#### Harvest Years

1977



2020

Senior Center

302 698-4285 - Website: http://arvestyears.org

Harvest Years

Monthly

AUGUST 2020

**VOLUME 18 - ISSUE 8** 

1977 - Celebrating 43 Years - 2020

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30 SOUTH STREET, CAMDEN, DE 19934

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#### **HOURS**

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

### Harvest Years Senior Center, Inc. Board of Directors 2020

Richard Reynolds......President
Joan Schwartz......Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones......Executive Director

Board Members: Dick Bewick, Judie Burke Jack Walters, Dick Chappell

### FRONT PAGE NEWS EXCLUSIVE!!

Our flag poles have arrived!!!! Finally, after 16 months of working on this project, it has now become a living vision, not an imaginary vision. The poles have been installed and the solar lights will be installed within the next several weeks. Lastly our landscaper will beautify the corner and we will be ready to dedicate this very special Memorial to those Patriots

"Who Have Never Come Home".

The time and date of the dedication will be announced at a later date.

There are not enough words of praise and thanks, for me to say, to all those who have supported me and donated to this project. I love you all and

MAY GOD BLESS EACH OF YOU



#### POW/MIA PLEDGE



I Pledge Allegiance to the POW's and MIA's of America And to their Flag Before Which We Stand, **AS ONE BROTHERHOOD**, Indivisible, Until They Shall Return One and All

### Happy



### Birthdays

- 2 Amy Dill
- 2 Beulah Fazekas
- 2 Nancy Roberts
- 4 Theresa Bailey
- 4 Margaret Waldner
- 5 Lawrence Finney, Jr.
- **5 Ruth Probst**
- 6 Erika Reigle
- 6 Robert Seliga
- 8 Faith Johnson
- 9 Deborah Bleau
- 9 Rebecca Vinson
- 11 Arlene Drobish
- 11 Mary (Kathy) Kohout
- 12 Kevin Carlin

- 13 James Pawlikowski
- 13 H. Lydia Williams
- 14 Patricia Blondin
- 14 Beverly Bryan
- 15 Kathy Brennan
- 17 Joseph Mazzola
- 18 Mollie Nickle
- 19 John Hickey
- 19 Nancy Holland
- 20 Mary Bookhultz
- 20 Elizabeth Gerrity
- 20 Linda Lindale
- 21 Gertrude Corkell
- 21 Susan Hoecker
- 21 Lee Landmesser
- 21 Patricia Lohrmann

- 21 Gloria Melchionda
- 21 Lena Tierson
- 22 Charlie Heritage
- 22 Phyllis Racz
- 22 Lois Utberg
- 24 Cally Jimroglou
- 24 Pacey Skversky
- 24 Audrey Tiderencel
- 24 Sarah Woikoski
- 25 Frances Maciarello
- 26 Paula Webber
- 27 Sheila Carey
- 28 Dorothy Failing
- 29 Larry Winingar
- 30 Ginny Leczner



# We're Celebrating All Month Long



#### \*\*\*PLEASE BE SURE TO CALL\*\* (302) 698-4285\*\*\*

#### \*\*\*PLEASE CALL TO ORDER YOUR FREE BIRTHDAY LUNCH\*\*\*

to be delivered to your home on the third Thursday of JUNE.. Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the list of names for *AUGUST* it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... *HAPPY BIRTHDAY and Thank You...* 

#### LUNCHES WILL BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER, TO MAKE YOUR LUNCH DELIVERY RESERVATION BY 10:30 AM DAILY, TO ORDER LUNCH FOR THAT DAY.

PLEASE CALL (302) 698-4285.

#### HARVEST YEARS SENIOR CENTER

is offering *FREE* lunch delivery service to our members. Be sure to call in your lunch order by 10:30 AM each day. The meals will be delivered to your home Monday thru Friday between the hours of 11:30 AM - 1:30 PM. *The cost is \$5.00 per meal.* 



### From Your Executive Director Tom Bones

And the sweet days of summer continues....I hope this final month of the summer season finds you well, keeping cool and enjoy some good summertime fun!

Good News! The Harvest Years Senior Center will be reopening it's front doors this month, however we must have, and will have, many precautions in place.

