Harvest Years



2024

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2024

Jack Walters......President
Judie Burke.....Vice President
Barbara Morton.....Treasurer
Judy Lomax....Secretary
Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch

Harvest Years Senior Center Members are Welcome to Attend

Harvest Years Monthly



May 18th

May 2024 VOLUME 22 - ISSUE 5

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 47 Years - 2024



Wonderful Mother

God made a wonderful mother,
A mother who never grows old;
He made her smile of the sunshine,
And He molded her heart of pure gold;
In her eyes He placed bright shining stars,
In her cheeks fair roses you see;
God made a wonderful mother,
And He gave that dear mother to me.

And Grandma's too...

While we honor all our mothers with words of love and praise.
While we tell about their goodness and their kind and loving ways.
We should also think of Grandma, she's a mother too, you see....
For she mothered my dear mother as my mother mothers me.

Author Unknown

Happy



Birthdays

- 1 Donna Ebell
- 2 Robert Gadsden
- 2 Edward Pfeiffer
- 2 John Roch, Jr.
- 3 Etta Moyer
- 4 Peter Trotta
- 5 Patricia Fisher
- 6 Robert Raczynski
- 7 LeRue Wensel
- 8 Arlene Anderson
- 8 Sheila Dennis
- 9 Greta Fountain
- 10 Patsy Brown
- 10 Patricia Eccles
- 10 Ann Marie Taylor
- 10 Zerfines Tsadik
- 12 Rita Saulsbury
- 15 Dave Hilton

- 15 Bruce MacGloan
- 15 Maureen Reb
- 16 Barbara Ball
- 17 Charlotte Costello
- 17 William Green
- 17 Rica Irvin
- 17 Margaret Smith
- 19 Betty Richard
- 19 Elizabeth Tabaac
- 20 David Baird
- 20 Betty Haley
- 20 Karen Turner
- 20 Marlou Woodward
- 21 Virginia Dear
- 21 Kathleen Strawn
- 22 Karen Cassidy
- 22 Susan Williams

- 23 Bill Hufnal
- 23 Helen Radtka
- 24 Lydia Reed
- 25 Debra Pratt
- 25 Nancy Blue Rogall
- 25 Sharon Widener
- 26 Ann Cahill
- 26 Gloria Carey
- 26 Betty Ray
- 26 Wini Walton
- 29 Joy Torbert
- 30 Barbara Pavelka
- 30 Bonnie Procopio
- 30 Lois Ann (Tuslin) Williams
- 31 Edward Aziz
- 31 Paul Denick
- 31 Joan Mahan
- 31 Susan Montanye

PLEASE BE SURE TO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH to be delivered to your home on the third Thursday of MAY Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. Free Birthday Lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for MAY it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front desk......

HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.

Call in your Lunch Delivery Order or In –House Reservations by 10 AM.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.

Thank You, the Management



REMEMBER OUR
POW's/MIA's



Keep Them in Your Daily Thoughts & Prayers We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.



\$103.23



From Your Executive Director Tom Bones

May days are here! We have plenty of spring activities planned here at The Harvest Years to keep us busy as bees. All are guaranteed to put a little spring in your step, so please join us.

We will celebrate and remember all of our mothers and grandmothers with a special *Mother's Day Luncheon* on *Tuesday, May 7th*. A delicious meal and a special gift for all of our special ladies is on the menu. Gentlemen, please join us as well as we celebrate these great ladies that we are lucky to have in our lives.

May, 2024 is also when we recognize and celebrate Older Americans Month. This year the theme will be, Powered by Connection, which recognizes the profound impact that meaningful and social connections have on our health and well being. We will explore the vital role that being connected plays in supporting our independence and again in place, by combatting isolation, loneliness and other issues.

Our recent fundraisers have been very successful, thanks to all of you. Our Easter egg sale exceeded 150 eggs sold in April. Thank you to all of our hard working bunnies!

Please join us this month for two big events. *On Friday, May 10th* we will host our semi-annual *Spaghetti Dinner Fundraiser*. Tickets for this event are \$12.00 per dinner.

Friday, May 17th will be our Spring Picnic at 11 A.M. Call and reserve your space now and plan on coming out and enjoying all the fun.

Our *Memorial Day Tribute* will be held on *Friday, May* 24th at 11:30 A.M. Please come and honor our military service men and women and join us for lunch that day following the ceremony.

