

Harvest Years

1977



2026

Senior Center

STREET 30 SOUTH ET, CAMDEN, DE

Harvest Years Monthly



MAY 2026

VOLUME 24 - ISSUE 5

302 698-4285 - Website: <http://harvestyears.org>

TABLE OF CONTENTS

Monthly Birthdays.....Pg.2
 Executive Director's Notes.....Pg.3
 Activity Director's Notes.....Pg.3
 AARP Driver Safety Course.....Pg.4
 Board Presidents Report.....Pg.5
 Nutrition Assistance Program.....Pg.6
 Transportation Services.....Pg.7
 Monthly Menu.....Pg.8
 Monthly Activities.....Pg.9
 HYSC 2026 TRIPS.....Pg.10
 Computer Guy.....Pg.12
 Haircuts by Pat.....Pg.12

1977 - Celebrating 49 Years - 2026



— And Special Grandma's Too!! —



- Hugs, Kisses and Flowers Sent With Love



HOURS

Monday - 8 AM - 3 PM
 Tuesday - 8 AM - 3 PM
 Wednesday - 8 AM - 3 PM
 Thursday - 8 AM - 3 PM
 Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Telephone Ext's

302 698-4285

Front Desk - 500
 Diane - 501
 Kitchen - 502
 Hair Salon - 503
 Director - 504

Harvest Years Senior Center, Inc. Board of Directors 2026

Jack Walters.....President
 Judie Burke.....Vice President
 Barbara Morton.....Treasurer
 Loretta Way.....Secretary
 Tom Bones.....Executive Director
 Board Members: Sandi Billings, Gary Kutsch
 Betty Martin

Next Board Meeting: MAY 14, 2026

Harvest Years Senior Center Members
are Welcome to Attend

Happy



Birthdays

- | | | |
|---------------------|-----------------------|---------------------|
| 1 Donna Ebell | 17 Joyce Austin | 24 Lydia Reed |
| 2 Robert Gadsden | 17 Charlotte Costello | 25 Marion Gilbert |
| 2 John Roch, Jr. | 19 Betty Richard | 25 Debra Pratt |
| 3 Etta Moyer | 20 Marshall Boyer | 25 Sharon Widener |
| 5 Patricia Fisher | 20 Karen Turner | 25 Judy Young |
| 7 Josephine Wall | 20 Marlou Woodward | 26 Ann Cahill |
| 7 LeRue Wensel | 21 Virginia Dear | 26 Gloria Carey |
| 8 Arlene Anderson | 22 Karen Cassidy | 26 Betty Ray |
| 9 Greta Fountain | 22 Kristie Mills | 26 Wini Walton |
| 10 Thomas Dougherty | 22 Sandy Parson | 29 Margaret Peruzzi |
| 10 Judith Fazekas | 22 Susan Williams | 30 Barbara Pavelka |
| 10 Ann Marie Taylor | 23 Bill Hufnal | 30 Bonnie Procopio |
| 10 Zerfines Tsadik | 23 Helen Radtka | 31 Terry Anderson |
| 14 Betty Cressey | 23 Daniel Seeman Jr. | 31 Paul Denick |
| 15 Bruce MacGloan | 23 Linda Winter | 31 Myna German |
| 15 Maureen Reb | 24 Ronnie Cannon | 31 Joan Mahan |

A Birthday Wish for a Beautiful Day & a Year FULL of Happiness.

*****PLEASE BE SURE TO CALL ** (302) 698-4285*****

*****PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH***** to be delivered to your home on the third Thursday of **MAY** Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. **Free Birthday lunches are for Eat-In ONLY.** If you do not see your name on the Birthday list of names for **MAY** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front Reception Desk. **HAPPY BIRTHDAY and Thank You...**

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30PM.

Call in your Lunch Delivery Order or In-House Reservations by 10 AM. 302-698-4285

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 11:30 AM





From Your
Executive Director
Tom Bones



Notes From Your
Activities Director
Diane Amoroso



MAY days are here! We have plenty of spring activities planned here at the Harvest Years to keep us busy as bees. All are guaranteed to put a little spring in your step, so please join us.