Reservations and/or appointments, must be made by all members that wish to come in. As directed by the Governor, we will be basing our admittance on 30% capacity, of the State Marshall Code, which is based on the square feet of our building. Please call the front desk at 302 698-4285 to make a reservation, to take part in any class or on-site activity that we offer.

MASKS MUST BE WORN BY ALL MEMBERS AND GUESTS, and you will be asked to answer a quick questionnaire upon your arrival. Your temperature will also be taken prior to entry. All persons will be asked to follow the CDC Social Distancing Policy of staying 6 feet apart from each other.

I know that these precautions may sound a bit overwhelming, but we must do everything we can to keep each other safe and well and work towards the next phase of opening. Please contact me if you should have any questions or concerns.

For the month of August, our flags on the *POW/MIA MEMORIAL PARKWAY* will be flying! All the funds are in place, the necessary parts for the poles, lighting etc. have been ordered, and this project is underway! At this point in time we have hit the halfway mark, and we will continue to update you on our website and our Facebook page as to our progress. Thank You to all who have contributed to get this project rolling!

It is with heavy heart that we had to say goodbye to one of our long standing board members and friend of Harvest Years Senior Center. Richard R. Reynolds passed away on July 22, 2020. He was an active leader and volunteer that had his hand on some recent building improvements. He installed wainscot and chair railing in the main dining room. He helped to set up our *MEMORIAL WALL* as well. We dearly thank him for his dedication to the Harvest Years and we will miss him. Our deepest sympathy to Pat & family.

### Notes From Your Activities Director Diane Amoroso

### HARVEST YEARS SENIOR CENTER'S ANNUAL FALL CRAFT SHOW

We are looking forward to our **ANNUAL FALL CRAFT SHOW on SATURDAY, NOVEMBER 14th**. We are accepting table reservations for the show at \$25.00 per table. The show hours will be from 9 AM - 2 PM.

Featured items will include handmade ceramic Pumpkins, Scarecrows, Thanksgiving pieces, Churches, Christmas Trees, Snowmen and more. Many ceramic pieces can be lit up and will give any room a nice glow for the holidays. Various knitted and crocheted items will be displayed and are great stocking stuffers for the upcoming holiday season. Last, by not least, we will have magnificent art work for sale, painted by several of our most well known artists in the area.

If you are interested in being a part of the show please feel free to call Diane and ask for a show application.

As usual we will offer a light lunch available for everyone. Coffee and donuts will be offered to the vendors during their early set-up time on Saturday morning.

With all that being said, we will have to keep in mind the COVID-19 Pandemic. We will closely monitor what the situation will be in November before we determine whether the show will go on or not!!



### Laughter Is The Best Medicine

Question.

Why was the corn the most "popular'
Vegetable in the garden?

Answer:

Because he was always willing to lend an 'ear'.





#### RICHARD R REYNOLDS July 22, 2020



We mourn the passing of our **Board of Directors President** Richard Reynolds.

The life of any person finds its true meaning in every opportunity to give, to inspire and to make living more beautiful for another.

Let us celebrate together the life of one who truly knew how to inspire the best in each of us.

> Thinking of Richard's family with our Heartfelt Sympathy

#### HOME DELIVERY **MEAL & GROCERY PROGRAM**

We are adding to our home delivery lunch program, to help out during the COVID-19 outbreak, a grocery shopping program. Delaware's State of Emergency states that all those who are most vulnerable to the virus should STAY HOME, STAY SAFE and STAY HEALTHY.

We will deliver groceries from the list below. If you need a delivery once a week to your home on Friday, with your lunch delivery (or not), we can accommodate you.

The following items may include: Eggs, Bread, Milk, Butter, Canned Vegetables or Fruit, Coffee, Tea Bags, Toilet Paper, Paper Towels or Canned Soups.

