Harvest Years





2023

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

TABLE OF CONTENTS

Monthly Birthdays	Pg. 2
Executive Director's Notes	Pg. 3
Activity Director's Notes	
Jody Sweeney Message	Pg. 5
Monthly Menu	Pg. 6
Monthly Activities	Pg. 7
Pat's Beauty Salon	Pg. 8
The Computer Guy	Pg. 8
Snap Program	Pg. 9
Lunchroom News	Pg. 10
Lions Club Meetings	Pg. 10

HOURS

Monday - 8 AM - 3 PM Tuesday - 8 AM - 3 PM Wednesday - 8 AM - 3 PM Thursday - 8 AM - 3 PM Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2023

Jack Walters......President
Judie Burke......Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary
Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch

Next Meeting: December 14th Harvest Years Senior Center Members are Welcome to Attend

Harvest Years Monthly



DECEMBER 2023 VOLUME 21 - ISSUE 12

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 46 Years - 2023



Нарру



Birthdays

- 1 Patricia Baker
- 1 Pat Brown
- 2 Regina Bilello
- 3 Bill Burke
- 3 Olga Fuentes
- 5 Aaron Mills
- 7 Leroy Bookhultz
- 8 Doris Brown
- 8 Elizabeth Cherubin
- 9 Elaine Ford
- 9 Stan Leczner
- 10 Frank McSweeney
- 10 Kenneth Smith
- 10 Nancy Soshinsky
- 11 Vickie Reigle
- 11 Eva Mae Ritter

- 12 Diane Boyce
- 13 Ann Burke
- 14 Carol Holmes
- 14 Vera Kundler
- 14 Hannah Mauss
- 15 Janice Grassi
- 15 Clarena Jones
- 15 Howard Lehuquet
- 15 Mary Lou Rowlands
- 16 Charlene Warner
- 17 Darlene Guidry
- 17 Frank Roberts
- 18 James Cassidy
- 18 Elwood Lord
- 19 Ginger George
- 19 Jeanette Kossman

- 19 Janis Stanulis
- 21 Betty Harris
- 21 Ruby Newman
- 22 Rachelle Kaplan
- 22 Joyce Quinnan
- 23 Carol Likens
- 23 Carol Orr
- 23 Lewis Shields
- 24 Ronald Miccarelli
- 26 Clarence (Pat) Dyer
- 27 Donald Dean
- 27 Frances Fox
- 27 Carol Whyte
- 28 Joann McILvain
- 30 Shirely Urash
- 31 Teresa Aggrey-Flynn
- 31 Phyllis Bailey

PLEASE BE SURE TO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH to be delivered to your home on the third Thursday of DECEMBER Order by10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM.

Free Birthday lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for DECEMBER it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front desk......

HAPPY BIRTHDAY and Thank You...

**NOTE: DONATION OF DELIVERED CHRISTMAS LUNCHES WILL BE \$9.00 PER LUNCH

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.

Call in your Lunch Delivery Order or In-House Reservations by 10 AM.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.

Thank You, the Management



We again send our thanks to our members who give us their Redner's receipts each month that support our fundraising campaign in association with

REDNER'S. \$111.44



'tis the Season to be

Jolly



From Your Executive Director Tom Bones

The start of the 2023 holiday season is upon us.....The Harvest Years Senior Center will be trimming the trees and putting the final touches in place for all December's festivals and events in the coming days. Be sure to mark your calendars!

Please join us on *Wednesday, December 13th* for our Holiday luncheon starting at 11:30 AM. Make your reservations as soon as you can, as we expect a festive crowd for this exciting day and a delicious meal. Grab your Santa and Mrs. Claus hats and let us know if you can make it!

On Thursday, December 14th at 11:30 AM, join us for some super tacky holiday fun at our **UGLY SWEATER** and/ or **SWEATSHIRT PARTY!** Wear you sweater to lunch and win a prize!

With our current calendar year ending, it also means that it is *Membership Renewal* time. The Harvest Years Registration for 2024 is due to us by January 1, 2024. In order to keep your membership current, please do not delay. As you already know, we have much to offer you throughout the year for just \$20.00 per person. In addition to your membership, if you know of any seniors in our area that would benefit from any of our services, and are not currently members, please encourage them to give us a call, or bring them into the center. Our transportation to and from the center, our shopping program, and our healthcare transport are all available to all senior citizens age 60 and over that are in our area and who are members. Please invite them to contact us to get more information about utilizing these services and so much more.