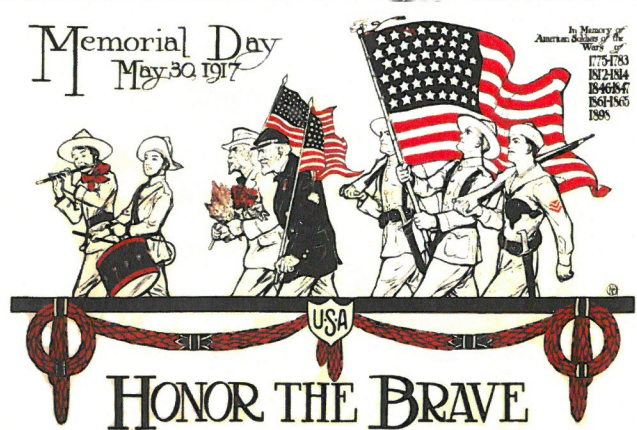
We will celebrate and remember our mothers and grandmothers with a special **Mother's Day Luncheon** on **Wednesday, May 6th**. A delicious meal and a special gift for all our special ladies is on the menu. Gentlemen, please join us as well as we celebrate these great ladies that we are lucky to have in our lives.

May, 2026 is also when we recognize **Older Americans Month**. This year's theme, **Champion Your Health**, underscores prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing and advocating for your health, accessing preventive care, and making informed decisions. This year, we are focused on evidence-based approaches, self-management, caregiver roles, and community partnerships that empower individuals to lead healthy lives.

Our recent fundraisers have been very successful, thanks to all of you. Our Easter Egg Sales were 175 eggs sold in April. Thank you to all of our hard-working bunnies! Please join us this month for our big events. On **Friday, May 15th will be our Spring Picnic at 11 AM**. Call and reserve your space now and plan on coming out and enjoying all the fun! **Our Semi-Annual Yard Sale** will be, **JUNE 13th from 8 AM - 1 PM**. If you need a table, you have to reserve it prior to the event. Call Diane if you want to participate. On **Friday, JUNE 12th** we will host our **Semi-Annual Spaghetti Dinner Fundraiser**. Tickets for this event are \$12.00 per dinner.

Our **Memorial Day Tribute will be held on Friday, May 22nd at 11 AM**. Please come and honor our military service men & women and join us for lunch following the ceremony.

A Reminder: We have created a section in our Harvest Years Newsletter as well as online on our website for members to list any classified ads. Members can sell items, offer services, request services or list items that you may be need of. There are NO FEES. All that will be required is that you submit an ad and we will post it. Have questions? Please call.



Memorial Day

FOREVER REMEMBERED

In solemn silence, we gather near, to
Honor heroes we hold dear.
Their courage and sacrifice we recall, on
this Memorial Day, we stand tall. They
fought for freedom, gave their all,
answered duty's unwavering call. Their
memory we cherish, hearts embrace, with
gratitude, love, and solemn grace. For
the fallen, our gratitude will never fade,
on this day, their sacrifice forever
displayed. In their Honor, we solemnly
pray. Remembering them on this

MEMORIAL DAY.

Annual Memorial Day Tribute
Friday, May 22, 2026
11 A.M.

*Please Join Us For A Special Memorial Day Service
to Honor & Thank All Our Dedicated
United States of America Men & Women Who
Have Served & Continue to Serve!*

**AARP DRIVER SAFETY
4 HR. REFRESHER
COURSE**

NO MAY CLASS

We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.

\$260.16



Craft Room News

Tuesday Mornings - 9:30 - 11:30 AM

We have also discussed having classes on using mason jars, painted red, white & blue with artificial flowers and wreaths for the outdoor windows, to use for Memorial Day, Veterans Day, July 4th and other Patriotic Holidays. Keep in mind in 2026 we will be celebrating **America's 250th Birthday!**

Our MAY 5th CRAFT will be: Decorating artificial wreaths in Red, White and Blue to be displayed outdoor s& indoors to celebrate **America's 250 Birthday.**

Also, decorating cloth bags, plain greeting cards with decorated envelopes, and using clothes pins to be used in many different artistic ways.

So many great ideas for us to work on in the upcoming months. You are welcome to stop into any one of our classes and join the fun at being creative!!

Call Diane for further information. 302 698-4285 - Ext. 501

Happy Creative 2026



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Director's Report MAY 2026



We hope you are enjoying the return of warm weather. It seems as if it has been a long time coming!

