

Harvest Years

1977



2021

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
 Tuesday - 8 AM - 3 PM
 Wednesday - 8 AM - 3 PM
 Thursday - 8 AM - 3 PM
 Friday - 8 AM - 3 PM
 Closed Saturday & Sunday

Harvest Years Senior Center, Inc.

Board of Directors 2021

Jack Walters.....President
 Joan Schwartz.....Vice President
 Barbara Morton.....Treasurer
 Judy Lomax.....Secretary
 Tom Bones.....Executive Director
 Board Members: Judie Burke, Dick Chappell

Next Meeting: TBA

We Need Volunteers

Harvest Years Monthly



MARCH 2021
VOLUME 19 - ISSUE 3

302 698-4285 - Website: <http://harvestyears.org>

1977 - Celebrating 44 Years - 2021

*Our Sincerest "Thank You" To All Those Who Contributed to
Our 2020 Annual Giving Campaign*

*Janice Fasano in Memory of Angelo Fasano
 Edward Sienkiewicz in Memory of Audrey Sienkiewicz
 Jim & Carol Pawlikowski in Honor of Harvest Years Senior Ctr.
 For the work they do for Seniors*

Naomi Henderson

Roger Whitney in Memory of Barbara Whitney

Walter Clavier

Janet & Wanda Gino

Alberto & Yolanda Sanchez

Russell & Ellen Jordan

Ann Cahill

Lynn Smith in Memory of Thelma Fox

John & Patricia Mac Ronald

Daniel & Karen Bailey

Nancy Hughes in Memory of Loved Ones

Patrick & Christina Cox

Amy Dill in Honor of HYSC Staff & Volunteers with Love

Dr. Eva Dula in Memory of Garland W. Dula, Jr.

Lessard Builders, Inc.

Rose Johnson

Becky Eason

Barbara Edwards

Johnny Janosik, Inc.

Delores Jean Adkins

Lynda Winget

Margaret McKenna

Paula Sharp

Charlotte Fitzwater

Leanna Bilow in Honor & Memory of Bob & Bea Bilow

George Brummell

Carol Young

Toshika Reckner

Myrtle & Joan Burris

Marion Maly in Memory of Richard Maly

Elwood Lord in Honor of Paul Woikoski

(TO BE CONTINUED NEXT MONTH)

Happy



March

Birthdays

- 1 Ron Harper
- 2 Clara Valeika
- 3 JoAnn Dowd
- 3 Mary Ann Kessler
- 5 Charlotte Shockley
- 6 Phyllis Craig
- 6 Bill Falzarena
- 6 James Sharp
- 8 James Dunn
- 8 Peggy Tremble
- 8 Richard Tremble
- 9 Linda Legates

- 10 Susan Stevenson
- 10 Joan Davis
- 11 Goldie Le Gates
- 11 Blanche Fluharty
- 12 Mike Cahill
- 12 Mary Jo Carey
- 14 Doris Juhnden
- 14 Norma Marvel
- 15 Doris Brown
- 15 John Jimroglou
- 18 Judith Ann Abbott
- 20 Kit Rolling

- 23 Clara Gravatt
- 24 Paula McSweeney
- 27 Maryanne Rollans
- 27 Faith Stetson
- 29 Thomas Leitch
- 31 Charlotte Martinson

And Many Happy Returns....



An Irish Blessing

May you always have these blessings.....A soft breeze when summer comes - A warm fireside in winter - And always - the warm, soft smile of a friend.



Wishing you all a beautiful day with good health and happiness.

*****PLEASE BE SURE TO CALL** (302) 698-4285*****

*****PLEASE CALL TO ORDER YOUR FREE BIRTHDAY LUNCH***** to be delivered to your home on the third Thursday of MARCH. Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the Birthday list of names for **MARCH** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane.....

HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM

Dine-In Lunch is OPEN at the Center. Call in your Reservation by 10 AM. Thank You, the Management

HARVEST YEARS SENIOR CENTER

is offering **FREE** lunch delivery service to our members. Be sure to call in your lunch order by 10 AM each day. The meals will be delivered to your home Monday thru Friday between the hours of 11:30 AM - 1:30 PM. **The cost is \$5.00 per meal.**

STAY HOME, STAY SAFE, STAY HEALTHY



From Your
Executive Director
Tom Bones



Daylight Savings time begins
SUNDAY, MARCH 14th
Be Sure To Turn Your
Clock Forward before
Retiring on Saturday Evening

May the **Luck-o-the-Irish** be with you this **March** as we welcome in the Spring season! I am sure all of you are looking forward to saying goodbye to Winter as much as we are here the Harvest Years. For us, hopefully March will be filled with activities and celebrations! Let's put a little spring in our step as we welcome in this new season.

