#### Harvest Years



2025

Senior Center

# Harvest Years Monthly



JULY 2025 VOLUME 23 - ISSUE 7

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 48 Years - 2025

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#### **HOURS**

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

#### **Telephone Ext's**

302 698-4285

Front Desk - 500 Diane - 501 Kitchen - 502 Hair Salon - 503 Director - 504

# Harvest Years Senior Center, Inc. Board of Directors 2025

Jack Walters.....President
Judie Burke.....Vice President
Barbara Morton.....Treasurer
Loretta Way.....Secretary
Tom Bones.....Executive Director

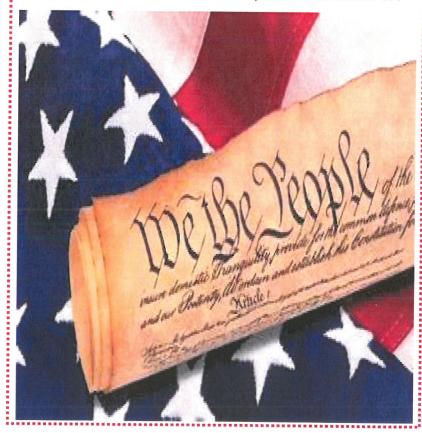
Board Members: Sandi Billings, Gary Kutsch Betty Martin

Next Board Meeting: July 10, 2025

Harvest Years Senior Center Members
are Welcome to Attend



#### HAPPY BIRTHDAY, AMERICA!!



# Birthdays

- 2 Kenneth Ward
- 4 Nancy Grebe
- 4 Anna Richter
- 5 Mickey Jones
- 5 Donna Purdy
- 6 Judi Heritage
- 7 Barbara Beachy
- 8 Karen Coale
- 9 Fred Ainge
- 9 Toddie Reckner
- 10 Harriett Paglusch
- 10 Steven Pratt

- 11 Daniel Bailey
- 11 Richard Parson
- 12 Maureen Berge
- 13 Hayward Auerbach
- 13 Karen Bailey
- 13 Deb Pauley
- 14 Claudette Conroy
- 14 James Malloy
- 15 Virgina LeHuquet
- 15 Charles Orr
- 16 Cynthia Boone

- 17 Jane Nixon
- 19 Angie Emerson
- 19 Dorothy Klemas
- 20 Naomi Henderson
- 22 Carmen Villanueva
- 23 Patricia Cockerill
- 23 Doris Moffett
- 24 Leslyn "Frankie" Vaughn
- 24 Richard Wertz
- 25 Linda Brace
- 27 Octavian Dunareanu
- 30 Marian Vitnelli

### A Wish for your Birthday

May your Birthdays be filled with all the things you love!!

#### \*\*\*<u>PLEASE BE SURE TO CALL\*\* (302) 698-4285</u>\*\*\*

\*\*\*PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH\*\*\* to be delivered to your home on the third Thursday of JULY Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. Free Birthday lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for JULY it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front Reception Desk. HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30PM. Call in your Lunch Delivery Order or In-House Reservations by 10 AM. 302-698-4285

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 11:30 AM



\$104.59

We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.



Help Us Celebrate July 4th We are in need of new flags at the POW/MIA site. The flag

Sizes are 3' X 5'. Please call Tom to find out what type of flags are needed for severe weather & windy conditions. Cash donations or Flag donations gratefully accepted. Thank You.

#### From Your Executive Director Tom Bones

Notes From Your Activities Director Diane Amoroso

There is plenty of summer fun ahead as we begin the month of July! Join us here at The Harvest Years for some cool treats, some good eats and some fun in and out of the sun!

As a reminder, during these peak months, please take advantage of our air-conditioned vehicles. The cost of local pickup is as little as \$.50 each way. Come in and enjoy some company, a good, cool card game or just a delicious lunchtime meal with friends. You have lots of choices.

We had to cancel our Semi-Annual Yard Sale because of rain on June 15th, but we have moved the yard sale indoors for the month of July, Monday thru Friday, 8 AM - 3 PM. Stop in and you might find some treasures that you can't live without.

Our "Volunteer of the Month" is *DOT ADAMS*. Give her a shout out!!

