Harvest Years





2024

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

TABLE OF CONTENTS

Monthly Birthdays	Pg. 2
Executive Director's Notes	Pg. 3
Activity Director's Notes	Pg. 3
You're Invited Invitation	Pg. 5
Monthly Menu	Pg. 6
Monthly Activities	Pg. 7
Pat's Beauty Salon	Pg. 8
The Computer Guy	Pg. 8
Snap Program	Pg. 9
Lunchroom News	Pg. 10
Lions Club Meetings	Pg. 10

HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2024

Jack Walters......President
Judie Burke.....Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch

Harvest Years Senior Center Members are Welcome to Attend

Harvest Years Monthly



April 2024 VOLUME 22 - ISSUE 4

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 47 Years - 2024



Passover

April 22nd - April 30th 2024

How to Celebrate Passover

<u>Passover</u> is celebrated by Jews every year, commemorating the anniversary of our <u>miraculous Exodus</u> from Egyptian slavery.

On the first two nights of Passover (just the first night in Israel), we hold a <u>Seder</u>. After <u>candles have been lit</u>, we enjoy a ritual-rich 15-step feast, which centers around <u>telling the story of the Exodus</u>. Some highlights include: Drinking <u>four cups of wine</u>, <u>dipping veggies into saltwater</u>, children kicking off the storytelling by asking the Four Questions (<u>Mah Nishtanah</u>), eating <u>matzah</u> (a cracker-like food, which reminds us that when our ancestors left Egypt they had no time to allow their bread to rise) and <u>bitter herbs</u>, and singing late into the night.

Beginning on the evening preceding <u>15 Nissan</u>, <u>Passover lasts</u> for 8 days in the Diaspora and 7 days in Israel (<u>here's why</u>).

On Passover, Jews may not own or consume <u>chametz</u>, anything containing grain that has risen. This includes virtually all breads, pastas, cakes and cookies. Prior to the holiday, homes are thoroughly <u>cleaned for Passover</u>, kitchens are purged (here's <u>how to kosher the kitchen</u>), and the remaining <u>chametz is burned</u> or <u>sold</u>.

Following the intermediate days, when work restrictions are somewhat relaxed but *chametz* remains forbidden, we celebrate the final two days of Passover (just one day in Israel), during which we look forward to the future redemption through Moshiach (Messiah).

<u>Passover is important</u> to Jews, as it celebrates our birth as a nation.

Happy

9 Colleen Porter

10 M. Josefa Kissi

9 Ronald Weisman



Birthdays

18 Bernie Bowman

10 April Steagall
11 Derek Leister
11 Jonathan MacFadden
11 Beth Parker
12 Rosita Beaty
13 Linda Chiara
13 Barbara Morton
13 Conny Wertz
14 Patricia (Pat) Lucas
15 Judy Bungori
15 Susanne Denick
15 Barbara Nielsen

19	Ginger Warnecker
21	Natalya Aksman
21	Linda Bethel
21	Pat Williams
22	Edna (Joyce) Flinn
22	Joseph Silecchia
23	Estella Lord
26	Clifford Brown
26	Joyce Godwin-Jarrell
27	Charles Pauley
27	Betty Powell
29	Viola Hall
29	Lisa Simpler
30	Susan Murphy

May your Birthdays be one of Happy Moments & Cherished Memories

15 Victor Zeno

16 Irene Kellam

16 Charles Likens

PLEASE BE SURE TO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH to be delivered to your home on the third Thursday of April Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM.

Free Birthday lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for April it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front desk....

HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.

Call in your Lunch Delivery Order or In-House Reservations by 10 AM.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.

Thank You, the Management



AARP TAX AID SERVICES

TUESDAYS & THURSDAYS ONLY - 9 AM - 11 AM ONLY THROUGH APRIL 11, 2024

AARP TAX-AIDE FOUNDATION VOLUNTEERS

WILL BE AT HARVEST YEARS SENIOR CENTER - 30 SOUTH STREET, CAMDEN, DE (302) 698-4285



We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.

\$115.00



From Your Executive Director Tom Bones

Notes From Your Activities Director Diane Amoroso



Spring has sprung for 2024! Our clocks have moved forward and we now have more daylight to enjoy. We are all looking forward to some sunny warm days to spend outside with the flowers and trees beginning to bloom. Put a little spring in your step and join us here at The Harvest Years!