We are creating a section in our *Harvest Years Newsletter* as well as online on our website for our members to list or post any classified ads. Members can sell items, offer services, request services or list items that you may be in need of. There will be no fees. All that will be required is that you submit an ad and we will post it in the following months newsletter, or the current website. Have questions? Please ask.

Enjoy all of this beautiful weather and may all of those April showers bring plenty of May flowers. To all our

Mothers and Grandmothers, Happy Mother's Day from The Harvest Years!



Notes From Your Activities Director Diane Amoroso



Memorial Day Tribute May 24, 2024 11:30 A.M.

You are invited to join us for a very special Tribute to thank all our Veterans for their dedicated and unyielding love & service to our country.

Today we are here
Honoring American Veterans
Past, Present and Future.
Thank you for your faithful service!

~~~

Memorial Day has come to mean the beginning of summer, a time for picnics and barbecues, and a holiday to gather around the family. That happiness and freedom, however, is a product of the real cause for the holiday: the sacrifices made by men and women who have fought and died for the freedoms and liberties Americans hold dear. Memorial Day is a time to remember that the American way of life is not cheap but rather has been purchased by the lives and blood of so many who have sacrificed for us to live free and happily now.





### Mother's Day Luncheon Tuesday, May 7, 2024 12 Noon



You are invited to attend our Annual Mother's Day Lunch

to celebrate the ladies in our lives who mean everything to us.

Our luncheon will honor those very special ladies with love, a delicious lunch, and gifts for all the special ladies.

Please call the front desk and reserve your table for a fabulous day of **Thanks and Love** 

to all our moms, grandmoms and others who are also special to us.





#### MAY 2024 REPORT



### GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT

#### **Economic Development**

One of the most important responsibilities of the Kent County Levy Court Commissioners is to promote Economic Development in our County. Consider this: we are slowly but assuredly changing into a community of those escaping high property and sales taxes in other states. At the same time, we continue to have those who are raising their families here, and like me, would like their children to find good paying jobs close by to stay close, and not have to move long distances away. It is a contradiction that is hard to rationalize: How do we maintain the reasons that newcomers chose Kent County as their Forever Home as opposed to maintaining the quality of life for children to seek Kent County as their Forever Home?

Attracting small businesses in retail does not provide the high-paying jobs that graduating students want, only manufacturing jobs, tech jobs, or white collar jobs will do that. In order to attract those high-paying employers, the County must make the region attractive to them. Most businesses looking to re-locate are looking at those services such as access to rail or interstate transportation. They will be looking for services that their employees will need, such as access to good schools, medical services, entertainment venues, and transportation, albeit just easy travel to those services.

So, how do we do that? Linda Parkowski and Zach Prebula from the Kent Economic Partnership (KEP) are on the case. KEP is responsible for attracting more than 1400 new jobs in 35 new or expanding businesses who spent nearly \$300million in Kent County. These are manufacturing jobs that chose Kent County because of the needs that we are able to satisfy: transportation, employee services, and location, location, location. Moving forward, KEP is working with Kent County Commissioners, our municipal council people, and State Legislators to continue these efforts. This means addressing schools to continue educating students in those skills needed to support further manufacturing expansion. This means addressing land use decisions to make sure that new industries have areas that they can build without adversely affecting residential areas. This means making sure that land near rail lines is available for industrial expansion. This means having available workforce or affordable for first-time home buyers and employees moving here to work.

To that end, according to the most recent presentation at the Kent Economic Forecast breakfast, KEP is working on two dozen or more active projects that could bring more than 660 new jobs, and more than \$356million in spending in Kent County for new or expanding businesses. And KEP continues to ramp up their efforts with studies of a Rail Corridor Safety, an East-West Freight use, among others that will further address the needs of businesses looking to relocate here.

And Kent County Commissioners continue to do their jobs to advocate for a better county and to balance the needs of businesses, parents, children, schools, and seniors. Our ordinances help schools address space issues. Our policies improve parks and recreation. Our taxes attract those seeking to avoid high property taxes elsewhere.

