Harvest Years





2021

Senior Center

JUNE 2021 VOLUME 19 - ISSUE 6

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 44 Years - 2021

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30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2021

Jack Walters......President
Judie Burke......Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones......Executive Director

Board Members: Sandi Billings, Dick Chappell

Next Meeting: TBA

We Need Volunteers



Harvest Years

Monthly

Flag Day June 14, 2021

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.

CELEBRATE AMERICA & HER FLAG!

Flag Day is a celebration of the American flag that occurs each year on the anniversary of the flag's official adoption, June 14. What we know fondly as the "Stars and Stripes" was adopted by the Continental Congress as the official American flag on June 14, 1777, in the midst of the Revolutionary War.

PROUDLY DISPLAY YOUR AMERICAN FLAG ON FLAG DAY 2021

Happy



Birthdays

1	D	CL	11
L	Donna	Char	open

2 Marcy DiDonna

3 Gloria Hropvich

3 Emma Woodall

6 William Muffley

6 Patricia Shufelt

7 Maureen Cram

7 Robert Dodson

9 Geraldine Hall

10 Merritt Burke

11 Sandra Wootten

12 Antoinette Dougherty

12 Joan Mc Niece

13 David Warner

16 Jean Adkins

16 Robert Altomare

16 Linda Pape

17 Mildred Martin

17 Elizabeth Rigo

17 Mary Roch

17 Russ Steiger

18 Mary Ann Longfellow

19 Lynn Smith

19 Audrey Totten

22 Dot Adams

22 Hana Jane Maroon

22 Michael Morton

23 Debbie Aziz

23 Janis Carlin

23 Steven Towers

25 Richard Chappell

27 Ann Smith

28 Vernell Abella

28 Linda Dougherty

29 Mary Kay Eggers

29 Gretchen Goulet

29 T. Joe O'Connell



A Little Older, A LOT Wiser HAPPY BIRTHDAY MY FRIENDS



PLEASE BE SURE TO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR FREE BIRTHDAY LUNCH to be

delivered to your home on the third Thursday of JUNE. Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the Birthday list of names for JUNE it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane.....

HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM

Dine-In Lunch at the Center has RE-OPENED. Please call for your Reservation.

Thank You, the Management



Senior Medical Patrol FRAUD ALERT

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Delaware Medicare Assistance Bureau

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MONDAY, JUNE 14, 2021 - 10 AM and 6 PM Register at: http://de.gov/dmabcalendar or call 302 674-7364



From Your Executive Director Tom Bones

Happy Father's Day 2021



The Harvest Years is ready to kick off the Summer of 2021. Are you? We are looking forward to the season that brings back Ice Cream Socials, Root Beer Floats, BBQ's, and plenty of fun in and out of the sun, with new Covid-19 regulations on the horizon!

On May 21, 2021, Delaware updated it's Covid-19 restrictions and they are now in effect. Unvaccinated Delawareans should still be wearing facemasks to protect the immunocompromised and prevent new infections. Unvaccinated, and partially vaccinated people should continue to wear masks in public settings. We here at the Harvest Years will continue to wear masks when entering the building, to protect our members and visitors.

The fiscal year for the State of Delaware comes to a close at the end of June. I hope that you will join me once again in thanking Mr. Trey Paradee and Mr. Lyndon Yearick for their continued legislative support for our center. They have both consistently updated us on all of the state conversations and policies that may affect us as a center as well as our valuable members. This is also a great time of the year to remind all our Senators and Representatives at the state level and at Kent County Levy Court that we need them on our team all year long. Their continued efforts on our behalf will keep this Senior Center moving forward.

Please do not forget that on *Friday, June 11th* we will hold our *Spaghetti Dinner* fundraiser from 4-6 PM. Call ahead to place your order. On *Wednesday, June 16th* please plan on joining us for lunch as we celebrate our Fathers with a special *Father's Day Luncheon*. A *FREE* coupon for a *Root Beer Float* is included in the lunch for all of the Dads and Grand-Dads that are with us. Make your reservations ASAP.

We are looking forward to a wonderful & safe summer! We can't wait to see you here at the center!

Notes From Your Activities Director Diane Amoroso





Love You Grandfather

"A *Grandfather* is someone with silver in his hair and gold in his heart."

You put the "Grand" in Grandfather.

A Grandfather makes us laugh, makes us feel safe, and always makes us feel *'loved'*.

Grandpa has ears that truly listen, arms that always hold, *Love* that's never-ending, and a heart that's made of gold.



Happy Grandfather's Day We Love you Gramps!!

WHAT IS FLAG DAY?