As we have informed you earlier, the Board of Directors has established a \$2,000 scholarship to be awarded to a graduating senior at Caesar Rodney High School, class of 2026 who wishes to pursue a career related to programs for senior citizens. Four students have completed the application process including an essay explaining why they wish to do so. The Board will review each, consider their merits and choose a winner that we will announced soon. The Board thanks Sarah Borja, a counselor at CRHS for her help and cooperation in this exciting new venture for Harvest Years.

Next April, we will mark the center's "Golden Anniversary" and our fifty years of dedicated service to our membership. We want to celebrate this major milestone in an appropriate fashion. If you have suggestions for how we might do this, share them with a Board member. One idea might be sharing with us what the center and it's programs have meant to you that we can share in a booklet to share with others.

Speaking of celebrations, May is the month we honor our mothers. Remember yours and how we can "pay it forward" by what lessons we teach our children and grandchildren.

As always, we'll see you around the center.



Supplemental Nutrition Assistance Program
Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the second Tuesday of each Month during 2025. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



We again send our thanks to our member who give us their Redner's receipts each month, that supports our fundraising campaign in association with Redner's Market.

\$100.00

Our First Place Winner in the Jelly Bean Count Contest was: Carol Pawlowski - Carol won a beautiful Easter Basket!

Our Second Place Winner was Lisa Morabito - Lisa won the jar of Jelly Beans!

The count in the jar was 278!

It's Time to Get Moving!



"The first step towards getting somewhere is to decide you're not going to stay where you are."
-J.P. Morgan

A place to call home comes in many packages. It could be a move closer to family, or a senior community that offers less responsibility. There are also senior living communities with options for transitional housing to include independent living, assisted living and skilled nursing when the time comes. If you are thinking of selling your home, I can help you every step of the way! Contact me to begin your journey.

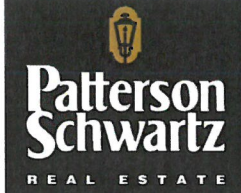


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REALTOR®, SRES®, PSA
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cwilson@psre.com
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WE DO NOT OFFER EVERY PLAN AVAILABLE IN YOUR AREA. ANY INFORMATION WE PROVIDE IS LIMITED TO THOSE PLANS WE DO OFFER IN YOUR AREA. PLEASE CONTACT MEDICARE GOV OR 1 800 MEDICARE TO GET INFORMATION ON ALL OF YOUR OPTIONS.

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Harvest Years

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30 South Street, Camden, DE

Phone (302 698-4285)

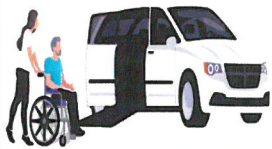
FAX (302 698-4286)

ARE YOU A SENIOR 60 OR OLDER, OR DO YOU KNOW A SENIOR

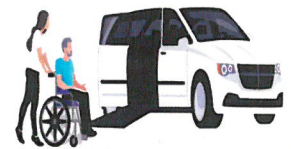
in your community that needs transportation to go grocery shopping or needs someone to shop for you and deliver your groceries to you at your door??

Become a member of **HARVEST YEARS SENIOR CENTER** today for an annual fee of \$25.00 per person, per year, and you can enjoy all the benefits of being a member. For a \$3.00 per trip fee you have your own personal shopper who can take you shopping or shop for you by taking down your grocery list and deliver the groceries to your door. You have a 2-hour time frame to utilize these services. We will do our very best to accommodate you on the days that are convenient for you. Many of your community members are enjoying the benefits of these services. You have a choice of many nearby grocery stores; Walmart, Aldi, Food Lion, Safeway, and Redner's.....

***** ARE YOU A SENIOR 60 OR OLDER, OR DO YOU KNOW A SENIOR *****



**in your community that needs
transportation to Medical Appointments?**



If you are in need of our ***“Medical Appointment Service”***, please call our front desk at **(302) 698-4285** to schedule your ***‘Pick--Up Time’***. Pick--Up times should be made 1 -2 weeks in advance. **Please call Harvest Years Senior Center for more information and scheduling between the hours of 12 Noon and 2 PM ONLY, Monday thru Friday to schedule your appointments.** We will pick you up 1/2 hour prior to your scheduled appointment. There will be a ***\$3.00 ‘Trip Donation’***. payable by cash or check. We will not go into Sussex County or New Castle County due to cost.

All cancellations must be called in 48 hours in advance.

FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

THANK YOU - THE MANAGEMENT

- MAY 2026 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1. Cheesesteak Sub Fried Onions Pickles / Chips Assorted Desserts</p>
<p>4. Ham & Cheese Sandwich Lettuce / Tomato Pickles / Chips Banana</p>	<p>5. Cobb Salad Turkey, Bacon, Lettuce / Tomato Blue Cheese Muffin</p>	<p>6. <u>MOTHERS DAY LUNCH</u> Roasted Turkey Stuffing / Gravy Green Beans Roll Pie</p>	<p>7. Beef Goulash Lima Beans Garlic Bread Jell-O w/Fruit</p>	<p>8. Chicken Salad Platter Macaroni Salad Lettuce / Tomato Assorted Desserts</p>
<p>11. Tom's 3 Bean Chili Rice Salad Corn Bread Pineapple</p>	<p>12. Chicken & Dumplings Peas Biscuit Mandarin Orange</p>	<p>13. Spaghetti w / Meatsauce House Salad Italian Bread Vanilla Pudding</p>	<p>14. Baked Tilapia Potatoes Au Gratin Stewed Tomatoes Cup Cake</p>	<p>15. <u>SPRING PICNIC</u> Hamburgers Hot Dogs Potato Salad Baked Beans / Cole Slaw Drinks Assorted Desserts \$10.00 PP</p>
<p>18. <u>Breakfast for Lunch</u> Pancakes Sausage Biscuit Danish</p>	<p>19. Chicken Pot Pie Tossed Salad Cantaloupe</p>	<p>20. Baked Salmon Yellow Rice Peas & Carrots Muffin</p>	<p>21. <u>Birthday Luncheon</u> Oven Roasted Pork Loin Rice Vegetable Blend Cake / Ice Cream In-House Only</p>	<p>22. <u>MEMORAL DAY LUNCH</u> BBQ Chicken Potato Salad Cut Green Beans Cake </p>
<p>25. CLOSED </p>	<p>26. Chicken Parmigiana w/Pasta Tossed Salad Chocolate Pudding</p>	<p>27. Fish Sandwich Potato Tots Coleslaw Tartar Sauce Cookie</p>	<p>28. Baked Chicken Macaroni & Cheese Broccoli Roll Fruit Cocktail</p>	<p>29. Imitation Crab Salad On a Croissant Lettuce / Tomato Chips Assorted Desserts</p>

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredient: Milk, eggs, wheat, soybeans, peanuts, tree nuts, shellfish, and seafood base.

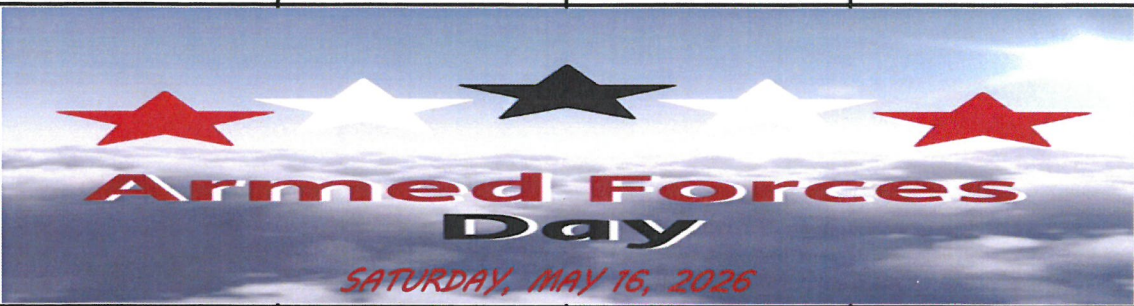
Harvest Years is OPEN FOR LUNCH AT 11:30 AM Note: PICK-UP LUNCHES @ 11:45 AM - 302 698-4285



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and your list of medications, your primary Dr's name & phone # and an emergency contact person & phone #. If you do not bring your ID and Info you will not be permitted on the trip. There are some trips that will require a photo ID.

