

# Harvest Years

1977



2025

## Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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### HOURS

Monday - 8 AM - 3 PM  
 Tuesday - 8 AM - 3 PM  
 Wednesday - 8 AM - 3 PM  
 Thursday - 8 AM - 3 PM  
 Friday - 8 AM - 3 PM

*Closed Saturday & Sunday*

### Telephone Ext's

302 698-4285

Front Desk - 500  
 Diane - 501  
 Kitchen - 502  
 Hair Salon - 503  
 Director - 504

### Harvest Years Senior Center, Inc.

#### Board of Directors 2025

Jack Walters.....President  
 Judie Burke.....Vice President  
 Barbara Morton.....Treasurer  
 Loretta Way.....Secretary  
 Tom Bones.....Executive Director  
 Board Members: Sandi Billings, Gary Kutsch  
 Betty Martin  
 Next Meeting: February 13th, 2025  
 Harvest Years Senior Center Members  
 are Welcome to Attend

# Harvest Years Monthly



**February 2025**  
**VOLUME 23 - ISSUE 2**

302 698-4285 - Website: <http://harvestyears.org>

1977 - Celebrating 48 Years - 2025



Our Sincerest *Thank you*  
 To All Who

*Contributed to Our 2024 Giving Campaign*

Katherine Keller  
 Merly Dickerson in Memory of Charles Dickerson  
 Patricia & George Salaway in Memory of Kenny  
 Amy Shockley in Honor of HYSC Staff & Volunteers and in  
 Memory of Don Shockley  
 Robert Finney  
 Anita & Greg Beckel  
 Delores Adkins  
 Susan Michalek  
 Liisa Trala  
 Yolanda & Alberto Sanchez  
 Margaret Waldner  
 Patricia Shapiro  
 Jean Wojciechwicz  
 Terri Bohr  
 Emily Valenti  
 Ellen & Fred Ainge  
 Ruth & Derek Leister in Memory of Steve Welde  
 Eva & Ennis Hightower  
 Emily & Gary Kutsch  
 Mary Carey  
 Blanche Fluharty in Memory of Sgt./M Charles W. Fluharty  
 Henry Harvey  
 Joyce & C. Richard Stockslager  
 Dee Ward  
 Mary & George Brummell  
 Darlene & Philip Guidry  
 Carol Haire

To Be Continued Next Month

# Happy

# February

# Birthdays

1 Marie Wright  
2 Ellen Ainge  
4 Phyllis Milano  
4 Crystal Sweeney  
4 Diane Willey  
5 Dianne Ebert  
5 William Hoppe  
6 Petra Denney  
6 Denise Taylor  
7 Martha Collins  
7 Mary Gadsden  
7 Chris Hertz  
7 Hannelore Lang  
7 Denise Tierson  
7 Laura Trego  
8 Russell Jordan  
8 Marion Maly  
8 Yvonne Thompson-Pugh

9 William Faust  
9 Joan Fersch  
10 Thomas Smith  
11 Edward Hartnett  
11 Nona McNatt  
12 Charlotte Fitzwater  
12 Dawn O'Connell  
13 Jacqueline Hughes  
13 Christine (Tina) Power  
14 William Blackmon  
14 Louise Raczynski  
14 Mary Simmons  
14 Marion Snyder  
16 Barbara Badger  
17 Sandi Billings  
18 Bonnie Barton  
18 Ronson Berry  
18 Miguel Salaberrios

19 Ellen Jordan  
20 Jaqueline Adam  
20 Nancy Armour  
20 Sheryl Ann Ford  
21 Carol Haire  
21 Joan Muffler  
23 Dennis Costello  
23 Grace Disu  
23 Rose Larimore  
23 Emily Valenti  
24 Judith Burke  
24 Elizabeth Williams  
25 Janice Fasano  
25 Dianne (Denise) Harrell  
26 Adella Hlafka  
26 Beverly Lord  
27 Michael Kissi  
28 Dennis Babey

**\*\*\*PLEASE BE SURE TO CALL \*\* (302) 698-4285\*\*\***

**\*\*\*PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH\*\*\*** to be delivered to your home on the third Thursday of **February** Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. **Free Birthday lunches are for Eat-In ONLY.** If you do not see your name on the Birthday list of names for **February** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane....