When the American Revolution broke out in 1775, the colonists weren't fighting united under a single flag. Instead, most regiments participating in the war for independence against the British fought under their own flags. In June of 1775, the Second Continental Congress met in Philadelphia to create the

Continental Army—a unified colonial fighting force—with the hopes of more organized battle against its colonial oppressors. This led to the creation of what was, essentially, the first "American" flag, the

For some, this flag, which was comprised of 13 red and white alternating stripes and a Union Jack in the corner, was too similar to that of the British. George Washington soon realized that flying a flag that was even remotely close to the British flag was not a great confidence-builder for the revolutionary effort, so he turned his efforts towards creating a new symbol of freedom for the soon-to-be fledgling nation.

On June 14, 1777, the Second Continental Congress took a break from writing the Articles of Confederation and passed a resolution stating that "the flag of the United States be 13 stripes, alternate red and white," and that "the union be 13 stars, white in a blue field, representing a new constellation."

Over 100 years later, in 1916, President Woodrow Wilson marked the anniversary of that decree by officially establishing June 14th as Flag Day.

GOD BLESS AMERICA



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JUNE 2021 REPORT GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT



This morning, I am waking from our first night camping in our new-to-us camper. My wife, Crystal, and I decided that we needed to spend time away from the hustle and bustle of our jobs. We had three choices: a boat, a beach house, or an RV. We chose the RV, a 32 foot, Jayco motorhome.

After purchasing from a family friend, our first ride was to a local gas station to fill it up. After the gas pump clicked off, I handed the receipt to my wife as I always do. The look on her face was, "Oh what have we done?" Then, I dropped the bomb, this was just the first receipt, I will have the second one in a few minutes.

The next thing we had to do was take out our new RV for a shakedown cruise. But where to go? In Kent County, there are not many campgrounds to choose from.

Killens Pond Family Campground is the only state park in Kent County to offer camping. Started as a mill pond in the 1700's, Killens Pond was established as a state park in 1965. The campground came much later, but other features such as Hiking, Fishing, Boating, Swimming, Canoeing, Nature Programs, Disc Golf, Geocaching, Picnicking, and Horseshoe pits were added to attract daytime visits. Killens Pond is within driving distance of the Harrington State Fair Grounds, Dover Downs Racetrack and Casino, the DE Turf Sports Recreation Facility, John Dickinson Plantation, and the Prime Hook National Wildlife Refuge. It is also only about 45 miles from two ranked best beaches on the East Coast, Rehoboth Beach and Dewey Beach. For campers, Killens Pond will accommodate everything from tents to motorhomes like our and bigger. There are even cabins you can rent, but make your plans well in advance, as they book quickly during the summer months.

We looked at Killens as our first choice for our shakedown cruise. As a very popular park, it was booked for every weekend that we tried. The race was in town for one of those weekends, but all sites that would accommodate our behemoth were booked. We ended up a Tuckahoe State Park near Queen Anne, MD. As far as campgrounds go, it is very similar to Killens Pond in that the campsites are roomy, and distant from your neighbors. We have electric hookup, but that is really all we need.

Other State Park campgrounds in Delaware are worth a look, and offer many of the same amenities as Killens Pond. To the north near Newark is Lums Pond State Park. To the south near the beaches are Cape Henlopen State Park and Delaware Seashore State Park. If the beach is not your thing, Trap Pond State Park near Laurel has some great nature trails and boating options.

Our next trip is to San Antonio, Texas to visit our daughter. After this weekend at Tuckahoe State Park, I can't wait to hit the road again to see America from the ground instead of from seven miles high.



- JUNE 2021 MENU -				
Monday	Tuesday	Wednesday	Thursday	Friday
MONDAY, JUNE 21st	1. Pork Chop With Sauerkraut Mashed Potatoes Bread Orange	Roasted Chicken Roasted Potatoes Vegetable Blend Bread Fruit Cocktail	3. Spaghetti w/Meatsauce House Salad Italian Bread Cake	4. Chicken and Dumplings Tossed Salad Roll Assorted Desserts
7. Swedish Meatballs over Noodles Peas Peaches Roll	Stuffed Peppers Baked Potato Mixed Vegetable Bread Strawberries	9. Roast Beef/Gravy Mashed Potatoes Green Beans Roll Fruit	Oven Fried Chicken Brown Rice Broccoli Bread Jell-O w/Fruit	Reuben Sandwich Pickles/Chips Assorted Desserts
14. FLAG DAY Chef's Salad Turkey, Ham, Egg, Onion, Lettuce, Tomato Peaches	Braised Beef Tips Noodles Peas Bread Tropical Fruit	16. Father's Day Luncheon Baked Meatloaf Mashed Potatoes Gravy/Peas & Carrots Chocolate Cake	17. Happy Birthday Lunch Baked Ham Sweet Potatoes Mixed Vegetables Roll Cake	18. Cheeseburger on a Bur Baked Beans Cole Slaw Assorted Desserts
Tuna Sub Lettuce, Tomato Pickles, Chips Peaches	Tom's 3 Bean Chili Rice Tossed Salad Corn Bread Pineapple	Baked Fish Macaroni & Cheese Stewed Tomatoes Bread Pistachio Pudding	24. Herb Chicken Mashed Potatoes Gravy/Green Beans Roll Fruit	Cobb Salad Turkey, Onions, Bacon Lettuce, Tomato, Blue Cheese Assorted Desserts
28. Beef Goulash Tossed Salad Italian Bread Peaches	Baked Chicken Stuffing Succotash Bread Tropical Fruit	Pork Loin/Gravy Mashed Potatoes Peas Bread Fruit	Sunday, June 20th CATHER'S	HAPPY FATHER'S DAY GRANDPA

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.