Don't forget on *Thursday, July 3rd* we will celebrate July 4th with our *Annual Ice Cream Social* sponsored by *Pace Your Life*. With lunch your sundae will be *FREE!* Stop in and have lunch and cool off during the summer months. Remember, we have also brought back the *Root Beer Floats* for all you fans! Only \$2.00 for Harvest Years members.

For the remainder of the summer, we will continue to have extended hours for Healthcare Transportation. Appointments will still be Monday thru Friday, and the hours will be 8 AM - 3 PM. As always, please call to schedule your appointment at least 2 weeks in advance if possible. If you have any questions, please call us at 302 698-4285.

Lastly, a reminder that our *Fall Yard Sale* will be held on Friday, August 29th from 8 AM to 1 PM. Our *Fall Picnic* will be held on Friday, September 12th. Our *Fall Craft Fair* is scheduled for Saturday, November 15th and our *Pancake & Sausage Breakfast* will be on Wednesday, October 8th beginning at 7 AM. Future flyers and much more information to follow!! Make your reservations early for all of these events.

Safe travels to all who are visiting family and friends during the summer months.

Please reach out to us if you should need anything.

Stay Cool and Happy Fourth of July

# Let's Celebrate

## America

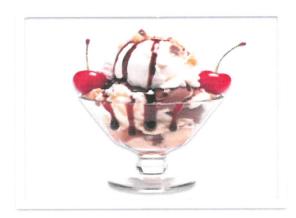
At Harvest Years we begin our Celebration on July 3rd with a special dessert after lunch. We are being treated to a FREE Ice Cream Sundae, sponsored by Lyndsie Smyser, Community Engagement Coordinator for PACE YOUR LIFE.

Lyndsie is associated with the Milford Wellness Village in

Milford, DE.

Join us for a July 4th Celebration lunch with this special Ice Cream Sundae dessert and learn about what the Pace Your Life team and their network contracted providers can provide

for you.



#### AARP DRIVER SAFTEY 4 HR. REFRESHER COURSE

NEXT CLASS - SEPTEMBER 22nd

9 AM - 1 PM

#### LIMIT 12 PEOPLE

COST: MEMBERS: \$20.00 Non Members: \$25.00 Checks Payable to *AARP* 

CALL: HYSC at 302 698-4285 to reserve your seat.



2025 Summer Arts in the Park
Wednesdays, 6:30 PM
Brecknock County Park
30 Old Camden Road, Camden, DE

JULY 2 - Philly Heart & Soul Band (1970's Tribute)

JULY 9 - Sticky Situation (Classic Rock/Country/Pop

JULY 16 - Reunion - (Classic Rock & Soul)

JULY 23 - The Jones Boys - (Classic Country/Oldies

JULY 30 - Mike Hines & The Look (Dance/Hip-Hop/R&B)

AUGUST 6 - Raising Cain (Classic Rock/Country/Pop

AUGUST 13 - Dusty Vinyl (Classic Rock)

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#### **JULY 2025 REPORT**

#### GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT

# Growth. Housing growth. The lack of independent restaurants. Traffic. School student count. Healthcare services. Boy oh boy, where are we?

Kent County is experiencing a growth spurt in housing. Whether this is true or not, really is immaterial. The truth is that it "feels" like growth is happening everywhere.

Back in 2004-2008, Levy Court approved more than 60,000 new lots in subdivisions. 60,000 new homes equates to about 36,000 new students, 120,000 more people, and about 360,000 more trips per day. Fortunately, it didn't all work out. In 2008, the housing market crashed, and many of those approved lots have since dropped off. The County has a rule that if an approved property does not have any improvements in five years, the permit is pulled. I don't know the exact number that have been dropped, but it is significant. The beauty of this rule is that any new development in the same space will have to follow any new rules that are put in place.

Just in the Caesar Rodney School District, a recent inventory indicated about 4,000 lots approved. Some people assume 4 persons per home. The industry, the Governments, and professionals assume 2.6 people per home, based on the fact that many retirees without children are relocating to Delaware. 4,000 homes results in about 2,400 more students, spread across 19 schools and 13 grades, from pre-school to twelfth grade. It is still a growth factor that needs to be considered.

4,000 homes also calculates into about 24,000 trips per day in the CR school district. Anyone who has to travel Rt 13 between Rodney Village and Woodside knows how bad the traffic is, especially between 3pm and 6pm.