**HAPPY BIRTHDAY and Thank You...**

**LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30PM.**

**Call in your Lunch Delivery Order or In-House Reservations by 10 AM.**

**LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.**



## **AARP TAX - AIDE BEGINS IN FEBRUARY**

**Tuesday, FEBRUARY 4th - Tuesday, APRIL 10th, 2025**

**TUESDAYS & THURSDAYS ONLY - 9 AM - 11 AM**

**AARP TAX-AIDE FOUNDATION VOLUNTEERS**

**WILL BE AT HARVEST YEARS SENIOR CENTER - 30 SOUTH STREET, CAMDEN, DE (302) 698-4285**



We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.

**\$146.10**



From Your  
Executive Director  
Tom Bones

I hope this February finds you warm and well! We here at The Harvest Years are looking forward to a fabulous February! Come spend some of the 28 days with us! On **Wednesday, February 12th** we will host our **Annual Valentine's Day Luncheon**. Good food and good fun is on the menu. Grab your sweetheart or meet one here and join us! Wear red, white or pink. We will also have a special romantic Dessert for two available. Purchase a raffle ticket (\$1.00 each) for a chance to win this private special treat for you and your valentine. The winning couple will also receive a dozen red roses. Buy your chance to win today!

Our **Soup-to-Go** continues through these chilly winter months. Please call ahead to check out what our soup of the day is. Cups, bowls and quarts are available to enjoy here at the center or to take home. Are we serving your favorite today? Bring some extra home to stock in your freezer.

Speaking of soup.....**The Harvest Years Soup Festival** will be held on **Friday, February 7, 2025 at 11:30 AM**. Everyone loves hot homemade soup on a cold winter day! Please give us a call or sign up at the reception desk if you can be a part of the behind-the-scenes preparation of the soup to be shared. What is your specialty? Could you make a pot for all to taste and enjoy? Your help, generosity and delicious recipes are always greatly appreciated.

**February kicks off tax season!** AARP will be here once again with their **Tax Assistance Program**. This service is available to our seniors to help you with all your filing needs. We are currently taking appointments for Tuesdays and Thursdays, from 9 AM to 11 AM beginning February 4th and continuing through Thursday, April 10th. This service is by appointment only. Due to the host site and AARP restrictions, the Tax Program will continue to implement that only seniors aged 60 and over will be able to take advantage of this service. Please make your appointments early, as they fill up quickly!

**VERY IMPORTANT:** Your **Harvest Years Dues** were due to our office as of January 1, 2025. As of **February 1st**, your new rate for membership will be **\$25.00 per person, per year**. It is also a great time to think about enrolling in another option: our **Lifetime Membership for \$150.00**. By enrolling in the Lifetime Membership, you will always be current and will not have to worry about a yearly fee or the increases that may occur.

Lastly, our **Annual Giving Campaign** has wrapped up for 2024 and I am so pleased to say that it was a huge success. Please join me in sincerely thanking all our neighbors, friends and family members throughout the Camden/Wyoming and Dover communities and beyond for all of their continued generosity throughout the years is deeply appreciated.

Take advantage of our driving services as often as possible and check local stations for closures due to inclement weather.

Notes From Your  
Activities Director  
Diane Amoroso



*February 14th,  
2025*

**February** promises to be a busy and exciting month filled with many celebrations.

**First** we celebrate **Black History Month**

**Black History Month** was created to focus attention on the contributions of African Americans to the United States. It honors all Black people from all periods of U.S history, from the enslaved people first brought over from Africa to African Americans living in the United States today.

I hope you enjoy reading our **"Spotlight"** story about Ruby Bridges in this Month's Newsletter. Every February we like to tell a success story about an African/American person to help celebrate **Black History Month**.

**February 2nd is Punxsutawney Phil Ground Hog Day** and our friendly Pennsylvania Ground Hog's shadow will tell us whether or not we can expect 6 more weeks of winter. Yikes!!! NO!!!



We are proud to celebrate two of our most celebrated President's birthdays in February:

**President George Washington**  
February 22, 1732

**President Abraham Lincoln**  
February 12, 1809

To Honor and Celebrate their lives  
Harvest Years Senior Center will be **CLOSED**  
on Monday, February 19th for President's Day.