MENU IS SUBJECT TO CHANGE

Wanted: If you have a few hours per day (Mon. - Fri.) to help our staff deliver local lunch meals to our members, please call Tom at 698-4285 for more detailed information. **THANK YOU**

	- JUNE 2021 LIMITED ACTIVITIES -					
Monday	Tuesday	Wednesday	Thursday	Friday		
HAPPY FATHER'S DAY GRANDPA	1. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	2. 9:30 AM - 10:30 AM Land Aerobics \$\$ ART CLASS \$\$ 1 PM - 3 PM \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	3 \$\$ FEARLESS YOGA\$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	4. 12 NOON - Mah Jong 12:30 - Spades		
9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	8. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	9. 9:30 AM - 10:30 AM Land Aerobics \$\$ ART CLASS \$\$ 1 PM - 3 PM \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	10.\$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	11. 12 NOON - Mah Jong 12:30 - Spades		
9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	15. \$\$ FEARLESS YOGA \$\$ 8:30 AM - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	16. 9:30 AM - 10:30 AM Land Aerobics 10:30 AM - Bridge \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	17. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	18. 12 NOON - Mah Jong 12:30 - Spades		
21. First Day of Summer 9:45 AM - LIFE Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	22. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	23. 9:30 AM - 10:30 AM Land Aerobics \$\$ ART CLASS \$\$ 1 PM - 3 PM \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	24. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	25. 12 NOON - Mah Jong 12:30 - Spades		
9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM	29. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM	30. 9:30 AM - 10:30 AM Land Aerobics \$\$ ART CLASS \$\$ 1 PM - 3 PM \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM		- JUNE 14th LY YOUR FLAG America		

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Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up your appointment with the

"Computer Guy"!

AARP DRIVER SAFETY COURSE

Cancelled Until Further Notice

You may take the course **ONLINE**:

Go To: www.AARPdriverssafety.org

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CODE: DRIVING SKILLS



4

<u>Health Care Transport</u> Program



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Charge' payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.



America



My country, 'tis of Thee
Sweet land of liberty,
Of Thee I sing.
Land where my fathers died,
Land of the pilgrims' pride,
From every mountainside
Let freedom ring!

Our fathers' God to Thee,
Author of Liberty,
To Thee we sing.
Long may our land be bright
With Freedom's holy light,
Protect us by Thy might
Great God, our King.

-Samuel F. Smith



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D-Day Invasion - June 6, 1944

This battle is often referred to as the "Longest Day". D-Day marks the beginning of the invasion of German occupied Western Europe. Codenamed "Operation Overlord," the battle began with the largest amphibious assault in history, as the Allies landed 24,000 men on the beaches of Normandy. In just the first day of intense combat, 4,414 men were killed and 6,000 were wounded. The D-Day landings marked the start of a long and costly campaign in north-west Europe, which ultimately convinced the German high command that defeat was inevitable.

June 6, 2021 - D-Day Observance at the WWII Memorial - Washington, DC





"America was not built on fear, America was built on courage, an imagination and an unbeatable determination to do the job at hand."

-Harry S. Truman



You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A **\$1.00 OFF COUPON**TOWARDS YOUR 1st LUNCH WITH US!!

FOR NEW MEMBERS ONLY - 2021

Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Quart EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Our "Soup-To-Go Kitchen" is CLOSED for the summer.
We will re-open in the



Fall



Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Bon Appetite!!





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Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

Next Meetings:

JUNE 14, 2021 & JUNE 28, 2021

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is: CANCELED UNTIL FURTHER NOTICE



\$.50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips





Let us not forget all of the men who cannot be home with their children for Father's Day because they are serving our country. We wish you all a Happy Father's Day and our Sincerest THANK YOU!!



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And Grandpa, Too!

We remember the *Gold Star Families* who lost grandfathers, fathers, and sons in combat. Our Thoughts and Prayers are also with those families who have family members that have not been returned to American soil. Our *MIA and POW Patriots* continue to be investigated and they will *NEVER BE FORGOTTON*.

We Pray for your families and thank all our Patriots for their Love of Country and sacrifices.





JUNE 2021
Please Donate to The USO

