

Harvest Years

1977



2024

Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Harvest Years Senior Center, Inc. Board of Directors 2024

Jack Walters.....President
Judie Burke.....Vice President
Barbara Morton.....Treasurer
Judy Lomax.....Secretary

Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch
Betty Martin

Harvest Years Senior Center Members
are Welcome to Attend

Next Meeting: October 10th @ 2 PM

Harvest Years Monthly



OCTOBER 2024
VOLUME 22 - ISSUE 10

302 698-4285 - Website: <http://harvestyears.org>

1977 - Celebrating 47 Years - 2024



WELCOME, OCTOBER
2024

When you think of **October**, the images that instantly come to mind are typically ghouls, goblins, your annual family trip to the pumpkin patch and, of course, the celebration of Halloween. So while you get wrapped up in planning the best Halloween costume and enhancing your house with seriously spooky decorations you may miss out on all of the other wonderful holidays and observances that the month has to offer. Not only are national and federal holidays observed in October, but some funny, light-hearted and lesser-known celebrations are observed as well. Seriously, have you ever heard of International Coffee Day? This year it falls on October 1. (As if we **really** needed another reason to make a Starbucks run.) Other fun days like *Mean Girls Day*, *World Singing Day* and *National Magic Day*, which fall on October 3, October 16 and October 31 respectively, will give you more reasons to celebrate. You can even start new traditions by binging the iconic teen film, planning a night of karaoke with friends or trying out a few magic tricks. There are also many days that recognize more serious issues, like depression screening, hospice care and trauma. **These dates may encourage you to volunteer or spread awareness.**

Happy Birthdays

1 Debbie Anderson
1 Denise Nadel
1 Patricia Reynolds
1 Carol Walters
2 Linda Essenmacher
2 Delores James
2 Marjory Sears
2 G. Faith Short
3 Alvin Barnes
3 Doris Moore
3 Joan Pochvatilla
4 Berry Bliem
5 Barbara Burns
5 Maryann Faust
5 Barbara Liimatta
6 Maria Bollinger
6 Elaine Crowell
6 Patty Hartmannsgruber
6 Joan Mokoski
6 Sharon Noone
7 Sara Miller
8 Awilda Cruz
8 Patricia Gallegos

8 Cecilia Spohr
9 Leanna Bilow
9 Marie Melson
9 Joyce Robinson
9 Helen Sprackland
9 Zoan Thomasel
10 Patricia Pfeiffer
11 Mike Biddle
11 Bonnie Dove
11 Betty Harvath
11 Rose McQueeney
11 Aleta Ridgway
12 Ronald Reb
12 Elizabeth Van Vessen
13 Doreen Carver
13 Walter Carver
13 Nettie Paisley
14 George Nemith
14 Dennis Wright
16 Patrick Abel
16 Jaye Brown
16 Frances Green
17 Rose Robinson
18 Leroy Brown

18 Jacqueline Sudler
18 Glenn Wagner
18 Gay Walker
19 Phillip Guidry
19 Julia Lemon
20 Linda Luciano
20 Franklin Rementer
20 Catherine Valeika
22 Susan Lanyon
23 Janice Agan
23 Margarita Catanese
24 Cecelia Zeno
25 Mary Carter
27 Carlton Carey
27 Linda Hendricks
28 George McEwen
29 Mitzi Adams
29 Jerry Emerson
29 Linda Sciukas
29 Paula Sharp
30 Carol Evans
30 Joanna Jones
30 Sheri Paitsel

*****PLEASE BE SURE TO CALL** (302) 698-4285*****

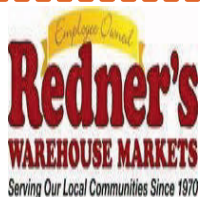
*****PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH***** to be delivered to your home on the third Thursday of **OCTOBER** Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. **Free Birthday lunches are for Eat-In ONLY.** If you do not see your name on the Birthday list of names for **OCTOBER** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call the front desk.....

HAPPY BIRTHDAY and Thank You...

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM.

Call in your Lunch Delivery Order or In -House Reservations by 10 AM.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.