Last, but certainly not least: The month of  
February is **American Heart Month**.  
**Wear Red** - Examine your own health habits and risks and take steps to improve your heart.



*You are invited to  
join us for a  
Special Valentine's  
Day Lunch*

**Wednesday, February 12, 2025**

**Lunch will be served at 12 Noon.**

**REMINDER:**

**Valentine's Day Bake Sale**

**Friday, February 14, 2025**

***Our Special Valentine's Day Bake Sale will  
begin at 10:30 AM. Please have your bake  
table set up no later than 10 AM.***

***Bake whatever you would like and sell your  
homemade delicacies and keep the profits.***



**Winter Weather Alert**  
**Winter is here!!!**

**Winter** weather will be with us for at least 2 or 3 more months, so please be sure to listen to your radio (WDSB or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits through March. You may also call the Center at (302) 698-4285 before you head out. If we are closed there will be a message posted on the phone service. We will also post notices on the **HYSC Facebook** page. If you haven't "liked" our page yet, be sure to do so.

**Thank You - The Management**



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REALTOR

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Harvest Years Senior Center, Camden, DE

06-5270





## ***SPOTLIGHT ON RUBY BRIDGES***

**At the tender age of six, Ruby Bridges advanced the cause of civil rights in November 1960 when she became the first African American student to integrate an elementary school in the South.**



Born on **September 8, 1954**, Bridges was the oldest of five children for Lucille and Abon Bridges, farmers in Tylertown, Mississippi. When Ruby was two years old, her parents moved their family to New Orleans, Louisiana in search of better work opportunities. Ruby's birth year coincided with the US Supreme Court's landmark ruling in *Brown v. the Board of Education of Topeka Kansas*, which ended racial segregation in public schools.

Nonetheless, southern states continued to resist integration, and in 1959, Ruby attended a segregated New Orleans kindergarten. A year later, however, a federal court ordered Louisiana to desegregate. The school district created entrance exams for African American students to see whether they could compete academically at the all-white school. Ruby and five other students passed the exam.

Her parents were torn about whether to let her attend the all-white William Frantz Elementary School, a few blocks from their home. Her father resisted, fearing for his daughter's safety; her mother, however, wanted Ruby to have the educational opportunities that her parents had been denied. Meanwhile, the school district dragged its feet, delaying her admittance until November 14th. Two of the other students decided not to leave their school at all; the other three were sent to the all-white McDonough Elementary School.

Ruby and her mother were escorted by four federal marshals to the school every day that year. She walked past crowds screaming vicious slurs at her. Undeterred, she later said she only became frightened when she saw a woman holding a black baby doll in a coffin. She spent her first day in the principal's office due to the chaos created as angry white parents pulled their children from school. Ardent segregationists withdrew their children permanently. Barbara Henry, a white Boston native, was the only teacher willing to accept Ruby, and all year, she was a class of one. Ruby ate lunch alone and sometimes played with her teacher at recess, but she never missed a day of school that year.

While some families supported her bravery—and some northerners sent money to aid her family—others protested throughout the city. The Bridges family suffered for their courage: Abon lost his job, and grocery stores refused to sell to Lucille. Her share-cropping grandparents were evicted from the farm where they had lived for a quarter-century. Over time, other African American students enrolled; many years later, Ruby's four nieces would also attend. In 1964, artist Norman Rockwell celebrated her courage with a painting of that first day entitled, "The Problem We All Live With."

Ruby graduated from a desegregated high school, became a travel agent, married and had four sons. She was reunited with her first teacher, Barbara Henry, in the mid 1990s, and for a time the pair did speaking engagements together. Ruby later wrote about her early experiences in two books and received the Carter G. Woodson Book Award.

A lifelong activist for racial equality, in 1999, Ruby established The Ruby Bridges Foundation to promote tolerance and create change through education. In 2000, she was made an honorary deputy marshal in a ceremony in Washington, DC.

## Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach  
assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2025. If you are 50 years old or older, Oscar can answer any questions you may have about the *SNAP* Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174

## Valentine's Day Dessert Cheesecake Stuffed Strawberries



### Ingredients -

- 3 dozen large fresh strawberries
- 11 ounces cream cheese, softened
- 1/2 cup confectioners' sugar
- 1/4 teaspoon almond extract
- Grated chocolate, optional

### DIRECTIONS -

1. Remove stems from strawberries. Cut a deep "X" in the tip of each berry. Gently spread berries open.
2. In a small bowl, beat the cream cheese, confectioners' sugar and extract until light & fluffy. Pipe or spoon about 2 teaspoons into each berry, if desired sprinkle with chocolate.
3. Chill until serving.

## It's Time to Get Moving!



**"The first step towards getting somewhere is to decide you're not going to stay where you are."**

**-J.P. Morgan**

A place to call home comes in many packages, it could be a move closer to family, or a senior community that offers less responsibility. There are also senior living communities with options for transitional housing to include independent living, assisted living and skilled nursing when the time comes. If you are thinking of selling your home, I can help you every step of the way! Contact me to begin your journey.



### BUYING OR SELLING?

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Harvest Years Senior Center, Camden, DE

06-5270

# *Harvest Years Senior Center's Upcoming 2025 TRIPS*

THURSDAY, APRIL 24TH - CHESTERTOWN RIVER CRUISE - **SOLD OUT** -

**NOTE:** AT THIS TIME IT LOOKS LIKE I HAVE MY REQUIRED 35 PEOPLE SIGNED UP FOR A SECOND RIVER CRUISE ON THE CHESTER RIVER. FOR THOSE WHO HAVE SIGNED UP FOR THIS TRIP PLEASE CALL ME AND VERIFY THAT YOU ARE STILL INTERESTED IN TAKING THIS CRUISE WITH US. I WILL TRY TO CALL ALL OF YOU WITHIN THE NEXT SEVERAL WEEKS IF I DO NOT HEAR FROM YOU. I NEED VERIFICATION IN ORDER TO SET A DATE WITH THE BOAT CAPTAIN. THANK YOU....DIANE 302 698-4285

**SUNDAY, JUNE 29TH,** LET'S PLAY BALL: 2 PM GAME - DELMARVA SHOREBIRDS VS. CAROLINA MUDCATS AT PERDUE STADIUM - ALL INCLUSIVE PRICE INCLUDES TICKETS, LUNCH IN THE EXECUTIVE DINING ROOM, TOUR BUS TRANSPORTATION AND DRIVER GRATUITY - \$95.00 PP

**THURSDAY, JULY 24TH** - DUTCH APPLE THEATRE PRESENTS **"THE WIZARD OF OZ"**. FOLLOW THE YELLOW BRICK ROAD AND THIS TIMELESS TALE WHO TRAVELS OVER THE RAINBOW TO THE MAGICAL LAND OF OZ. SONGS FROM THE ICONIC MGM SCORE. A MUST SEE MUSICAL DELIGHT! ALL INCLUSIVE COST OF \$135.00 PP.

**THURSDAY, AUGUST 28TH** - DUTCH APPLE THEATRE PRESENTS **"THE BUDDY HOLLY STORY"**. SEE THE MAN, HEAR THE MUSIC AND RELIVE THE LIFE OF A LEGEND! GET READY TO ROCK 'N ROLL. FOLLOW HIS RISE WITH HITS LIKE PEGGY SUE, OH BOY, THAT'LL BE THE DAY, AND SO MUCH MORE! ALL INCLUSIVE COST OF \$135.00 PP.

**TUESDAY, SEPTEMBER 16TH** - SIGHT & SOUND PRESENTS **"NOAH"** - **A SPECIAL 30TH ANNIVERSARY PRESENTATION** - ALL ABOARD THE ARK - RETURNING FOR ONE SEASON ONLY, THIS LANDMARK PRODUCTION TAKES YOU ON BOARD ONE OF THE WORLD'S BEST KNOWN VOYAGES. SET SAIL INSIDE THE ENORMOUS ARK AS THIS EXTRAORDINARY STORY COMES TO LIFE. ALL INCLUSIVE COST OF \$175.00 PP.