Our *Annual Giving Campaign* for 2023 continues through the month of December. Please consider generously, as we need your support. Please continue to ask family members and friends in our community, regardless of age, to contribute what they can as well. Every little bit helps us to keep our senior community and center thriving!

A special thank you goes out as the year ends to all of our members and volunteers who have given their time and generosity, in both large and small ways in 2023.

On behalf of myself and the Board of Directors of the Harvest Years Senior Center, Happy Holidays! May you enjoy much happiness and good health in 2024.

Tom

Notes From Your Activities Director Diane Amoroso

A VERY MERRY CHRISTMAS

and Happy New Year!



The best of all gifts around any Christmas Tree - The presence of a happy family all wrapped up in each other.



2024 TRIPS

THE DUTCH APPLE THEATRE PRESENTS



THURSDAY, MARCH 28th - THE ADDAMS FAMIY" - Let's all have a fun-filled day of laughter and a delicious buffet lunch. A must see comedy show that embraces the wackiness in every family. Join us for this hilarious musical comedy show. ALL INCLUSIVE PRICE: \$125.00 PP

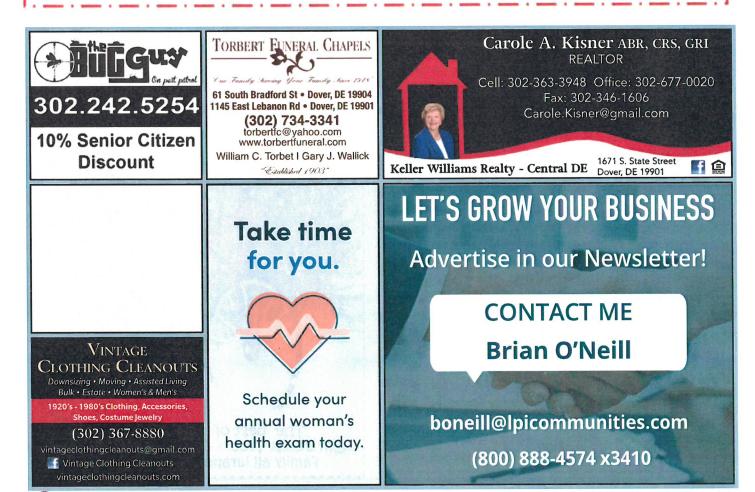
THURSDAY, AUGUST 29th - "JERSEY BOYS" - This documentary style play portray the journey of the popular 1960's boy band The Four Seasons. The show ran on Broadway for about 12 years bagging a Tony, Oliver, and Grammy Award before making a splash in the West End. ALL INCLUSIV PRICE; \$125.00 PP. SOLD OUT - WAIT LIST AVAILABLE

THURSDAY, OCTOBER 17th - "HAIRSPRAY" - Tracy lived in Baltimore in 1962. Her big dream is to become famous in show business. Follow her dream to stardom in this poignant story of success. ALL INCLUSIVE PRICE: \$125.00 PP includes a delicious buffet lunch.

THURSDAY, NOVEMBER 7th - AMERICAN MUSIC THEATRE presents "JOY TO THE WORLD" A Christmas Extravaganza. A must see Christmas experience live on stage. ALL INCLUSIVE PRICE: TBA

A \$50.00 DEPOSIT IS REQUIRED UPON SIGN-UP

Call Diane for further information. 302 698-4285





DECEMBER 2023 REPORT

GEORGE "JODY" SWEENEY, KENT COUNTY LEVY COURT COMMISSIONER, 5th DISTRICT



As the Chair of the Kent County Community Services Committee, I have been very close to the services that Kent County Levy Court has approved for our citizens and those "other" two counties.

Parks or Recreation, both are very important. But by alphabetical order, let me start with Parks. Kent County Parks are some of the best in the entire state and, I daresay, the entire region. All of our parks offer miles of trails with beautiful and safe scenery. Each has playgrounds that are suitable for kids of all ages, including the Picadilly Castle at Brecknock Park and the Space-themed playground at Big Oak Park. Our County has a certified Playground Inspector who keeps a close watch on safety issues on all equipment.

Our Big Oak Park partners with the Delaware AeroSpace Education Foundation, featuring the Innovation Technology Exploration Center, Mountjoy Observatory, Environmental Outpost, and the Galaxy Garden.