We are starting the month of March, and continuing into mid-April, by providing the **AARP TAX ASSISTANCE PROGRAM**. As has been our new norm, scheduling will be a bit different this year, which may cause the time slots to fill up quickly, so please be patient. We must continue our social distancing protocols in order to stay safe. Additionally, the **AARP Driver's Safety Refresher Course** will be offered, but the earliest date we can offer right now for **in-person** learning is September. You are welcome to access the online course if you can. If you are interested in either of these services, please call the reception desk to check on availability.

Our traditional **St. Patrick's Day Luncheon** of corned beef and cabbage will be served on Wednesday, March 17th. Please make your reservation for in-person dining. We would love to see you! Meal delivery will also be available. Please call to make your reservation.

A huge **Thank You** goes to all of our Soup Festival chefs, assistant chefs, helpers and volunteers. Thank you for taking the time to make your delicious soup recipes to share. Our Festival was **SOUPER** because of all of you!

A good way to keep connected with us is to communicate through our Facebook page and our webpage. Please check them out and let us know what you think! Please let us know what additional information needs to be added to better reach our seniors.

Do not forget to "spring" ahead on March 14th. We are all looking forward to warmer and long days in the coming months.

Lastly, as another reminder, your Harvest Years Membership Dues were due on January 1, 2021. The cost is just \$20.00 per person, per year. We would hate for you to miss out on receiving our newsletter delivered to your home, a reduced lunch price, access to trips and activities and all of the other benefits that come with a current membership. If you have just simple forgotten or it has been an oversight, no problem, please call us ASAP so we can assist you in keeping your membership current.

Notes From Your
Activities Director
Diane Amoroso



WELCOME
SPRING
2021

Let's **SPRING** into
MARCH and another busy month with
many special events happening.

First and foremost we will start Daylight Savings Time on Sunday, March 14th. Be sure to turn your clocks ahead one hour before retiring on Saturday evening. It will be nice to have daylight for several more hours each day.

We will celebrate St. Patrick's Day on Wednesday, March 17th. A delicious Corned Beef & Cabbage lunch will be offered to our members.

Passover begins on Saturday, March 27th. We wish our Jewish members a very **Happy Passover**.

Palm Sunday is celebrated on March 28th in preparation for **Easter Sunday** on April 4th.

A full month of celebrations, warmer weather, longer days, budding trees and the awakening of beautiful fragrant flowers.



Important
Message

Message from Jack Walters
Board of Directors
President

Due to the recent unfortunate passing of fellow Directors, Richard Reynolds and Dick Bewick, our Board is currently two short of our By-Laws mandated of nine Directors.

If you are a dues-paying member and would be interested in helping provide leadership and direction to the center, please submit a one-page letter of application telling us about your background and what assets you believe you would bring to the Board.

Address the letter to the center and mark to my attention. New Directors must be approved by a vote of two-thirds of the current Directors. We currently plan on doing so at our **April Annual Meeting**. One directorship will be a three year appointment; the other will be a one-year term.



The Legend of the Shamrock

Long ago, when Ireland was the land of Druids, there was a great Bishop, Patrick by name, who came to teach the word of God throughout the country. This saint, for he was indeed a saint, was well loved everywhere he went. One day, however, a group of his followers came to him and admitted that it was difficult for them to believe in the doctrine of the Holy Trinity.

Saint Patrick reflected a moment and then stooping down, he plucked a leaf from the shamrock and held it before them, bidding them to behold the living example of the "Three-in-One." The simple beauty of this explanation convinced these skeptics, and from that day the shamrock has been revered throughout Ireland.



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Fire Company Funding

One of the greatest services in Kent County is our volunteer Kent County Volunteer Fire Companies. We have 18 fire companies and one special ambulance service. Just like any volunteer service, they rely on donations, events, fund raising, and grants for their funding.

Here in Kent County, our volunteer fire companies receive funding from the State of Delaware Grant-in-Aid funding, the State Department of Insurance, and from Kent County Levy Court. More about that later. Many also apply for grants from private, state, and federal funding. Our volunteer fire companies also depend on revenue from annual fundraisers like crab feasts, oyster dinners, Bingo, and dances.

Up until this past year, the Ladies Auxiliaries hosted events weddings, community meetings, birthday parties, and anniversaries, with the funds supporting their efforts and the fire company's efforts. Unfortunately, this past year has been rough on our fire companies. With quarantines and distancing and viruses, the opportunities to bring in this extra revenue has dried up.

We live in a rural community. I know sometimes it does not seem like it with the traffic, shopping areas, growth, and crime levels, but we are not Philadelphia or Baltimore. The result of this is that our fire companies have a lot of area that they cover. For example, Camden-Wyoming Volunteer Fire Company extends from the Dover Air Force Base to Big Ditch Road to the west, and from Rodney Village to Barney Jenkins Road in the south. This area includes more than 8,000 homes. There are not many fire hydrants in all of that areas, and other than Dover, this is one of the more developed areas. In addition, these companies are often called out to assist other companies with structure fires, special rescues, or just to be on stand-by if there are multiple events. Every fire company in Kent County faces the same challenges.