- MAY 2026 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Armed Forces Day <i>SATURDAY, MAY 16, 2026</i></p>				1. 9:30 AM Phase 10 10 - 11 AM Line Dancing
4. 9:30 AM - L.I.F.E. Aerobics Class	5. 9:30 AM - Crafts 12:30 PM - Domino's 9:30 AM Tai Chi Class	6. 9:00 AM SENIOR CHAIR VOLLEYBALL 9:30 AM - CERAMICS	7. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	8. 9:30 AM Phase 10 10 - 11 AM Line Dancing 12:30 PM BINGO
11. 9:30 AM - L.I.F.E. Aerobics Class 1 PM Paint by Number Class	12. 9:30 AM - Crafts 12:30 PM - Domino's 9:30 AM Tai Chi Class	13. 9:00 AM SENIOR CHAIR VOLLEYBALL 9:30 AM - CERAMICS	14. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	15. 9:30 AM Phase 10 10 - 11 AM Line Dancing
18. 9:30 AM - L.I.F.E. Aerobics	19. 9:30 AM - Crafts 12:30 PM - Domino's 9:30 AM Tai Chi Class	20. 9:00 AM SENIOR CHAIR VOLLEYBALL 9:30 AM - CERAMICS	21. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	22. 9:30 AM Phase 10 10 - 11 AM Line Dancing
25. CLOSED  <i>Honor & Remember</i>	26. 9:30 AM - Crafts 12:30 PM - Domino's 9:30 AM Tai Chi Class	27. 9:00 AM SENIOR CHAIR VOLLEYBALL 9:30 AM - CERAMICS	28. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	29.: 30 AM Phase 10 10 - 11 AM Line Dancing



TAI CHI EXERCISES

**Tai Chi Classes
Every Tuesday
9:30 AM**

HIGHLIGHTS OF UPCOMING 2026 SHOWS

"PRETTY WOMAN" - THURSDAY, SEPTEMBER 17, 2026 - SOLD OUT

"JOSHUA" Sight & Sound Theatre - THURSDAY, OCTOBER 15, 2026 - SOLD OUT

"HOLLY JOLLY HOLIDAY" - NOVEMBER 19, 2026 - \$140.00 PP - ALL INCLUSIVE

A \$50.00 Deposit Is Due At Sign-Up On ALL TRIPS!!!

NOTE: FYI - The "Mystery Trip" I have been working on has finally been completed:

WEDNESDAY, SEPTEMBER 23, 2026

COST: \$115.00 PP - TOUR BUS TRANSPORTATION & DRIVER GRATUITY - LUNCH ON YOUR OWN OFF MENU

****All Final Payments Due 1 Month Before the Show / Trip Date !!!****

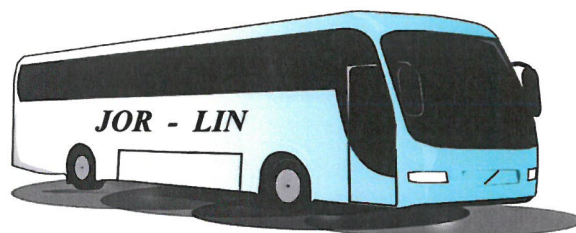
**NOTE: ALL ABOVE SHOW TRIPS LISTED ARE RATED (E)
There will be minimal walking on primarily flat surfaces**

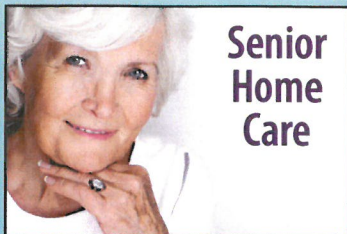
*****As A Reminder ~ Tour Buses Do Not Have Lifts ***
They Are Not Handicap Accessible**

After January 1, 2026 I will be working on several other trips. Hopefully I can add them to our 2026 schedule AN UPCOMING issues of our Newsletter!

**Call Diane for additional information & pricing on the 2026 Shows
302 698-4285 Ext. # 501**

If time permits for one more trip in 2026 I will select a date ASAP.





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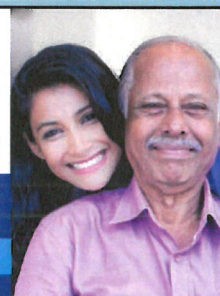
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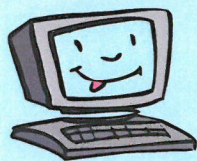
Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

302 698-4285 - Ext. # 503



Don't know what to do
now that you've turned on
your computer or
smart phone?

Mark has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the new *"Computer Guy"*!

Good News!! If Mark is unavailable we can again call on Terry Anderson to assist you with your computer or phone.

Call: 302 698-4285

If you need help in signing up for our new *Virtual Audio Program highway61.com* and our *i-Pod Lending Program*.