We again send our thanks to our members who give us their Redner's receipts each month that support our fundraising campaign in association with **REDNER'S - \$ 122.43**

**2025
TRIP MEETING - FRIDAY,
November 15th, 1 PM at
HYSC**



From Your
Executive Director
Tom Bones

FALL has arrived! Warm, sunny days, and chilly, cozy nights mean that it must be **October**. It is a new month and a new season and there are so many new things going on here at **The Harvest Years Senior Center!** Please come in and celebrate **Autumn** with us!

Staying well and healthy is always a top priority for all our members. Flu shots will be offered on Tuesday, October 1st here at the Center. In addition, the pneumonia shot and a booster shot for Covid will also be available. All those interested in this service must sign up as soon as possible. You may stop by or simply call the Center. Timeslots are available from 9 AM to 12 Noon.

A cup of soup sounds delicious as we welcome in the new season. Perhaps a quart would do the trick for a weeknight or weekend dinner. Our Soup-To-Go program is back! For the upcoming Fall and Winter months, beginning, Tuesday, October 15th, you may call in a soup order to enjoy here in house or to take home. Traditional Chicken Noodle Soup is our first soup starting on the 15th.

Our **1st Pancake Breakfast** is on **Saturday, October 5th**. All you can eat for \$8.00 per person. Encourage your family, friends and neighbors to join us as well. Stop in and purchase a ticket or two. Pancakes will be served from 8 AM to 11 AM. Look for our flyer inside our newsletter, and on our Facebook page. We will need some additional volunteers to help with this event. Please help support our Center.

The Harvest Years Annual Giving Campaign is getting ready to roll out for 2024. As always it will run from October through the Holiday Season. We will again be reaching out to all of our members, your closet friends and family members, the Camden/Wyoming community, the Dover community and our nearby neighbors. Many, many thanks to those of you that have already offered to help behind the scenes for this year. This is a huge but very vital campaign for us. Many hands lessen the load so please let me know if you are willing to help out.

Lastly, thanks again to all of our members and Board members who attended, enjoyed and helped out during our **Annual Fall Outdoor Picnic**. *It was a great day, with great people. Thanks so much to all of you that helped with the preparations and with the cleanup. A special shout-out also to Do-Wop DJ, Tim Sullivan for providing the musical entertainment. It was a really nice time.*

Notes From Your
Activities Director
Diane Amoroso



Join Us For Our
Annual
Halloween Party
Thursday, October 31, 2024

Dress up in your favorite
Halloween Costume,
Win Prizes,
Enjoy a Fa-Boo-Lous Lunch
And
Let's Have
Lots of Spooky Fun!!!





2024 TRIPS



Our 2024 Trips are nearly completed. We've had a tremendous year with many exciting trips.

Many thanks to Michelle and the great people at the Dutch Apple Theatre; the staff at the American Music Theatre, and the Sight & Sound Theatre for their hard work, and to all the production people who produce these magnificent shows.

A special Thank You to those wonderful people at Miller's Smorgasbord for their magnificent food after the shows and also to those fine people at the Fireside Tavern for their excellent food and service again this year.

Let's not forget the Delmarva Shorebirds! We all enjoy their baseball games every summer and Thanks to Ben Posner, who makes sure we are well taken care of at the games in the Executive Dining Room. Lastly, the Fireworks after the Shorebirds games are spectacular!!!!

Lastly, we must thank Jor-Lin's driver, Mike Lutz who gets us to and from our destinations in a friendly & safe manner.

Looking forward to 2025 with great enthusiasm and excitement!!



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Harvest Years Senior Center, Camden, DE

06-5270

2025 SHOWS



THURSDAY, JULY 24th, 2025



**THURSDAY, AUGUST
28th, 2025**

**50th Anniversary Revival
THURSDAY, OCTOBER
2nd, 2025**



**SATURDAY,
NOVEMBER 8th, 2025**

**ALL SHOWS INCLUSIVE - Tour Bus Transportation, Driver
Gratuities, Show Tickets, Buffet Lunch - \$135.00 PP**

Gratuities are included in the luncheon pricing except for special order drinks such as soda, wine, or mixed cocktails.