With both traffic and school issues, the problem is how they are resolved. Roads are not improved until AFTER traffic or accident data has already proven that the road needs improving. Schools Districts cannot expand until AFTER they are well past capacity. Then, their expansion is just enough to manage the capacity they have, and not any growth that may be coming.

There is a group that is currently reviewing things like population growth out to 2050. That is the Dover Kent Metropolitan Planning Organization. Their <u>Innovations 2050</u> details focuses on growth over the next 25 years, especially as it pertains to traffic. This is a tool that school districts, Bayhealth Medical, independent doctor offices, and many commercial entities should be following. It details demographics of age, sex, job growth, and much, much more. You can see this information at:

#### https://doverkentmpo.delaware.gov/innovations2050/

But, more than anything, you need to be involved. Be involved in understanding your State Legislators' stance on growth. Be involved in understanding your Kent County Commissioners' stance on growth. Understand their relationships with developers, the Real Estate community, and builders. Be involved in understanding school board members stance on school growth. Ask all of these if they are aware of Innovations 2050, and have they read it.

You have a voice. No government in Kent County or Delaware denies the public an opportunity to speak.

#### **GET INVOLVED!**

#### Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the second Tuesday of each Month during 2025 If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174

#### Celebrate America Red, White, & Blue Fruit Salad

#### **INGREDIENTS:**

1/2 Pineapple cut up OR 4 Apples, cut into 1/2" thick slices - then cut into stars w/cookie cutters.

1 Small Watermelon cut into chunks

1 Pt. Raspberries

1 Pt. Strawberries, sliced

1 Pt. Blueberries

3 Tbs. Honey

1 Lime

1 Orange, juiced

#### **INSTRUCTIONS:**

- 1. Rinse the fruit if needed, cut it, then toss the fruit together in a bowl.
- 2. In a small mixing bowl, whisk together the honey, orange juice, and lime juice. Pour over the fruit and let it stand for at least 15 minutes before serving.

Note: You could easily toss in Blackberries, Golden I Raspberries, or Red Grapes. \* SERVES 10 \*

### It's Time to Get Moving!



"The first step towards getting somewhere is to decide you're not going to stay where you are." -J.P. Morgan

senior living communities with options for transitional housing to include If you are thinking of selling your home, I can help you every step of the way!

# 田金

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# Director's Report July 2025



Happy 4th of July from your Board of Directors. We hope yours was a rousing one.

We want to update you on a couple of our summer projects. The second shed we are placing behind the center to make it easier for our staff to retrieve materials will be completed within the first two weeks of July. The hold up right now is laying the concrete foundation the shed will sit on due to the untimely passing of the individual we hired to do the work. We have hired another person and the project should hopefully be completed by the time you read this.

We are waiting for call backs from people who can do the necessary patch work in the great room before we can repaint it. Once that is done and we get approval of a state community investment grant, we will order new chairs. We have chosen what we are going to purchase and believe you will find them to be more attractive and comfortable than the current ones.

Our Center's savings account is over \$100,000 but draws very little interest. The Board decided to take \$30,000 and put it in a six-month CD that earns a much higher interest. At the end of that time we can take the money out or let it roll over.

We have also established a working relationship with the Caesar Rodney School District. We will, starting next Spring, award a \$2,000 scholarship to a graduating CRHS senior who wishes to pursue a college degree related to programs and services for the elderly. The funds would be sent to that individuals college or university upon the successful completion of their first semester.

We are also working with the district to establish a program whereby volunteers from the Center will get the opportunity to help teachers and students at Simpson Elementary School and perhaps at Fifer Middle School. We'll give you more details in the fall. As a non-profit we believe community involvement is an integral part of our mission and what better way to do that than working with our youth.

The district invites all of you to attend a preview performance, at no cost, of the high schools fall performance of an old classic, "Arsenic and Old Lace". The show will be held the afternoon of November 4th at a time to be determined.

Try to stay cool and, as always, we'll see you around the Center.