**Please call the center.
ask for Tom!**

Laughter Is The Best Medicine



'Cool' Grandma !!

That flamboyant grandmother wearing black leather and riding a Harley may not fit the picture of an old-fashioned granny, yet she is a confident and free-spirited woman. Her children call her eccentric, but her grandkids call her

"Cool!"

Grandmother's Love

Whatever their backgrounds or interests, grandmothers share common ground.

They enjoy special family recipes or dishes, they share family jokes, common expressions or songs, and they participate in traditions and special events that bring the family together. But most important of all, they're crazy about their grandchildren, and will go to the ends of the earth to play multiple roles as nurturers, caregivers, mentors, and wizards to them.





Next Ladies Breakfast - Monday, May 11, 2026

If You are Planning On Attending Please RSVP By MAY 5 , 2026

There are many new and exciting trips scheduled for 2026 and in addition we have added some new fun indoor games at the center. The new Senior Chair Volleyball Game is becoming very popular on Wednesday mornings. Our new Shuffleboard Game in the dining room is growing in popularity. Stop in and join us to have fun while exercising. I only ask of you, if you sign up to attend and cannot join us, to please call me and let me know ASAP! I need an accurate number of people so that I can let the restaurant know in advance. If I tell them 15+ for example and only half show up it is not fair to me or the restaurant staff who brings in extra help to serve us.

Our 2025 *Giving Campaign* continues into 2026 and we would like to thank all those who have contributed since our campaign was closed in late December 2025.

- Dot Adams
- Eva Hightower
- Joyce Stockslager
- Patricia Williams
- John & Carol Walters
- Ellen & Frederick Ainge
- Carol Haire
- Amy Shockley
- Helen O'Brien
- Mary Muffley

Thank You for all your support and generosity!!



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

COST: New Pricing Effective 10/2025

**Members - \$5.00 – Eat-In - (Delivery - \$7.00)
Non- Members - \$7.00**

**Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!**

**JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON
TOWARDS YOUR 1st LUNCH WITH US!!
FOR NEW MEMBERS ONLY - 2026**

Homemade Soups

**Members: \$4.00 Cup / \$5.00 Pint / \$6.00 Quart
Non-Members: \$5.00 Cup/ \$6.00 Pint/ \$7.00 Quart**

EXTRA IN-HOUSE ITEMS

**Regular Desserts \$2.00 each
Just Entrees \$4.00 each
Starch/Vegetable \$2.00 each**

**Specialty Desserts: \$3.00 Cup/\$5.00 Pint/ \$7.00 Quart
Meat Based Entrées**: \$4.00 Cup/\$6.00 Pint/\$8.00 Quart
Chili, Chicken & Dumplings, Beef Stew, etc.



***Our 'Soup-To-Go
Kitchen Is OPEN.***

***Call Daily to Order
Your Homemade Soup.***

**** Calling All Volunteers****

We are looking for a Harvest Years member or a member of our community to help us out, to help us run our low impact aerobics class. We are down to two volunteer instructors, and we are looking for your Help!! We need volunteer instructors, and if you have extra time, 1-2 hours a week in the morning from 9:30-10:30 AM, Monday or Thursday please call us or stop by the front desk and give us your name.

Thank You, Tom Bones



**CAMDEN - WYOMING
LIONS CLUB**

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club

***Meets ONCE Monthly at
Harvest Years Senior Center
30 South Street, Camden, DE***

***Next Upcoming Meetings:
Monday, MAY 18, 2026***

***Dinner: 6:30 PM - Meeting Follows
Lions Club
Ready to Help, Worldwide***

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk.

You may purchase tickets ahead of time.

You must reserve your slot 1-2 weeks ahead of time.

Trip Costs are:



**\$ 0.50 Per Trip
\$ 5.00 for 10 Trips
\$ 10.00 for 20 Trips
\$ 20.00 for 40 Trips**



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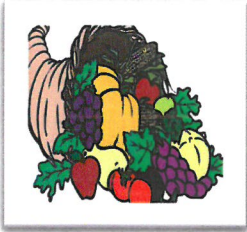
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E-mail: hysc@comcast.net



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MEMORIAL DAY

Remember and Honor



GOD BLESS OUR TROOPS



*God Bless Our Troops,
Always remember to keep
them all in Our Daily Thoughts
and Prayers.....*



MAY 2026

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