**THURSDAY, OCTOBER 2ND** - DUTCH APPLE THEATRE PRESENTS **"A CHORUS LINE"** - **50TH ANNIVERSARY REVIVAL BROADWAY SHOW** - GET A GLIMPSE INTO THE LIVES OF 17 BROADWAY DANCES ALL SYING FOR A SPOT ON A CHORUS LINE. A FABULOUS MUSICAL AND DANCE SHOW. ALL INCLUSIVE COST OF \$135.00 PP

**SATURDAY, NOVEMBER 8TH** - DUTCH APPLE THEATRE - IRVING BERLIN'S **"HOLIDAY INN"** - **THE BROADWAY MUSICAL!** YOU ARE INVITED TO BEGIN THE **2025 HOLIDAY SEASON** WITH ANOTHER FABULOUS SHOW AT THE DUTCH APPLE THEATRE!!

**SEATS ARE STILL AVAILALE AT ALL SHOWS - A \$50.00 DEPOSIT IS REQUIRED AT SIGN-UP - ALL THE ABOVE TRIPS ARE RATE ( E )**

**\*\*MANY TRIPS DISCUSSED AT THE TRIP MEETING WILL BE LOOKED INTO DURING THE MONTH OF FEBRUARY & MARCH 2025.**



*Our Annual Mystery Trip  
has been scheduled for  
July 17, 2025.  
More details in March*

## **REMINDER:**

**Purchase a \$5.00 Raffle Ticket to Win A \$100  
Voucher to be used towards one  
Theatre Show in 2025.  
Winning ticket will be picked on April 1st.**



## - FEBRUARY 2025 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3.</b> Vegetable Soup Ham/Swiss on Rye Bread Lettuce/Tomato Peanut Butter Cookie	<b>4.</b> Spaghetti w/Meatsauce Ceaser Salad Italian Bread Peaches	<b>5.</b> Turkey Sub Lettuce/Tomato Pickles/Chips Strawberry Cheese Cake	<b>6.</b> Baked Chicken Scalloped Potatoes Lima Beans Jell-O w/Fruit	<b>7.</b> Cheesesteak Sub Fried Onions Sweet Potato Fries Assorted Desserts
<b>10.</b> Baked Cod Potato Salad Cole Slaw Blueberry Muffin	<b>11.</b> Hot Dog and Baked Bean Casserole Topped w/Bacon Crescent Rolls Applesauce Blueberry Slab Pie	<b>12. <u>Valentine's Day Lunch</u></b> <b>Roast Beef</b> <b>Mashed Potatoes</b> <b>Gravy</b> <b>Peas &amp; Carrots</b> <b>Coconut Cake</b> 	<b>13.</b> Sweet & Sour Chicken White Rice Broccoli Peaches	<b>14. <u>Valentine's Bake Sale</u></b> Baked Lasagna Side Salad w/Tomatoes, Cucumbers, Croutons Red Velvet Cake
<b>17. <u>CLOSED</u></b> 	<b>18.</b> Tomato Soup Grilled Ham & Cheese Sandwich Brownie	<b>19.</b> Baked Tilapia Yellow Rice Carrots Homemade Rice Pudding	<b>20. <u>Birthday Lunch</u></b>  Baked Meatloaf Mashed Potatoes Gravy/Succotash Roll <b>Cake/Ice Cream</b> <b>In-House Only</b>	<b>21.</b> Chicken Pot Pie Pasta Salad Assorted Desserts
<b>24.</b> Chef's Salad Ham, Turkey, Egg, Lettuce/Tomato Sweet Roll	<b>25.</b> Roasted Pork Loin Jasmine Rice Gravy Brussel Spouts Tropical Fruit	<b>26.</b> Creamy Chicken Cordon Bleu Casserole w/Chicken, Ham, Peas Blueberry Cobbler	<b>27.</b> Baked Salmon Scalloped Potatoes Spinach Cup Cake	<b>28.</b> Tom's 3 Bean Chili Rice Corn Bread Tossed Salad Assorted Desserts
<b>3.</b> Taco's Soft Shell w/Fix'ins Corn Chips Chocolate Chip Cookie	<b>4.</b> Homemade Beef Stew' Biscuit Applesauce Jell-O w/Fruit	<b>5.</b> Goulash Italian Bread Green Beans Boston Cream Cke	<b>6.</b> Chicken Parmigiana w/ Pasta House Salad Italian Bread Pears	<b>7.</b> Tuna Casserole Side Salad Roll Assorted Desserts

**FYI:** Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredient: Milk, eggs, wheat, soybeans, peanuts, tree nuts, shellfish, and seafood base.