**JACK** 

- JULY 2025 MENU -						
Monday	Tuesday	Wednesday	Thursday	Friday		
WAPPY July	1. Lasagna Side Salad Garlic Bread Mandarin Orange	2. Baked Cod Fish Tartar Sauce Parsley Potatoes Stewed Tomatoes Vanila Pudding	3.  BBQ Pork Sandwich  Coleslaw  Chips  Donut  Free Ice Cream  Sundae w/Lunch	4. CLOSED		
7. Chef's Salad Turkey, Ham, Egg, Lettuce/Tomato Cucumber Chocolate Chip Cookie	8. Baked Tilapia Roasted Potatoes Mixed Vegetables Fruit Cocktail	9. Spaghetti w/Meatballs Loot Salad Olives, Onion, Tomato/Lettuce Italian Bread Peaches	10.  Baked Chicken  Mashed Potatoes  Gravy  Succotash  Banana	11. Imitation Crab Salad on a Croissant Lettuce/Tomato Chips Assorted Desserts		
14. Ham & Swiss on Rye w/Lettuce/Tomato Pickles/Chips Watermelon	15. Shepard's Pie Tossed Salad Roll Pears w/Blueberries	16. Homemade Beef Stew Biscuit Applesauce Pears	17. <u>Birthday Luncheon</u> Chicken Parmigiana w/Pasta House Salad Cake Ice Cream IN HOUSE ONLY	18. Roast Beef Sandwich Lettuce/Tomato Pickles/Chips Assorted Desserts		
21.  Baked Fish  Potato Salad  Baked Beans  Chocolate Pudding	Beef Tips Over Noodles Cauliflower Mandarin Orange	Z3. Tom's 3 Bean Chili Rice Tossed Salad Corn Bread Apple Crisp	24. Swedish Meatballs Noodles Peas Jell-O w/Fruit Cupcake	25. Pizza Party Cheese Pizza Chips Assorted Desserts		
28 Grilled Chicken Salad Lettuce/Tomato Blueberry Muffin	Baked Ziti Buttered Carrots French Bread Pineapple	30.  Baked Salmon  Tartar Sauce  Sweet Potato  Vegetable Blend  Lemon Bars	31.  BBQ Pork Chop  Macaroni & Cheese  Green Beans  Butterscotch Pudding	hello		

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredient: Milk, eggs, wheat, soybeans, peanuts, tree nuts, shellfish, and seafood base.

Harvest Years is OPEN FOR LUNCH AT 11:30 AM Note: PICK-UP LUNCHES @ 11:45 AM - 302 698-4285 MENU IS SUBJECT TO CHANGE. CALL; 302 698-4285



#### **IMPORTANT INFORMATION FOR YOU!**

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and your list of medications, your primary Dr's name & phone # and an emergency contact person & phone #. If you do not bring your ID and Info you will not be permitted on the trip. There are some trips that will require a photo ID.

- JULY 2025 ACTIVITIES -						
Monday	Tuesday	Wednesday	Thursday	Friday		
4th of July	1. 9:30 AM - Crafts 12:30 PM - Domino's  New: 9:30 AM Tai Chi Class	2. 9:15 AM - 10:15 AM NO Land Aerobics 9:30 AM - CERAMICS 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	4. CLOSED  Happy  4th of July		
7. 9:30 AM - L.I.F.E. Aerobics Class	8.  9:30 AM - Crafts  12:30 PM - Domino's  New: 9:30 AM Tai Chi Class	9:15 AM - 10:15 AM Land Aerobics 9:30 AM - CERAMICS 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	11. 9:30 AM Phase 10  10 - 11 AM NO Line Dancing  12:30 PM BINGO		
9:30 AM - L.I.F.E. Aerobics Class 1 PM Paint-by-Number Class	9:30 AM - Crafts 12:30 PM - Domino's  New: 9:30 AM Tai Chi Class	16. 9:15 AM - 10:15 AM Land Aerobics 9:30 AM - CERAMICS 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	18. 9:30 AM Phase 10 10 - 11 AM Line Dancing		
21. 9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12:30 PM - Domino's  New: 9:30 AM Tai Chi Class	23. 9:15 AM - 10:15AM Land Aerobics  9:30 AM - CERAMICS  12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12;30 PM Rummikub	9:30 AM Phase 10  10 - 11 AM\ Line Dancing		
28. 9:30 AM - L.I.F.E Aerobics Class  1 PM Paint-by-Number Class	29. 9:30 AM - Crafts 12:30 PM - Domino's  New: 9:30 AM Tai Chi Class	30. 9:15 AM - 10:15AM Land Aerobics 9:30 AM - CERAMICS 12:30 PM - Hand & Foot	31. 9:30 AM - L.I.F.E. Aerobics Class 12;30 PM Rummikub	1. 9:30 AM Phase 10 10 - 11 AM\ Line Dancing		



New:

Tai Chi Classes Every Tuesday 9:30 AM

#### Harvest Years Senior Center's Upcoming 2025 TRIPS

THURSDAY, JULY 17TH, ANNUAL MYSTERY TRIP - All Inclusive Price - \$125.00 Per Person - Tour Bus Transportation, Driver Gratuity, "Mystery" and a fabulous lunch!!

