bowl, mix yogurt and mint.
- Spoon strawberries into 4 parfait glasses. Layer each with yogurt mixture and blueberries.
- If desired, top with coconut.

Editor's Note

Look for unsweetened coconut in the baking or health food section.



You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2021

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Qua EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Bon Appetite!!

'Introduction to Tai Chi"

Joan Mc Niece will be teaching a class for beginners starting July 8th from 10 - 11 AM, every Thursday at Barclay Farms on Rt. 10.

Classes will Include:

Philosophy of Tai Chi, Simple Warm-Up Exercises, Tai Chi Walking, Health Benefits of Tai Chi, and Simple Tai Chi Forms.

Anyone participating is asked to bring a pair of socks and a bottle of water.

smile.amazon.com

amazon

SUPPORT HARVEST YEARS SENIOR CENTER, INC.

smile

By Shopping at Amazon Smile

When you shop at AmazonSmile, Amazon will donate to Harvest Years Senior Center, Inc. Support us every time you shop.



Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

Next Meetings:

JULY 12, 2021 & JULY 26, 2021

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is: CANCELED UNTIL FURTHER NOTICE



\$.50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips





Life, Liberty,



And the Pursuit of Happiness



Senior Home Care

CARING FOR SENIORS LIKE **FAMILY**



302-538-6691

Winner of the FIRST STATE FAVORITE HEARING AID CENTER

Trusted Hearing Care

Free Hearing Screening • All Make Repairs Digital Hearing Aids • Questions Answered



Don't Miss a Moment or a Word, Because the Time is Now BC/BS • AAA • AARP • Tricare • Humana • United Healthcare State Employees • Federal Employees • Aetna • Cigna

Milford Medical Center 800 Airport Road

Milford

www.beltone.com 302-422-4677

Beltone Audio Services 1033 S. DuPont Hwy.

Dover

302-674-8800



Funeral Home & Crematorium, Inc. Mausoleums & Monuments LLC

119 W. Camden-Wyoming Ave., Wyoming, Delaware 19934 302.697.7002 | www.pippinfuneralhome.com



REALTOR and broker associate since 1992 I am a Senior Real Estate Specialist (SRES) and also specialize in Probate and Inherited Properties. Senior Real Estate Expert



CDPE, Assoc. Broker, SRES - Senior Real Estate Specialist

Mobile:302-569-4644 | Office:888-543-4829 ext 241 144 King St #304 • Dover DE 19901

Visit my website at: www.CarolDanielsRealtor.com



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com





HARVEST YEARS SENIOR CENTER, INC.

30 SOUTH STREET, CAMDEN, DE 19934

PHONE: (302) 698-4285 FAX: (302) 698-4286 E-mail: hysc@comcast.net



HALL RENTALS AVAILABLE
HOURS OF OPERATION — CALL MONDAY - FRIDAY
8 A.M. - 3 P.M.



Happy Birthday America

God Bless Our Troops,
Always remember to keep them all
in Our Daily Thoughts
and Prayers....



JULY 2021
Please Donate to The USO