Our Brecknock Park partners with Camden and the Friends of Historic Camden to promote the Goggin Mansion, one of the most historic and storied buildings in Kent County.

Our Tidbury Park features Kent County's first Dog Park, which has since been modeled in other jurisdictions.

While all of our parks have ballfields for every outdoor sport, Big Oak focuses on softball and baseball, and rectangular sports fields.

And finally, our Kesselring Park features the Kent County Recreation Center, a partnership with the Greater Dover Boys' and Girls' Club, as well as a full turf football/soccer field with lights.

Our Recreation Division offers active or passive recreation for residents from ages three to 93. Three year olds can be playing tot basketball or soccer, and 93 year olds can be playing pickleball across from each other. They offer classes in sewing, martial arts, crafting, fitness, and sports.

While the County charges for the recreational programs, they are all inexpensive for the benefit they provide, and entry into our parks is always free.

The benefits of parks and recreation to a community are immense. Our parks offer healthy active and passive recreation, maintain green space, promote activity in all ages, and create an identity. Parks increase property values and protect many species of trees, flowers, and wildlife that is slowly being confined due to urban growth. For the younger participants, it reduces behavioral issues, improves cognitive function and self-discipline, resulting in better test scores in education. Parks assist with visual acuity, physical awareness, and knowledge about the body and its capabilities, which extends to all ages. Families who play together stay together, and when grandparents are playing pickleball with the grandkids watching, or vice versa with Tot Basketball or Soccer, they grow together with the experience of family bonding. Participation results in improved social skills, social equity, and inclusivity of everyone in a safe place to gather and play.

While the Kent County Parks and Recreation by no means is a money-making enterprise, the services they provide far outweigh the costs associated. Please check out what we have to offer you for the small property tax dollars that you pay. It is tremendous.



- DECEMBER 2023 MENU -						
Monday	Tuesday	Wednesday	Thursday	Friday		
Replacement	ememb	December 1997 Pring RBOR de the ultimate sa		1. Chicken Wraps Tomato Salad Potato Chips Assorted Desserts		
Cobb Salad Turkey, Onion, Bacon, Blue Cheese, Lettuce, Tomato Cinnamon Streusel Muffin	5. Stuffed Peppers Baked Potato Broccoli Sour Cream Sweet Roll	6. Roasted Pork Loin Stuffing Buttered Carrots Jell-O w/Fruit	7. Hanukkah Begins Roasted Chicken Mashed Potatoes Cauliflower Bread Chocolate Pudding	8. Tuna Salad Potato Salad Crackers Sliced Tomatoes Lettuce Assorted Desserts		
Baked Tilapia Rice Pilaf Buttered Beets Rice Pudding	Tom's 3 Bean Chili Rice Corn Bread Cup Cake	13. Christmas Luncheon Baked Honey Ham Potatoes Au Gratin Broccoli \$7.00 Cole Slaw \$7.00 Christmas Cake Home Delivery = \$9.00 Per Lunch	14. Braised Beef Over Noodles Brussel Sprouts Tropical Fruit	15. Cheese Steak Sub Pickles/Chips Assorted Desserts		
18. Baked Fish Sweet Potato Fries House Salad Peach Cobbler	19. Chicken & Dumplings Peas Biscuit Chocolate Chip Cup Cake	20. Baked Pork Chop w/Mushroom Sauce Over Noodles Vegetable Blend Pears	21. Happy Birthday Baked Meatloaf Mashed Potatoes Succotash Ice Cream/Cake (In-House Only) CAKE	Chicken Salad On a Kaiser Roll Lettuce/Tomato Chips Assorted Desserts		
25. Merry Christmas CLOSED	26. 1st Day of Kwanzaa Baked Salmon Roasted Potatoes Lima Beans Peaches	Beef Stew Biscuit Applesauce Red Velvet Cake	28. New Years' Lunch Ham & Cheese Sandwich on a Roll Black Eye Peas Blueberry Muffin Toast in the New Year!	Happy Hew Year		

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. Harvest Years is OPEN for lunch from 12 NOON - 302 698-4285

<u>FYI:</u> DONATION OF DELIVERED CHRISTMAS LUNCHES WILL BE \$9.00 PER LUNCH



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry, on your person, a photo ID, a list of your medications, your primary Dr's name & phone #, and an emergency contact person & phone #. Some of our trips will require security screenings. If you do not have this information, you will not be permitted on the trip.