Memorial Day

2024

| - May 2024 MENU -                                             |                                                                                                |                                                                           |                                                                                           |                                                                                                                    |  |
|---------------------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|--|
| Monday                                                        | Tuesday                                                                                        | Wednesday                                                                 | Thursday                                                                                  | Friday                                                                                                             |  |
| MAY 12th Kappy , Day                                          | Memorial Day  MAY 27th                                                                         | 1.  Baked Salmon Jasmine Rice Brussel Sprouts Lemon Poppy Seed Muffin     | 2. Baked Ziti House Salad Italian Bread Fruity Delight                                    | 3. <u>Cinco de Mayo</u> Chicken Soft Taco's  Chips  Assorted Desserts                                              |  |
| 6. Ham & Cheese on a Bun Lettuce/Tomato Pickles/Chips Brownie | 7. Mother's Day Lunch Roast Beef / Gravy Mashed Potatoes Green Beans Roll Strawberry Shortcake | 8. Swedish Meatballs Over Noodles Peas & Carrots Bread Vanilla Pudding    | 9. Stuffed Peppers Baked Potatoes Roll Jell-O w/Fruit                                     | 10. Chicken Salad Croissant Suddenly Pasta Salad w/Ranch, Bacon, Vegeta- ble Blend and Seasoning Assorted Desserts |  |
| 13.  Beef Goulash Romaine Salad Italian Bread Peaches         | 14. Sweet & Sour Chicken Rice Carrots Cupcake                                                  | Braised Beef Over Noodles Spinach Roll Orange                             | Roasted Pork Loin Mashed Potatoes Gravy Vegetable Blend Roll lce Cream/Cake In-House ONLY | 17. OUTDOOR PICNIC  Grilled Hot Dogs, Hamburgers Baked Beans Assorted Desserts                                     |  |
| 20. Chicken Patty on a Bun Lettuce/Tomato Pickles/Chips Pears | 21. Cobb Salad Turkey, Bacon, Lettuce, Tomato, Blue Cheese Sweet Roll Fruit                    | 22.  Baked Flounder Tartar Sauce Stewed Tomatoes Macaroni & Cheese Muffin | Beef Stew Biscuit Applesauce Carrot Cake                                                  | 24. Memorial Day Lunch  BBQ Chicken  Cole Slaw  Baked Beans  Assorted Desserts                                     |  |
| 27. CLOSED  MEMORIAL DAY                                      | Baked Tilapia Tartar Sauce Yellow Rice Green Beans Cookie                                      | 29. Chicken & Dumplings Peas Biscuit Rice Pudding                         | 30. Spaghetti w/Meatsauce Salad Italian Bread Cantaloupe                                  | 31. Tuna Salad on a Croissant Lettuce/Tomato Pickles/Chips Assorted Desserts                                       |  |

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. Harvest Years is OPEN for lunch from 11:30 to 12:30 NOTE: FREE BIRTHDAY LUNCHES

ARE FOR EAT-IN ONLY. MENU IS SUBJECT TO CHANGE - CALL: 302 698-4285



### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and a copy of your Meds, your primary Dr's name & phone # and the name & phone # of an emergency contact person.

If you do not bring your ID you will not be permitted on the trip. Thank You.

|          | - May 2024 ACTIVITIES -                      |                                                |                                                                                      |                                                                                  |                                  |  |  |
|----------|----------------------------------------------|------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------|--|--|
|          | Monday                                       | Tuesday                                        | Wednesday                                                                            | Thursday                                                                         | Friday                           |  |  |
|          | MAY 18, 2024                                 | ARMED FORCES DAY                               | 1. 9:15 AM - 10:15 AM Land Aerobics  9 AM - Ceramics  12:30 PM - Hand & Foot         | 2.<br>9:30 AM - L.I.F.E.<br>Aerobics Class<br>12:30 PM<br>Rummikub               | 3.<br>9:30 AM<br>Phase 10        |  |  |
| 6.       | 9:30 AM - L.I.F.E.<br>Aerobics Class         | 7.<br>9:30 AM - Crafts<br>12:30 PM - Domino's  | 8. 9:15 AM - 10:15 AM Land Aerobics  9 AM - Ceramics  12:30 PM - Hand & Foot         | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12:30 PM<br>Rummikub                     | 9:30 AM Phase 10  12:30 PM BINGO |  |  |