You MUST have your shopping order to us by Wednesday at 2 PM, so that it can be delivered to you by Friday of that week! Please call us at 302 698-4285 to place your shopping order or for more information about the new program. We will try to fill your order as best we can, depending on supplies and demands. Thank You, Tom



10% Senior Citizen Discount





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### The History of The Vietnam War POW/MIA Flag

In 1971, Mrs. Mary Hoff, an MIA wife and member of the National League of American Prisoners and Missing in Southeast Asia, recognized the need for a symbol of our POW/MIAs. Prompted by an article in the Jacksonville, Florida TIMES-UNION, Mrs. Hoff contacted Norman Rivkees, Vice-President of Annin & Company which had made a banner for the newest member of the United Nations, the People's Republic of China, as a part of their policy to provide flags to all UN member nations. Mrs. Hoff found Mr. Rivkees very sympathetic to the POW/MIA issue, and he, along with Annin's advertising agency, designed a flag to represent our missing men. Following League approval, the flags were manufactured for distribution. The flag is black, bearing in the center, in black and white, the emblem of the League. The emblem is a white disk bearing in black silhouette the bust of a man, watch tower with a guard holding a rifle, and a strand of barbed wire; above the disk are the white letters POW and MIA framing a white 5-pointed star; below the disk is a black and white wreath above the white motto YOU ARE NOT FORGOTTEN. Concerned groups and individuals have altered the original POW/ MIA Flag many times; the colors have been switched from black with white - to red, white and blue, - to white with black; the POW/MIA has at times been revised to MIA/POW. Such changes, however, are insignificant. The importance lies in the continued visibility of the symbol, a constant reminder of the plight of America's POW/MIA'S. On March 9,1989, a POW/MIA Flag. which flew over the White House on the 1988 National POW/MIA Recognition Day, was installed in the United States Capitol Rotunda as a result of legislation passed overwhelmingly during the 100th session of Congress. The leadership of both Houses hosted the installation ceremony in a demonstration of bipartisan congressional support. This POW/MIA Flag, the only flag displayed in the United States Capitol Rotunda, stands as a powerful symbol of our national commitment to our POW/MIA's until the fullest possible accounting for Americans still missing in Southeast Asia has been achieved.

#### INSTALLING THE FLAG POLES - JULY 2020 KENT SIGNS





| Monday  | Tuesday   | Wednesday   | Thursday >   | Friday  |
|---|---|---|--|---|
| 3. Turkey Salad Sandwich Lettuce, Tomato Pickles/Chips Cookie                       | Baked Ziti Tossed Salad Italian Bread Peaches                             | 5. Chicken Parmigiana w/Pasta Tossed Salad Italian Bread Tropical Fruit | 6. Shepard Pie House Salad Bread or Roll Vanilla Pudding                         | 7.  Beef Hot Dogs (2)  Baked Beans  Cole Slaw  Assorted Desserts                    |
| Spinach Bacon Salad<br>Mushrooms, Egg,<br>Croutons<br>Ranch Dressing<br>Fresh Fruit | 11. Chicken Salad Platter Macaroni Salad Lettuce, Tomato Peaches          | Swedish Meatballs Peas & Carrots Bread or Roll Chocolate Pudding        | Roasted Chicken<br>Sweet Potatoes<br>Vegetable Blend<br>Bread or Roll<br>Brownie | 14. Chicken Patty on a Bun<br>Lettuce, Tomato<br>Pickles/Chips<br>Assorted Desserts |
| Tuna Sub Lettuce, Tomato Pickles/Chips Cookie                                       | 18. Spaghetti w/Meatsauce Tossed Salad Italian Bread Fresh Fruit          | Roasted Chicken Scalloped Potatoes Broccoli Bread Cantaloupe            | 20. <u>Birthday Luncheon</u> Baked Meatloaf Mashed Potatoes Gravy Peas Cake      | Cobb Salad Turkey, Bacon, Egg, Blue Cheese, Onion Assorted Desserts                 |
| 24. Roasted Chicken Roasted Potatoes Broccoli Bread or Roll Fresh Fruit             | 25.  Baked Pork Loin  Mashed Potatoes  Gravy  Green Beans  Fruit Cocktail | Beef Stew Biscuit Applesauce Peaches                                    | 27.  Baked Pork Chop w/Sauerkraut Mashed Potatoes Bread or Roll Pineapple        | 28. Grilled Chicken Salad 1/2 Egg, Cucumbers, Tomato Sweet Roll Assorted Desserts   |
| 31. Tom's 3 Bean Chili Tossed Salad Corn Bread Fruit                                |   |   |  |   |

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.