SOLD OUT - WAIT LIST IS AVAILABLE

THURSDAY, JULY 24TH - DUTCH APPLE THEATRE PRESENTS "THE WIZARD OF OZ". FOLLOW THE YELLOW BRICK ROAD AND THIS TIMELESS TALE WHO TRAVELS OVER THE RAINBOW TO THE MAGICAL LAND OF OZ. SONGS FROM THE ICONIC MGM SCORE. A MUST SEE MUSICAL DELIGHT! ALL INCLUSIVE COST OF \$135.00 PP.

THURSDAY, AUGUST 14TH - CHESTERTOWN RIVER CRUISE - NOTE: AT THIS TIME IT LOOKS LIKE WE HAVE OUR 35 PEOPLE FOR THE 2ND RIVER CRUISE ON THE CHESTER RIVER IN CHESTERTOWN, MD. THE COST PER PERSON IS \$100.00; COST INCLUDES THE TOUR BUS TRANSPORTATION, DRIVER GRATUITY, LUNCH, AND THE CRUISE. NOT INCLUDED ARE THE DRINKS ON BOARD - SODA, WINE, OR A MIXED DRINK ARE EXTRA.

SOLD OUT - WAIT LIST IS AVAILABLE

THURSDAY, AUGUST 28TH - DUTCH APPLE THEATRE PRESENTS "THE BUDDY HOLLY STORY". HEAR THE MAN, HEAR THE MUSIC AND RELIVE THE LIFE OF A LEGEND! GET READY TO ROCK 'N ROLL. FOLLOW HIS RISE WITH HITS LIKE PEGGY SUE, OH BOY, THAT'LL BE THE DAY, AND SO MUCH MORE! ALL INCLUSIVE COST OF \$135.00 PP.

SOLD OUT - WAIT LIST IS AVAILABLE

TUESDAY, SEPTEMBER 16TH - SIGHT & SOUND PRESENTS "NOAH" - A SPECIAL 30TH ANNIVERSARY PRESENTATION - ALL ABOARD THE ARK - RETURNING FOR ONE SEASON ONLY, THIS LANDMARK PRODUCTION TAKES YOU ON BOARD ONE OF THE WORLD'S BEST KNOWN VOYAGES. SET SAIL INSIDE THE ENORMOUS ARK AS THIS EXTRAORDINARY STORY COMES TO LIFE. ALL INCLUSVE COST OF \$175.00 PP.

SOLD OUT - WAIT LIST IS AVAILABLE

THURSDAY, OCTOBER 2ND - DUTCH APPLE THEATRE PRESENTS "A CHORUS LINE" - 50TH ANNIVERSARY REVIVAL BROADWAY SHOW - GET A GLIMPSE INTO THE LIVES OF 17 BROADWAY DANCERS ALL VYING FOR A SPOT ON A CHORUS LINE. A FABULOUS MUSICAL AND DANCE SHOW. ALL INCLUSIVE COST OF \$135.00 PP

WEDNESDAY, OCTOBER 15TH - LOVE CHOCOLATE? LET'S VISIT THE HERSEHY CHOCOLATE WORLD for a fun-filled day. We will arrive at 10 AM and begin our Hershey Chocolate Tour, then we will Create Our Own Candy Bar and then enjoy a private seating for Lunch. ALL INCLUSIVE COST: \$125.00 PP RATED (ME)

SATURDAY, NOVEMBER 8TH - DUTCH APPLE THEATRE - IRVING BERLIN'S "HOLIDAY INN" - THE BROADWAY MUSICAL! YOU ARE INVITED TO BEGIN THE 2025 HOLIDAY SEASON WITH ANOTHER FABULOUS SHOW AT THE DUTCH APPLE THEATRE!!