| 13.      | 9:30 AM - <b>L.I.F.E</b> .<br>Aerobics Class | 14.<br>9:30 AM - Crafts<br>12:30 PM - Domino's | 15. 9:15 AM - 10:15 AM<br>Land Aerobics<br>9 AM - Ceramics<br>12:30 PM - Hand & Foot | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12:30 PM<br>Rummikub                     | 9:30 AM<br>Phase 10              |  |  |
| 20.      | 9:30 AM - L.I.F.E.<br>Aerobics Class         | 21.<br>9:30 AM - Crafts<br>12:30 PM - Domino's | 22. 9:15 AM - 10:15 AM Land Aerobics  9 AM - Ceramics  12:30 PM - Hand & Foot        | 23. 9:30 AM - L.I.F.E.<br>Aerobics Class<br>12;30 PM<br>Rummikub                 | 9:30 AM<br>Phase 10              |  |  |
| 27.<br>* | CLOSED **                                    | 28.<br>9:30 AM - Crafts<br>12:30 PM - Domino's | 29. 9:15 AM - 10:15 AM<br>Land Aerobics<br>9 AM - Ceramics<br>12:30 PM - Hand & Foot | 9:30 AM - L.I.F.E.<br>Aerobics Class<br>9:30 AM - Crafts<br>12;30 PM<br>Rummikub | 9:30 AM<br>Phase 10              |  |  |

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> Pat Reynolds, R.C. PROFESSIONAL HAIR STYLIST

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PLEASE CALL FOR AN APPOINTMENT

### MEMORIAL DAY



Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

Call: 302 698-4285



You Are Invited To Join Our Newly Formed Book Club

We have a lady who would

like to volunteer her time and experience in starting a book club at Harvest Years Senior Center.

If you are interested in joining, please call *Diane* for more information & details.

302 698-4285

### Health Care Transport Program



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick --Up Time'. Pick--Up times should be made 1--2 weeks in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance. FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

#### THANK YOU - THE MANAGEMENT

#### 'The Poppy" Where no other flowers grow, there the poppy grows. "In Flanders Field"

**WWIPOEM** 



### It's Time to Get Moving!



"The first step towards getting somewhere is to decide you're not going to stay where you are."

-J.P. Morgan

A place to call home comes in many packages, it could be a move closer to family, or a senior community that offers less responsibility. There are also senior living communities with options for transitional housing to include independent living, assisted living and skilled nursing when the time comes. If you are thinking of selling your home, I can help you every step of the way! Contact me to begin your journey.

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MEDO NOT OFFTREVERY IN AN AVAILABLE IN YOUR AREA. ANY INFORMATION WE PROVIDE IS HIMTED TO THOSE PLANS WE DO OFFTR IN YOUR AREA.



### Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach assist.dhss.delaware.gov



Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2024. If you are 50 years old or older, Oscar can answer any questions you may have about the *SNAP*Program or he can assist you in filling out the required application.

Seniors that are receiving Medicare may be eligible for Medicaid if their income is below the specified income limits. Seniors not yet eligible for Medicare may be eligible for Adult Medicaid which has higher income limits. The income limits will be discussed during the SNAP application process.

When approved for SNAP, an EBT card is sent to the SNAP applicant. EBT cards resemble debit/credit cards. Applications for SNAP can be submitted to the Outreach Coordinator at several local Senior Centers across Kent County including Harvest Years Senior Center in Camden, DE.

When applying for *SNAP*, the following verifications are necessary: Social Security Card, Government Picture ID, Medicare Card, Birth Certificate, all current utility bills, out of pocket medical expenses and verification of all income being received. Social Security Award letters must also be submitted.

The MMC SNAP Program coordinator can also help with renewals and Periodic Reports. Any person 50 years or older living in Delaware can contact Oscar Sebastian at 302 734-1200 ext. 174.



### You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

#### COST

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2024

#### **EXTRA IN-HOUSE ITEMS**

Desserts \$2.00 each

Just Entrees \$3.00 each

Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Our 'Soup-To-Go Kitchen' is CLOSED

We will Re-Open in the







#### **BON APPETITE !!!!**



On this

2024 Memorial Day

please keep all the

Gold Star Mothers

in your thoughts and prayers.
They also gave the 'Ultimate'
Sacrifice' when they lost their children in Wartime conflicts.



### Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

> Next Meeting May 13, 2024

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

### TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time.

You must reserve your slot 24 to 48 hours ahead of time.

### Cost per trip is:



\$ .50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips





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MEMORIAL DAY - 2024

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May 2024

Please Donate to The USO See Diane—Activities Director