MENU IS SUBJECT TO CHANGE



#### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID.

Many of our trips will require security screenings.

If you do not bring your ID you will not be permitted on the trip.

| <u>CANCELED</u> - AUGUST 2020 ACTIVITIES - <u>CANCELED</u>                           |  |  |  |   |  |
|--|--|--|--|---|--|
| Monday   | Tuesday  | Wednesday  | Thursday   | Friday                                      |  |
| 3.<br>9:45 AM - L.I.F.E.<br>Aerobics Class<br>\$\$ FEARLESS YOGA \$\$<br>5 - 5:45 PM | 4. \$ FEARLESS YOGA \$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM        | <ul> <li>9:30 AM - 10:30 AM Land Aerobics</li> <li>12:30 PM - Hand &amp; Foot</li> <li>\$\$ ART CLASS \$\$         1 PM - 3 PM</li> <li>\$\$ FEARLESS YOGA \$\$         5 - 5:45 PM</li> </ul> | 6. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM  9:45 AM - L.I.F.E. Aerobics Class  \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM  | 7. 12 NOON - Mah Jong 12:30 - Spades        |  |
| 9:45 AM - L.I.F.E.<br>Aerobics Class<br>\$\$ FEARLESS YOGA \$\$<br>5 - 5:45 PM       | 11. \$ FEARLESS YOGA \$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM       | 12. 9:30 AM - 10:30 AM<br>Land Aerobics<br>12:30 PM - Hand & Foot<br>\$\$ ART CLASS \$\$<br>1 PM - 3 PM<br>\$\$ FEARLESS YOGA \$\$<br>5 - 5:45 PM  | 13. \$ FEARLESS YOGA \$ 8:30 - 9:15 AM 9:45 AM - L.I.F.E. Aerobics Class \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM       | 14.<br>12 NOON - Mah Jong<br>12:30 - Spades |  |
| 9:45 AM - L.I.F.E.<br>Aerobics Class<br>\$\$ FEARLESS YOGA \$\$<br>5 - 5:45 PM       | 18.\$\$ FEARLESS YOGA \$\$ 8:30 AM - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 19. 9:30 AM - 10:30 AM   | 20. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM  9:45 AM - L.I.F.E. Aerobics Class  \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM | 12 NOON - Mah Jong<br>12:30 - Spades        |  |
| 9:45 AM - L.I.F.E.<br>Aerobics Class<br>\$\$ FEARLESS YOGA \$\$<br>5 - 5:45 PM       | 25.\$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM 9:30 AM - Crafts 12 NOON - Domino's \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM    | 26. 9:30 AM - 10:30 AM   | 27. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM  9:45 AM - L.I.F.E Aerobics Class  \$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM  | 28.<br>12 NOON - Mah Jong<br>12:30 - Spades |  |
| 31. 9:45 AM - LIFE<br>Aerobics Class<br>\$\$ FEARLESS YOGA \$\$<br>5 - 5:45 PM       |  |  |  |   |  |





#### "HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

Pat Reynolds, R.C. PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday
9 A.M. TO 3 P.M.

<u>UPDATE ON PAT RETURNING</u>: PAT WILL NOT BE ABLE TO RETURN FOR ANOTHER SEVERAL WEEKS



Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

"Computer Guy"!

Call: 302 698-4285



#### AARP DRIVER SAFETY COURSE

Canceled Indefinitely

You may take the course online - Go To www.AARPdriverssafety.org

To Receive a 25% Discount type in the following <u>CODE</u> in all <u>CAPS</u>:

DRIVINGSKILLS



#### It's Summertime And We Are Grilling Outdoors

Give This Recipe A Try On Your Grill:

#### "Old West Bean & Burger Packets"

1 lb. Lean Ground Beef 1/4 Cup Dry Bread Crumbs 1/4 Cup BBQ Sauce 1/8 tsp. Pepper 1 Medium Onion Sliced Separated into Rings I (16 oz.) Canned Baked Beans

<u>GRILL DIRECTIONS:</u> Heat Grill. In medium bowl, combine ground beef, bread crumbs, BBQ sauce & pepper; mix well. Shape mixture into four 3" patties.