The AARP Tax Service Program will continue through Thursday, April 11th, here at the center. Deadline for this year's taxes is Monday, April 15th. We also have an in-person AARP Driver Safety class scheduled for Monday, April 29th from 9 am – 1 pm. Please give as a call to reserve your spot for this class.

April brings our annual spring clean-up for the grounds surrounding the center and our at the POW/Mia Parkway flag site. We will be working outside over the next few weeks to spruce things up. This season our community garden boxes, and water fountain will be opened up and maintained under Bill Burke's leadership. We are still looking for volunteers to join his team and keep our garden growing all spring and summer. Come on out and get your green thumb even greener.

On Thursday, April18th at 1 pm, we will have a rededication ceremony and celebrate 47 years of the Harvest Years! "Seniors helping Seniors". Please stop by and celebrate with us, and what the next steps hold for the future of The Harvest Years. We will have light refreshments, cake, and prizes. We couldn't have come this far without the support of our members. Thank you!

Lastly, please add these important Harvest Year event dates to your calendars. Our upcoming events and fundraisers include... Our Spring Picnic is on Friday, May 17th. On Friday, May 10th we will host our semiannual Spaghetti Dinner Fundraiser. Tickets for this event are \$12.00 per dinner. In-house seating, starting at 4pm is available by reservation, and curb-side pickup will be ready beginning at 3pm. Join us for this delicious dinner. You may call for reservations now. Saturday, June 1st, is our Spring Yard Sale. If you are able to volunteer, in any way for any of these events, please let us know. Simply call our front desk and we will sign you up.

Stay safe and enjoy the Spring sunshine. I hope to see you all soon!



APRIL 1st

April Fools' Day - occurring on April 1st each year—has been celebrated for several centuries by different cultures, though its exact origins remain a mystery. April Fools' Day traditions include playing hoaxes or practical jokes on others, often yelling "April Fools!" at the end to clue in the subject of the April Fools' Day prank. While its exact history is shrouded in mystery, the embrace of April Fools' Day jokes by the media and major brands has ensured the unofficial holiday's long life.

April Fools' Day Pranks

In modern times, people have gone to great lengths to create elaborate <u>April Fools' Day hoaxes</u>. Newspapers, radio and TV stations and websites have participated in the April 1st tradition of reporting outrageous fictional claims that have <u>fooled their</u> audiences.

In 1957, the BBC reported that Swiss farmers were experiencing a record spaghetti crop and showed footage of people harvesting noodles from trees. In 1985, *Sports Illustrated* writer George Plimpton tricked many readers when he ran a made-up article about a rookie pitcher named Sidd Finch who could throw a fastball over 168 miles per hour.

For the average trickster, there is always the classic April Fools' Day prank of covering the toilet with plastic wrap or swapping the contents of sugar and salt containers.

What's up your sleeve to fool your friends and family members?? Have fun, but please play safe and enjoy all the fun!!!

2024 TRIP - AVAILABILITY

Celebrate Mother's Day at

SHADY MAPLE SMORGASBORD

AND SHOP IN THEIR AMAZING GIFT SHOP

Take Home a Lancaster Memory

Shady Maple Gift Shop is your home for Jim Shore, Painted Ponies, Byers' Choice collectibles, Amish handcrafts, Charlie Bears, home décor, souvenirs, gifts, toys, PA Dutch foods and much more. Over 44,000 square feet of endless gifts available.

WEDNESDAY, MAY 8, 2024 COST: ALL INCLUSIVE: \$85.00 PP Tour Bus Transportation, Driver Gratuity, & Lunch \$50.00 Deposit Required on Sign-Up



Sunset River Cruise Chestertown, Maryland Thursday, July 25, 2024 6 PM - 8 PM

Cost: \$100.00 PP

Includes: Tour Bus Transportation, Driver Gratuity, 2 Hour Cruise w/Dinner *Drinks Not Included* \$50.00 Deposit Required on Sign-Up Call Diane for more details.



paceyourlifemwv.com





Schedule your annual woman's health exam today.