- DECEMBER 2023 ACTIVITIES -						
Monday	Tuesday	Wednesday	Thursday	Friday		
NATION PEAI	RL H	ARBC		1. 9:30 AM Phase 10		
9:30 AM - L.I.F.E. Aerobics Class	5. 9:30 AM - Crafts 12:30 PM - Domino's	6. 9:15 AM - 10:15 AM Land Aerobics 9 AM - Ceramics 12:30 PM - Hand & Foot	7. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10 12:30 BINGO		
9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12:30 PM - Domino's	9 AM - Ceramics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10		
9:30 AM - L.I.F.E. Aerobics Class	19. 9:30 AM - Crafts 12:30 PM - Domino's	20. 9:15 AM - 10:15 AM Land Aerobics 9 AM - Ceramics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10		
25. CLOSED Merry Christmas	9:30 AM - Crafts 12:30 PM - Domino's	27. 9:15 AM - 10:15 AM Land Aerobics 9 AM - Ceramics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	29 <u>CLOSED</u> (appy ew lear		

SUPPORT OUR ADVERTISERS!

HARVEST YEARS

SENIOR



"HAIRCUTS by PAT"

30 SOUTH STREET, CAMPEN, DE 19934 302 698-4285

Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday 9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

Call: 302 698-4285

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

Please call the center and ask for Tom! 302 698-4285



Page 8

Health Care Transport Program

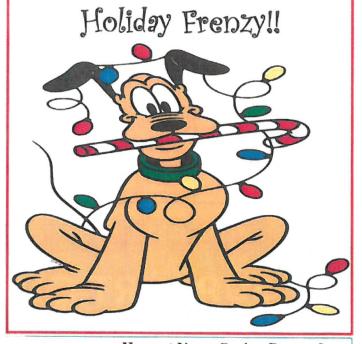


If you are in need of our "Medical Appointment Service". please call our front desk at 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation', payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance. FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

REMINDER: MEDICAL APPOINTMENT PHONE CALLS WILL BE ANSWERED DAILY BETWEEN 12:30 PM to 2 PM ONLY!

THANK YOU - THE MANAGEMENT



Harvest Years Senior Center, Inc.

SUPPORT OUR ADVERTISERS!

ADVERTISE HERE

to reach your community



Call 800-477-4574



FUTURITY FIRST

Solomon Johnson Jr.

Independent Sales Agent

Camden, DE 19934 Business : (302) 514-7749 Cell: (973) 953-7779

SolomonJohnson@FFIG.com

Are you turning 65? Medicare eligible? Let me find the right plan for you.



DE License # 3000453493

www.futurityfirst.com/solomon-johnson

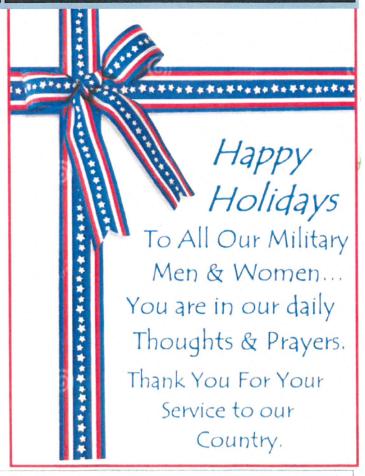
Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2023 If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174





You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.

Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON
TOWARDS YOUR 1st LUNCH WITH US!!
FOR NEW MEMBERS ONLY - 2023

Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Quart EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

BON APPETTITE !!!!

Our Soup-to-Go Kitchen
Is Now Open....
Call Daily To Order
The Soup of the Day!



smile.amazon.com

amazon

SUPPORT HARVEST YEARS SENIOR CENTER, INC.

smile

By Shopping at AmazonSmile

When you shop at AmazonSmile, Amazon will donate to **Harvest Years Senior Center**, **Inc.**

Support us every time you shop.



Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

Next Meeting

JANUARY 29, 2024

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. You must reserve your slot 24 to 48 hours ahead of time.