Harvest Years is OPEN FOR LUNCH AT 12 Noon Note: FREE BIRTHDAY LUNCHES ARE FOR EAT-IN ONLY.  
MENU IS SUBJECT TO CHANGE. CALL; 302 698-4285



### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and your list of medications, your primary Dr's name & phone # and an emergency contact person & phone #. If you do not bring your ID and Info you will not be permitted on the trip. There may be trips that may require your ID's.



## - FEBRUARY 2025 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3.</b> 9:30 AM - L.I.F.E. Aerobics Class	<b>4.</b> 9:30 AM - Crafts 12:30 PM - Domino's  <b>New:</b> <b>9:30 AM</b> <b>Tai Chi Class</b>	<b>5..</b> 9:15 AM - 10:15 AM Land Aerobics  12:30 PM - Hand & Foot	<b>6..</b> 9:30 AM - L.I.F.E. Aerobics Class  12:30 PM Rummikub	<b>7.</b> 9:30 AM Phase 10  <b>NO</b> Line Dancing
<b>10.</b> 9:30 AM - L.I.F.E. Aerobics Class  1 PM Paint-by-Number Class	<b>11.</b> 9:30 AM - Crafts 12:30 PM - Domino's  <b>New:</b> <b>9:30 AM</b> <b>Tai Chi Class</b>	<b>12.</b> 9:15 AM - 10:15 AM Land Aerobic  12:30 PM - Hand & Foot	<b>13..</b> 9:30 AM - L.I.F.E. Aerobics Class  12:30 PM Rummikub	<b>14.</b> 9:30 AM Phase 10  <b>NO</b> Line Dancing  <b>12:30 PM BINGO</b>
<b>17. CLOSED</b> 	<b>18.</b> 9:30 AM - Crafts 12:30 PM - Domino's  <b>New:</b> <b>9:30 AM</b> <b>Tai Chi Class</b>	<b>19.</b> 9:15 AM - 10:15 AM Land Aerobics  12:30 PM - Hand & Foot	<b>20.</b> 9:30 AM - L.I.F.E. Aerobics Class  12:30 PM Rummikub	<b>21..</b> 9:30 AM Phase 10  <b>NO</b> Line Dancing
<b>24.</b> 9:30 AM - L.I.F.E. Aerobics Class  1 PM Paint-by-Number Class	<b>25.</b> 9:30 AM - Crafts 12:30 PM - Domino's  <b>New:</b> <b>9:30 AM</b> <b>Tai Chi Class</b>	<b>26.</b> 9:15 AM - 10:15AM Land Aerobics  12:30 PM - Hand & Foot	<b>27.</b> 9:30 AM - L.I.F.E. Aerobics Class  9 AM - CRAFTS  12:30 PM Rummiku	<b>28.</b>  <b>9:30 AM Phase 10</b>  <b>NO</b> Line Dancing
Abraham Lincoln's Birthday February 12, 1809 			February 5th - National Girl & Women's Sports Day 	



# TAI CHI EXERCISES

New:

Tai Chi Classes  
Every Tuesday  
9:30 AM



# MEDICARE FRAUD REPORT

The Delaware Senior Medicare Patrol educates Medicare beneficiaries about fraud and abuse, and how to prevent, detect, and report it.

## Medicare fraudsters help break up scam of millions

Four men have landed reduced sentences for their parts in an eight-state Medicare fraud ring after helping authorities uncover other fraudsters blamed for cheating the government out of about \$250million. The men will serve sentences ranging from probation to 41 months behind bars and committed to paying restitution toward \$54.3million Medicare paid on swindles of the government health care program. Each man's 'substantial assistance' had helped investigators build cases against other criminals for more than a year. Twenty or more suspected fraud operators from Miami to Detroit are either being prosecuted now, face upcoming indictments or have already pleaded guilty and agreed to cooperate.

The ring led by South Florida businessman Luis LaCerde filed almost 140,000 bogus claims for Medicare reimbursement from pharmacies in places ranging from New York to Battle Creek, Michigan; South Bend, Indiana; and Murfreesboro, Tennessee. To get reimbursements, ring members made sure that people enrolled in Medicare acted as patients and received pricey prescriptions placed by doctors working for sham telemedicine companies who never examined patients in person and usually didn't even talk to them by phone. LaCerde operated a telemarketing call center to recruit sham patients whose names were sometimes recycled through the ring's pharmacies, and patients received 50, 80, even 120 prescriptions they didn't need.