Along with all of the day-to-day utility expenses like fuel, electricity, and water, fire companies must replace their equipment on a regular basis. A new pumper truck could cost as much as \$700,000 after it is completely fitted out. A new ambulance could cost over \$400,000. And these vehicles get pushed to the limit to save people and our homes.

In 2012, Kent County Levy Court set aside \$365,000 in grant funds for our volunteer Fire Companies in Kent County. That year, the Kent County Volunteer Firefighters Association came to us for some assistance. Since our 2013 budget year, we have increased our funding to fire companies to \$1,000,000 in our upcoming budget. We hope to continue this increase each year. The alternative of paid fire companies would be in the millions of dollars.

But please, do not let this article stop you from contributing. When you see their "Ask" letter for a contribution, consider giving what you can. This is one of those great services that I hope you never have to use. Our volunteer fire companies are some of the best, and they need our help.



- MARCH 2021 MENU -

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 1. Chicken & Dumplings Peas House Salad Roll Peaches | 2. Baked Salmon Brown Rice Mixed Vegetables Bread Cookie | 3. Baked Chicken Potatoes Au Gratin Broccoli Bread Tropical Fruit | 4. <u>Hug a G.I. DAY</u> Baked Ziti Tossed Salad Italian Bread Apple | 5. Cobb Salad Turkey, Lettuce, Tomato, Onion, Bacon, Blue Cheese Roll Assorted Desserts |
| 8. Salisbury Steak Mashed Potatoes Gravy Peas & Carrots Bread Fruit Cocktail | 9. Pork Chop Scalloped Potatoes Succotash Bread Cake | 10. Pot Roast Biscuit Applesauce Pudding | 11. Baked Chicken Rice Vegetable Blend Bread Fruit | 12. Roasted Turkey & Cheese Sandwich on a Kaiser Roll Lettuce & Tomato Pickles/Chips Assorted Desserts |
| 15. Cheesesteak Sandwich Fried Onions Pickles/Chips Tropical Fruit | 16. Roasted Pork Loin Mashed Potatoes Vegetable Blend/Gravy Roll Cherry Yum Yum | 17. <u>St. Patrick's Day Luncheon</u> Corned Beef & Cabbage Boiled Potatoes Cornbread Pistachio Pudding  | 18. <u>Happy Birthday Lunch</u> Roasted Chicken Mashed Potatoes Gravy/Green Beans Roll Cupcake | 19. Sloppy Joe on a Bun Tossed Salad Chips Assorted Desserts |
| 22. 3 Bean Chili Rice Tossed Salad Combread Brownie | 23. Herb Chicken Stuffing/Gravy Green Beans Bread Apple Crisp | 24. <u>Easter Luncheon</u> Baked Ham Sweet Potatoes Succotash Roll Pie | 25. <u>Medal of Honor Day</u> Baked Meatloaf Mashed Potatoes Mixed Vegetables/Gravy Roll Jell-O w/Fruit | 26. Tuna & Macaroni Salad Platter Lettuce/Tomato Crackers Assorted Desserts |
| 29. Spaghetti w/Meatsauce House Salad Italian Bread Peaches | 30. Oven Roasted Chicken Roasted Potatoes Gravy/Carrots Roll Cheesecake Bars | 31. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread Apple | <u>PASSOVER BEGINS</u> <u>MARCH 27TH</u>  | <u>MARCH 28th</u>  |

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.

MENU IS SUBJECT TO CHANGE





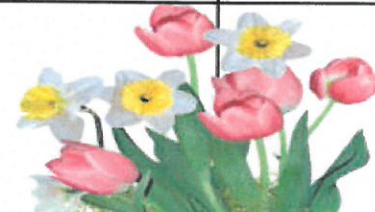
IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**.

Many of our trips will require security screenings.

If you do not bring your **ID** you will not be permitted on the trip.