- OCTOBER 2024 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Shepard's Pie Tossed Salad Pineapple	2. Pork Chop Sauerkraut Mashed Potatoes Roll Chocolate Pudding	3. Cheesesteak Fried Onions Sweet Potato Fries Jell-O w/Fruit	4. Chef's Salad Turkey, Ham, Egg, Onion, Lettuce/Tomato Sweet Roll Assorted Desserts
7. Baked Salmon Scalloped Potatoes Green Beans Mandarin Orange	8. Spaghetti w/Meatsauce Caesar Salad Muffin	9. <u>OCTOBERFEST '24</u> Chicken Cordon Bleu Potato Au Gratin Vegetable Blend Cherry Fluff	10. Roast Beef Mashed Potatoes Gravy/Broccoli Banana Cake	11. <u>YOM KIPPUR</u> Sloppy Joe on a Bun Pickles/Chips Assorted Desserts
14. <u>CLOSED</u> 	15. Baked Tilapia Rice Pilaf Vegetable Blend Cup Cake	16. Beef Stew Biscuit Applesauce Pears	17. <u>Happy Birthday</u>  Baked Ham Au Gratin Potatoes Zucchini Cake/Ice Cream <i>In-House Only</i>	18. Meatball Sub Pickles/Chips Assorted Desserts
21. Tomato Soup Grilled Ham & Cheese Sandwich Chips Pineapple	22. Chicken & Dumplings Carrots/Peas Biscuit Peaches	23. Honey Ham Sweet Potato Succotash Roll Brownie	24. Baked Fish Macaroni & Cheese Stewed Tomatoes Muffin	25. Tom's 3 Bean Chili White Rice Tossed Salad Corn Bread Assorted Deserts
28. Cheeseburger on a Bun Lettuce/Tomato Baked Potato Tots Chocolate Chip Cookie	29. Chicken Parmigiana w/Pasta Tossed Salad Brownie	30. Roasted Pork Loin Roasted Onion Potatoes Buttered Carrots Vanilla Pudding	31. <u>Halloween Party</u> Beef Tips Noodles Peas/Carrots Mud Pie	

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. **Harvest Years is OPEN for lunch from 12 NOON - 302 698-4285**



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID** and a list of all your Meds, your primary Dr's name & phone #, and a Emergency Contact Person w/Phone #. Many of our trips will require security screenings. Without proper ID you will not be permitted on the trips.

- OCTOBER 2024 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
	1. 9:30 AM - Crafts 12:30 PM - Domino's	2. 9:15 AM - 10:15 AM Land Aerobics 9:30 AM - Ceramics 12:30 PM - Hand & Foot	3. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	4. 9:30 AM Phase 10 10 AM to 11 AM Line Dancing
7. 9:30 AM - L.I.F.E. Aerobics Class	8. 9:30 AM - Crafts 12:30 PM - Domino's	9. 9:15 AM - 10:15 AM Land Aerobics 9:30 AM - Ceramics 12:30 PM - Hand & Foot	10. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	11. 9:30 AM Phase 10 10 AM to 11 AM LINE DANCING 12:30 PM BINGO
14. CLOSED 	15. 9:30 AM - Crafts 12:30 PM - Domino's	16. 9:15 AM - 10:15 AM Land Aerobics 9:30 AM - Ceramics 12:30 PM - Hand & Foot	17. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	18. 9:30 AM Phase 10 10 AM to 11 AM Line Dancing
21. 9:30 AM - L.I.F.E. Aerobics Class	22. 9:30 AM - Crafts 12:30 PM - Domino's	23. 9:15 AM - 10:15 AM Land Aerobics 9:30 AM - Ceramics 12:30 PM - Hand & Foot	24. 9:30 AM - L.I.F.E. Aerobics Class 9 AM - CRAFTS With Denise 12:30 PM Rummikub	25. 9:30 AM - Phase 10 10 AM to 11 AM Line Dancing 1:00 PM TRIP MEETING
28. 9:30 AM - L.I.F.E. Aerobics Class	29. 9:30 AM - Crafts 12:30 PM - Domino's	30.. 9:15 AM - 10:15 AM Land Aerobics 9:30 AM - Ceramics 12:30 PM - Hand & Foot	31. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	

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HARVEST YEARS SENIOR CENTER



'HAIRCUTS by PAT'

30 SOUTH STREET,
CAMDEN, DE 19934
302 698-4285

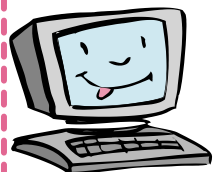
Pat Reynolds, R.C.

PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday

9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT



Don't know what to do now
that you've turned on your
computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the **"Computer Guy"**!

Call: 302 698-4285

*If you need help in signing up for our new
Virtual Audio Program highway61.com and
our **i-Pod Lending Program**.*

Please call the center and ask for Tom!

Health Care Transport Program



If you are in need of our **"Medical Appointment Service"**, please call our front desk at **698-4285** to schedule your **'Pick-Up Time'**. Pick-Up times should be made 1--2 weeks in advance. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a **\$3.00 'Trip Donation'**, payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance.
FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

**REMINDER: MEDICAL APPOINTMENT PHONE CALLS
WILL BE ANSWERED DAILY BETWEEN
12:30 PM to 2 PM ONLY!**

THANK YOU - THE MANAGEMENT



Flu Season Is
Here
It's Time To
Schedule Your

Flu Shot Appointment
Covid Booster Shot - Pneumonia Shot

Tuesday, October 1st, 2024

At Harvest Years Senior Center - Camden,
Call to Reserve Your Time - 302 698-4285

9 AM - 12 Noon

Provided by the Camden Pharmacy

It's Time to Get Moving!



"The first step towards getting somewhere is to decide you're not going to stay where you are."

-J.P. Morgan

A place to call home comes in many packages, it could be a move closer to family, or a senior community that offers less responsibility. There are also senior living communities with options for transitional housing to include independent living, assisted living and skilled nursing when the time comes. If you are thinking of selling your home, I can help you every step of the way! Contact me to begin your journey.



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or concerns



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Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach

assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM-12 Noon on the second Tuesday of each Month during 2024. If you are 50 years old or older, Oscar can answer any questions you may have about the *SNAP* Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200



National Depression Screening Day 2024

If you are feeling sad, anxious, or overwhelmed, take a free, anonymous mental health self-assessment.

**Wednesday, October 16, 2024
10 AM - 12 NOON**

**Harvest Years Senior Center
30 South Street, Camden, DE 19934**



**You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center**

COST:

Member - \$5.00 - Non- Member - \$7.00

Delicious Food, Nice People & Good Times.

Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON

TOWARDS YOUR 1st LUNCH WITH US!!

FOR NEW MEMBERS ONLY - 2024

EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each

Just Entrees \$3.00 each

Starch/Vegetable \$2.00 each

**Sandwich entree price to be determined that
day. - Any Other Items -**

See Tom or Marguerite

Homemade Soups

\$3.00 Cup / \$4.00 Pint / \$5.00 Quart

Our Soup-to-Go Kitchen

Is Opening October 15th

Call Daily To Order

The Soup of



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Call Harvest Years Senior Center to

Reserve your Seat - 302 698-4285

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\$25.00 NON-MEMBERS

Check Payable to AARP



***Camden - Wyoming
Lions Club***

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club

***meets monthly at Harvest Years Senior Center
30 South Street, Camden, DE.***

Next Meeting

Monday, October 30, 2024

Dinner: 6:30 PM - Meeting Follows

Lions Club

Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9:30 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk.

You may purchase tickets ahead of time.

**You must reserve your slot 24 to 48 hours
ahead of time.**

Cost per trip is:

\$.50 per Trip

\$ 5.00 for 10 Trips

\$ 10.00 for 20 Trips

\$ 20.00 for 40 Trips





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Harvest Years Senior Center, Camden, DE

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8 A.M. - 3 P.M.



Hello October



*God Bless Our Troops,
Always remember to keep
them all in Our Daily Thoughts
and Prayers.....*



October 2024
Please Donate to The USO
See Diane ~ Activities Director