SEATS ARE STILL AVAILALE AT ALL SHOWS - A \$50.00 DEPOSIT IS REQUIRED AT SIGN-UP - FOR ALL THE ABOVE SHOW TRIPS. RATED (E)

Feel free to stop by my office or call me for further information = Diane 302 698-4285



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#### HARVEST YEARS

SENIOR



CENTER

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Hours: Wednesday, & Thursday 9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

WE SADLY HAVE TO SAY GOODBYE TO
TERRY ANDERSON WHO HAS BEEN OUR
"COMPUTER GUY" FOR OVER 15 YEARS. WE WISH HIM
WELL AND SEND HIM OUR SINCEREST
THANK YOU.

\*\*\*\*\*\*

We now welcome *Mark Van Pelt*, who has offered to teach a one on one class on how to use your computer and/or your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

Call: 302 698-4285

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

#### Health Care Transport Program

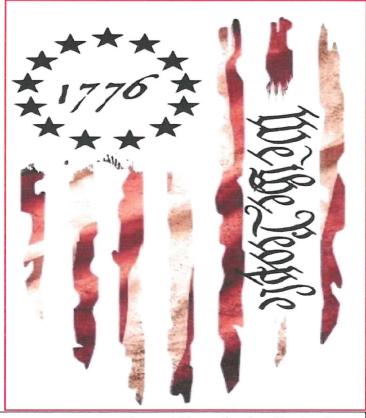
If you are in need of our "Medical Appointment Service", please call our front desk at 302 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance.

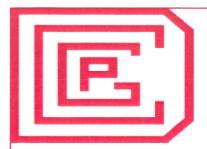
FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

THANK YOU - THE MANAGEMENT





Harvest Years Senior Center. Inc.



# Delaware Council on Gambling Problems, Inc.

#### Who We Are:

The Delaware Council on Gambling Problems (DCGP) is a nonprofit 501c)(3) health agency founded in 1979 to provide programs & services for problem gamblers and their families. We're made up of caring individuals who have real, first hand experience with problem gambling. We are gambling neutral, not for or against gambling.

The mission of the DCGP is to raise public awareness that problem gambling disorders are treatable and to facilitate the development of a network of services for problem gamblers and their families.

Problem Gambling destroys lives—but not just the lives of gamblers. Family and friends are also victims of problem gambling. Often times, people suffering with a gambling problem don't realize the impact it has on others and are incapable to stopping it themselves.

We understand that **seniors** often use gambling to fill a sense of loneliness in their lives. We can help them find other social outlets. We understand the **young people** have a hard time understanding the consequences of their risky behavior. We help them understand the casual effect of gambling.

We provide free and confidential treatment services for family members of problem gamblers. These include full clinical assessment, development of a plan of action to deal with difficulties caused by problem gambling, and participation in 12-techniques for long term recovery.

Living with a problem gambler can be extremely difficult. The Delaware Council on Gambling can help you find stability in a chaotic situation.

Please Call - 1—888-850-8888 or test 3022—438-8888 and ask for help.

Or use our online chat line.



#### You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

#### COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON
TOWARDS YOUR 1st LUNCH WITH US!!
FOR NEW MEMBERS ONLY - 2025

Homemade Soups \$4.00 Cup / \$5.00 Pint / \$6.00 Quart EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items -See Tom or Marguerite

Bon Appetite!!

Our 'Soup-To-Go Kitchen' is

CLOSED UNTIL FURTHER
NOTICE

#### Laughter Is The Best Medicine

After she misplaced and hunted for her keys for the 5th time in the same day, Patty was finally ready to go out to dinner with her husband. On the way out the door, she commented, "Sometimes, I really think I've lost my mind."

"It wouldn't surprise me," muttered her husband.

"What did you just say?" asked Patty, outraged.

"I said it wouldn't surprise me—you've given me a piece of it every day for the past 40 years now!"

That's When The Fight Started!!



#### CAMDEN - WYOMING LIONS CLUB

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club Meets twice Monthly at Harvest Years Senior Center 30 South Street, Camden, DE

#### NO MEETINGS UNTIL THE FALL

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

#### TRANSPORTATION SERVICES

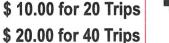
The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time.

You must reserve your slot 1-2 weeks ahead of time.



#### **Trip Costs are:**

\$0.50 Per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips





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