ALL MARCH 2021 ACTIVITIES - Canceled

| Monday  | Tuesday | Wednesday | Thursday | Friday  |
|---|---|--|---|---|
| 1. 9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 2. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 3. 9:30 AM - 10:30 AM Land Aerobics 12:30 PM - Hand & Foot \$\$ ART CLASS \$\$ 1 PM - 3 PM \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 4. \$ FEARLESS YOGA \$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 5. 12 NOON - Mah Jong 12:30 - Spades |
| 8. 9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 9. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 10. 9:30 AM - 10:30 AM Land Aerobics 12:30 PM - Hand & Foot \$\$ ART CLASS \$\$ 1 PM - 3 PM \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 11. \$ FEARLESS YOGA \$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 12. 12 NOON - Mah Jong 12:30 - Spades |
| 15. 9:45 AM - L.I.F.E. Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 16. \$\$ FEARLESS YOGA \$\$ 8:30 AM - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 17. 9:30 AM - 10:30 AM Land Aerobics 10:30 AM - Bridge 12:30 PM - Hand & Foot \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 18. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 19. 12 NOON - Mah Jong 12:30 - Spades |
| 22. 9:45 AM - LIFE Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 23. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 24. 9:30 AM - 10:30 AM Land Aerobics \$\$ ART CLASS \$\$ 1 PM - 3 PM 12:30 PM - Hand & Foot \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 25. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 26. 12 NOON - Mah Jong 12:30 - Spades |
| 29. 9:45 AM - LIFE Aerobics Class \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM | 30. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 31. 9:30 AM - 10:30 AM Land Aerobics \$\$ ART CLASS \$\$ 1 PM - 3 PM 12:30 PM - Hand & Foot \$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM |  Happy Spring | |

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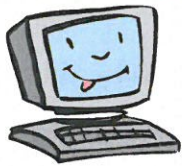
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PROFESSIONAL HAIR STYLIST



Hours: Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

Happy Spring



Don't know what to do now that
you've turned on your
computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

"Computer Guy"!

Call: 302 698-4285



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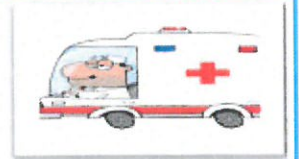
FREE TO MEMBERS OF HYSC

Join Us & Let's Get Healthy Together!!

Please Call Diane for further details & updates.

DUE TO COVID-19 RESTRICTIONS OUR CLASSES WILL BE LIMITED TO 8 PEOPLE PER CLASS.

Health Care Transport
Program



If you are in need of our **"Medical Appointment Service"**, please call our front desk at **698-4285** to schedule your **'Pick-Up Time'**. Pick-Up times should be made 1-2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a **\$3.00 'Trip Charge'** payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

SUPPORT THE **ADVERTISERS**
THAT SUPPORT OUR COMMUNITY

Thrive
Locally

**DON'T SHOP.
AD  PT.**



Winter Weather Alert

Winter weather may be with us for at least one more month, so please be sure to listen to your radio (WSDS or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits through March. You may also call the Center at (302) 698-4285 before you head out. If we are closed there will be a message posted on the phone service. We will also post notices on the ***HYSC Facebook*** page. If you haven't "liked" our page yet, be sure to do so. *Thank You - The Management*



Leapin' leprechauns! One sip of this thick and minty Irish Milk Shake and you'll think you found a pot of gold at the end of a rainbow! **ENJOY!!**

Irish Milk Shake

What you Need:

- 1 Pint Vanilla Ice Cream
- 1 1/4 Cups Milk
- 10 Mini Chocolate Covered Mint Patties - Divided
- 6 Drops Green Food Coloring
- Whipped Cream for Topping

What to Do:

1. In a blender combine Ice Cream, Milk, 6 Mint Patty's and Green Food Coloring. Blend on High for 1 – 2 minutes or until mixture is well blended.
2. Pour into 4 glasses, top each with a dollop of Whipped Cream & a Mint Patty. Serve Immediately.

Can't find mini chocolate mint patties? Don't worry -- just reduce the amount of regular-size mint patties you use!



You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center

CANCELED UNTIL FURTHER NOTICE

COST:

Member - \$5.00 - Non-Member - \$7.00

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Bon Appetite!!



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Camden - Wyoming Lions Club

"Unselfish Service to the Community"

*The Camden - Wyoming Lions Club
meets monthly at Harvest Years Senior Center
30 South Street, Camden, DE.*

Next Meetings:

March 8, 2021

March 22, 2021

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

*Whenever a Lions Club gets together problems get
smaller, and communities get better. That's because
we help where help is needed - in our own communi-
ties or around the world - with unmatched integrity*

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to
and from the center. Our pick-up times are between 9 AM
to 10 AM and the return time will start between 1 PM to 2
PM. Members can apply for transportation at our front desk.
Bus plan tickets may be purchased at our front desk. You
may purchase tickets ahead of time. You must
reserve your slot 24 to 48 hours ahead of time. Cost per
trip is: **CANCELED UNTIL FURTHER NOTICE**



\$.50 per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips



An Irish Blessing

*For each petal on the Shamrock,
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Good Health, Good Luck, Good Fortune
and Happiness for today and every day.*



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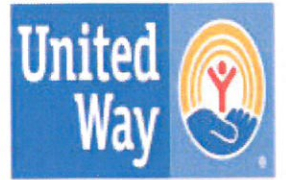
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FAX: (302) 698-4286
E-mail: hysc@comcast.net



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8 A.M. - 3 P.M.



2021