boneill@lpicommunities.com (800) 888-4574 x3410

Program of All-Inclusive Care for the Elderly



- APRIL 2024 MENU -					
Monday	Tuesday	Wednesday	Thursday	Friday	
1. Chicken Caesar Four Bean Salad Sweet Roll Vanilla Pudding	2. Braised Beef over Rice Buttered Beets Tropical Fruit	3. Swedish Meatballs Over/Noodles Peas & Carrots Crescent Cherry Cheesecake Cobbler	4. Baked Lasagna Tossed Salad Italian Bread Brownie	5. Grilled Sausage on a Bun w/Onion & Peppers Roasted Potatoes Assorted Desserts	
8. Sloppy Joe's on a Bun Baked Beans Apple Sauce Cherry Fluff	9. Bread Batter Pork Chop Potatoes Au Gratin Cauliflower Cupcake	10. Roasted Chicken Sweet Potatoes Asparagus Rice Pudding	11. Tom's 3 Bean Chili Rice Romaine Salad Corn Bread Chocolate Chip Cookie	12. Baked Flounder Sweet Potato Fries Cole Slaw Assorted Desserts	
Chicken Parmigiana w/Pasta Caesar Salad Italian Bread Chocolate Pudding	Stuffed Peppers Baked Potato Sour Cream Apple Crisp	17. Baked Tilapia Onion Potato Mixed Vegetables Mandarin Orange	18. Birthday Lunch Baked Honey Ham Scalloped Potatoes Broccoli Bread Cake Ice Cream (In-House Only)	Cobb Salad Turkey, Bacon, Egg, Tomato, Blue Cheese Assorted Desserts	
22. <u>Passover</u> Turkey Club Tomato/Cucumber Salad Tropical Fruit	23. Chicken Carbonara w/Pasta Vegetable Blend Roll Brownie	Beef Stew Biscuit Applesauce Jell-O w/Fruit	25. Spaghetti w/Meatsauce Side Salad Italian Bread Apple Danish	Chef's Salad Turkey, Ham, Egg, Onion, Lettuce, Tomato Assorted Desserts	
Cheeseburger Lettuce/Tomato Potato Tots Lemon Cake	Pork Loin Mashed Potatoes Gravy/Lima Beans Peaches	1. Baked Salmon Jasmine Rice Brussel Sprouts Lemon Poppy Seed Muffin	2. Baked Ziti House Salad Italian Bread Fruity Delight	3. Chicken Salad Croissant Suddenly Pasta Salad w/Ranch, Bacon, Vegetable Blend and Seasonings Assorted Desserts	

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. Harvest Years is OPEN for lunch from 11:30 to 12:30 NOTE: FREE BIRTHDAY LUNCHES



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and a list of your updated medications, your primary Dr's name & phone # and an emergency contact person & phone #. Many of our trips will require security screenings.

If you do not bring your ID & Info you will not be permitted on the trip

- APRIL 2024 ACTIVITIES -					
Monday	Tuesday	Wednesday	Thursday	Friday	
1. 9:30 AM - L.I.F.E. Aerobics Class	2. 9:30 AM - Crafts 12:30 PM - Domino's	3. 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10	
9:30 AM - L.I.F.E. Aerobics Class	9. 9:30 AM - Crafts 12:30 PM - Domino's	10. 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10 12:30 PM BINGO	
9:30 AM - L.I.F.E. Aerobics Class	16. 9:30 AM - Crafts 12:30 PM - Domino's	17. 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10	
9:30 AM - L.I.F.E. Aerobics Class	23. 9:30 AM - Crafts 12:30 PM - Domino's	24. 9:15 AM - 10:15AM	25. 9:30 AM - L.I.F.E. Aerobics Class 9:30 AM - CRAFTS 12;30 PM Rummikub	9:30 AM Phase 10	
9:30 AM - L.I.F.E. Aerobics Class	30. 9:30 AM - Crafts 12:30 PM - Domino's	1. 9:15 AM - 10:15AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12;30 PM Rummikub	9:30 AM Phase 10	

SUPPORT OUR ADVERTISERS!

HARVEST YEARS





CENTER

HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934 302 698-4285 Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday 9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

Please call the center and ask for Tom! 302 698-4285



Health Care Transport *Program*



If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance. FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

THANK YOU - THE MANAGEMENT

2024 UPCOMING AARP DRIVER'S REFRESHER SAFETY COURSES

MONDAY - APRIL 29th - 9 AM - 1 PM MONDAY - MAY - To Be Announced

CALL HARVEST YEARS SENIOR CENTER TO RESERVE YOUR SEAT - LIMIT 15 PEOPLE PER CLASS - 302 698-4285

COST:

AARP MEMBER - \$20.00 NON-MEMBER \$25.00

MAKE CHECKS PAYABLE TO: AARP



It's Time to Get Moving!