Place each patty on a 18 x 12 inch piece of heavy duty foil; top each with 1/4 of the beans and onion rings.
Wrap each packet securely with double fold seals.

When ready to grill, place packets, seam side up, on gas grill over medium heat or on a charcoal grill 4--6 inches from medium coals. Cook 20 - 30 minutes until meat is no longer pink in center. 4 Servings

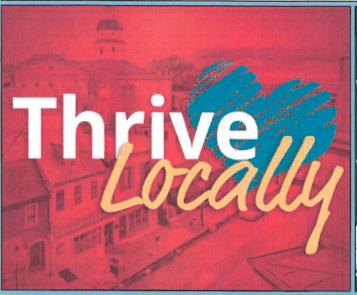
#### Health Care Transport Program

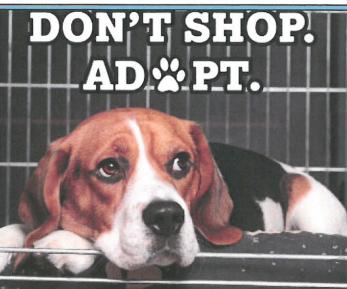


If you are in need of our "Medical

Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Charge' payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

## SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY





Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach

Please use website - assist.dhss.delaware.gov

#### CANCELED UNTIL FURTHER NOTICE

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2020. If you are 50 years old or older, Oscar can answer any questions you may have about the *SNAP* program or he can assist you in filling out the required application.





Art Classes
Harvest Years Senior Center

### ALL ART CLASSES WILL BE CANCELED UNTIL FURTHER NOTICE

Classes are taught by our own ANN BURKE, a local Artist and a long time member of Harvest Years.

If you are interested in learning how to put your 'hidden artistic talents' onto paper or canvas, you are welcome to join our art classes twice a month.

NO EXPERIENCE NECESSARY
ALL SUPPLIES ARE PROVIDED

The cost for the classes is \$5.00 Per Class.

Classes: Second & Fourth Wednesday of each Month - 1 PM - 3 PM

Call DIANE for more Information: 698-4285
Come In and Join Us For This Fun, Exciting and
Educational Class!

**Bonus! Meet New Friends** 



#### You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

Monday thru Friday - 11:30 AM - 12:30 PM

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.

Join us and Bring A Friend Too!!

Notice: Until further notice Harvest Years will be <u>Closed for Lunch</u> - We are providing delivery service. If you wish to have your lunch delivered please call by 10:30 AM *EACH DAY* and give the receptionist your name, phone number and address. The cost for members will be \$5.00 with - NO Delivery Charge.

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON

TOWARDS YOUR 1st LUNCH WITH US!!

FOR NEW MEMBERS ONLY - 2020



Our Soup Kitchen is closed for the Summer months. We will resume making Homemade Soups in September

Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Quart

#### **EXTRA IN-HOUSE ITEMS**

Desserts \$2.00 each
Just Entrees \$3.00 each
Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day.

Any Other Items - See Tom or Marguerite

\*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

Bon Appetite!!

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By Shopping at

#### **AmazonSmile**

When you shop at AmazonSmile, Amazon will donate to Harvest Years Senior Center, Inc.
Support us every time you shop.



### Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

Next Meetings:

Canceled Until Further Notice Due to the Coronavirus Crisis

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

#### TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is: CANCELED UNTIL FURTHER NOTICE



\$ .50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips







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### HARVEST YEARS SENIOR CENTER, INC. 30 SOUTH STREET, CAMDEN, DE 19934

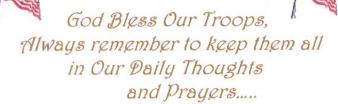
PHONE: (302) 698-4285

FAX: (302) 698-4286

E-mail: hysc@comcast.net

HALL RENTALS AVAILABLE
HOURS OF OPERATION — CALL MONDAY - FRIDAY
8 A.M. - 3 P.M.







AUGUST 2020
Please Donate to The USO



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