Cost per trip is: \$.50 per Trip \$ 5.00 for 10 Trips \$ 10.00 for 20 Trips \$ 20.00 for 40 Trips







Senior Home Care

CARING FOR SENIORS LIKE **FAMILY**



HEART OF THE HOME, LLC

Winner of the FIRST STATE FAVORITE HEARING AID CENTER

Trusted Hearing Care

Free Hearing Screening • All Make Repairs **Digital Hearing Aids • Questions Answered**



Don't Miss a Moment or a Word, Because the Time is Now BC/BS • AAA • AARP • Tricare • Humana • United Healthcare State Employees • Federal Employees • Aetna • Cigna

Milford Medical Center 800 Airport Road

Milford

www.beltone.com 302-422-4677

Beltone Audio Services 1033 S. DuPont Hwy.

> Dover 302-674-8800 VISA

302-538-6691





Funeral Home & Crematorium, Inc. Mausoleums & Monuments LLC

119 W. Camden-Wyoming Ave., Wyoming, Delaware 19934 302.697.7002 | www.pippinfuneralhome.com

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM





HARVEST YEARS SENIOR CENTER, INC. 30 SOUTH STREET, CAMDEN, DE 19934

PHONE: (302) 698-4285 FAX: (302) 698-4286 E-mail: hysc@comcast.net



HALL RENTALS AVAILABLE
HOURS OF OPERATION — CALL MONDAY - FRIDAY
8 A.M. - 3 P.M.



HAPPY NEW YEAR





December 2023

Please Donate to The USO



Join us for some tacky holiday fun...



UGLY SWEATER CONTEST December 14, 2023 11:30

Harvest Years Senior Center
Wear your ugly sweater to lunch and win a
prize!





- Motorcoach transportation
- ♦ 5 nights lodging including 3 consecutive nights in the Asheville area
- 8 meals: 5 breakfasts and 3 dinners
- **GUIDED TOUR OF ASHEVILLE, NC**
- ♦ Full day visit to the BILTMORE ESTATE
- ♦ GUIDED Drive along the Blue Ridge Parkway
- Visit to the famous FOLK ART CENTER
- Visit to the Blue Ridge Parkway Visitor Center

and much more

6 Days 5 Nights

*PER PERSON, DOUBLE OCCUPANCY

(Sun - Fri) Aug 18 - 23 2024

Departure: Wyoming United Methodist Church, 216 Wyoming Mill Rd, Dover, DE @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: beautiful Asheville, North Carolina, nestled among the Blue Ridge Mountains! Tonight, check into an en route hotel for a good night's rest.

Day 2: Today after enjoying a Continental Breakfast, you will continue towards your destination. Tonight, you'll enjoy Dinner before checking into your Asheville area hotel for a three night stay.

Day 3: Begin the day by enjoying a Continental Breakfast, before departing for a visit to the spectacular BILTMORE ESTATE, America's largest privately owned home. Your visit will include experiencing the Biltmore House and Gardens. You will also visit the Antler Village and Winery. This is Biltmore's village that connects the estate's present and past, providing a relaxing place for dining, shopping, historical exhibits, and new ways to experience Biltmore's hospitality. This is a "must see" destination in America. Later, you'll enjoy Dinner with entertainment before returning to your hotel for the night.

Day 4: Enjoy a Continental Breakfast before departing for a GUIDED TOUR OF ASHEVILLE. Downtown Asheville features more Art Deco architecture than any other southern city outside of Miami Beach. You will also see the magnificent ST. LAWRENCE BASILICA. This afternoon, you will go with your guide for a drive on the scenic Blue Ridge Parkway, America's most visited National Park unit and known as "America's favorite drive". You will visit the Blue Ridge Parkway Visitor Center and see "The Blue Ridge Parkway – America's Favorite Journey", a 24-minute film shown in High Definition surround sound and using breathtaking aerial photography. Later, you will visit the famous FOLK ART CENTER. This evening, you will enjoy Dinner before returning to your hotel to relax and recall the highlights of the day.

Day 5: Enjoy a Continental Breakfast before leaving for the O. Winston Link Museum in downtown Roanoke, VA. This evening, relax at your en route hotel.

Day 6: Today after enjoying a Continental Breakfast, you depart for home... A perfect time to chat with your friends about all the fun things you've done, the spectacular sights you've seen and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive Travel Confident® Protection Plan. See separate advertisement...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$209 for single occupancy. Final Payment Due: 6/11/2024

FOR INFORMATION & RESERVATIONS CONTACT:

Diane Amoroso @ (302) 698-4285

Motorcoach driver and step on guide gratuity is included in the flyer price.