"The first step towards getting somewhere is to decide you're not going to stay where you are."

-J.P. Morgan

If you are thinking of selling your home. I can help you every step of the way!



BUYING OR SELLING:

As a Seniors Real Estate Specialist (SRES*), I have the training and experience to understand the lifestyle and financial needs of mature clients ages 55+. I am here to put my skills to work for you.



Carla Wilson REALTOR®, SRES®, PSA 302-233-1882 cell cwilson@psre.com www.ltsTimeToGetMoving.com



Patterson-Schwartz Real Estate | 140 Greentree Drive, Dover, DE 19904 | 302-672-9400 Office

WE'RE HIRING!

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.



Need a Medicare Plan?

Solomon Johnson

Licensed Insurance Agent, Medicare Specialist

Medicare Advantage Plans Medicare Prescription Plans and Medicare Supplement Plans

Part C, Part D and Medigap Explained Easy to Understand Information Compare Different Companies' Plans and Prices

Call Today!

973-953-7779



New To Medicare?

Please call me if you have questions or concerns



Camden, DE 19934 | SolomonJohnson@FFIG.com DE License # 3000453493 www.futurityfirst.com/solomon-iohnson

Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2023 If you are 50 years old or older, Oscar | can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174

2024 Solar Eclipse

April 2024 will bring something exciting for skywatchers A - Total Solar Eclipse

On Monday, April 8, a total solar eclipse will cross North America, passing over Mexico, the United States, and Canada. The eclipse will begin over the South Pacific Ocean. Weather permitting, the first location in continental North America that will experience totality is Mexico's Pacific coast at around 11:07 a.m. PDT.

According to the Washington Post, the upcoming total solar eclipse coincides with a period when the sun will be particularly active. The active sun will look very spiky, like a "very irritated little hedgehog," solar physicist Scott McIntosh told the newspaper.

Scientists say the sun is approaching its maximum activity of its cycle this year, meaning it will be sending off more solar flares and eruptions from its surface — potentially making this year's total solar eclipse much more dynamic.

The 2024 eclipse path will also pass over more cities and densely populated areas. An estimated 31.6 million people live in the path of totality this year, compared to 12 million in 2017. An additional 150 million people live within 200 miles of the path of totality.

> Be sure to mark your calendars for this spectacular event.



You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2024

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Qua EXTRA IN-HOUSE ITEMS

> > Desserts \$2.00 each

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Bon Appetite!!

Our 'Soup-To-Go Kitchen' is CLOSED We will Re-Open in the FALL

Medical Equipment
For Sale at Harvest Years



Call Tom for Details 302 698-4285

Laughter Is The Best Medicine

When leaving the Zoo, start running fast towards your parked car, yelling,



"Run For Your Lives!!"
They're Loose!"



Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club
meets monthly at Harvest Years
Senior Center
30 South Street, Camden, DE.

Next Meeting
April 8, 2024 & April 22, 2024
Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time.

You must reserve your slot 1 - 2 weeks ahead of time.

Cost of Trips:

\$.50 per Trips \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips







Senior Home Care

CARING FOR SENIORS LIKE **FAMILY**



HEART OF THE HOME, LLC

302-538-6691

Winner of the FIRST STATE FAVORITE HEARING AID CENTER

Trusted Hearing Care

Free Hearing Screening • All Make Repairs **Digital Hearing Aids • Questions Answered**



Don't Miss a Moment or a Word, Because the Time is Now BC/BS • AAA • AARP • Tricare • Humana • United Healthcare State Employees • Federal Employees • Aetna • Cigna

Milford Medical Center 800 Airport Road

Milford

www.beltone.com

Beltone Audio Services 1033 S. DuPont Hwy.

Dover

302-674-8800 VISA







302-422-4677



Mausoleums & Monuments LLC

119 W. Camden-Wyoming Ave., Wyoming, Delaware 19934 302.697.7002 | www.pippinfuneralhome.com



Instantly create and purchase an ad with

CREATOR





NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM





HARVEST YEARS SENIOR CENTER, INC. 30 SOUTH STREET, CAMDEN, DE 19934

PHONE: (302) 698-4285 FAX: (302) 698-4286 E-mail: hysc@comcast.net



HALL RENTALS AVAILABLE
HOURS OF OPERATION — CALL MONDAY - FRIDAY - 8 A.M. - 3 P.M.



Welcome April Showers





April 2024
Please Donate to The USO