LaCerde stayed involved in the pharmacies' day-to-day operations, sweating details like the volume of anti-fungal and psoriasis prescriptions the stores filled because those medicines commanded higher reimbursements from Medicare. He was a part owner in some of the pharmacies and received about \$15.6million from the Medicare scam. He was sentenced to 41 months in prison and Solari (another key player in the group) to 30 months, while two other South Florida men who had smaller roles received 15 months behind bars and five years on probation.

-- from The News Journal





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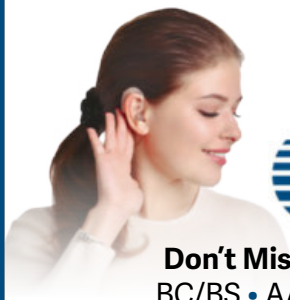
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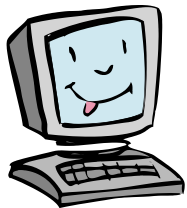
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Hours: Wednesday, & Thursday  
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*PLEASE CALL FOR AN APPOINTMENT*



Don't know what to do now  
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Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the *"Computer Guy"*!

Call: 302 698-4285

If you need help in signing up for our new *Virtual Audio Program* [highway61.com](http://highway61.com) and our *i-Pod Lending Program*.

Please call the center and  
ask for Tom!

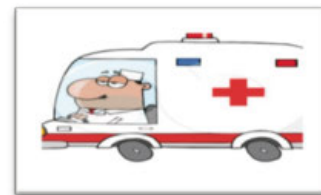
### Health Care Transport Program

If you are in need of our *"Medical Appointment Service"*, please call our front desk at **302 698-4285** to schedule your *'Pick-Up Time'*. Pick-Up times should be made 1--2 weeks in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a **\$3.00 'Trip Donation'**, payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

**All cancellations must be called in  
48 hours in advance.**

**FYI: Due to liability issues, we will require you  
to have a caregiver travel with you if you are using  
a wheelchair or have cognitive difficulties.**

**THANK YOU - THE MANAGEMENT**



**LIX**



**SUNDAY, FEBRUARY 9th**  
**Kick-Off - 6:30 PM (EST)**





*Ladies Breakfast  
Tuesday, March 11, 2025*

*I'm sorry have canceled the January Breakfast, but the weather was bad I thought it would be safer to re-schedule the date.*

We had our **Annual Trip Meeting** on November 15th and it was very productive. There were 22 members present for the meeting and many trips for **2025** were discussed. We will be discussing our trip ideas at our breakfast this month and I hope you all will be excited about the upcoming 2025 trips. For those of you who were not at our meeting in November, I still welcome your suggestions. So put on your thinking caps and bring your thoughts to our breakfast for an open discussion.

It was suggested that we have the breakfast at **9 AM** instead of 8 AM. At first this would not have worked for me, but recently my hours have been changed. I have to be at work at 8 AM. That means I can open up at 8 AM and wait for the remaining staff to arrive at 8:45 AM. If we have our meeting at **Bob Evans in Camden**, I can be there by 9 AM.

Please call me by **March 5th** if you will be attending so that I can give the restaurant a heads up on the count.

**I look forward to seeing everyone, Diane 302 698-4285**



**You Are All Invited To Join Us  
For Lunch At  
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**COST:**

**Member - \$5.00 - Non- Member - \$7.00**

**Delicious Food, Nice People & Good Times.**

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**FOR NEW MEMBERS ONLY - 2025**

**Homemade Soups**

**\$4.00 Cup / \$5.00 Pint / \$6.00 Quart**

**EXTRA IN-HOUSE ITEMS**

**Desserts \$2.00 each**

**Just Entrees \$3.00 each**

**Starch/Vegetable \$2.00 each**

**Sandwich entree price to be determined that**

**day. Any Other Items -**

**See Tom or Marguerite**

***Bon Appetite!!***

***Our 'Soup-To-Go Kitchen' is***

***OPEN***

***CALL DAILY TO ORDER YOUR***

***SOUP***



***Happy Valentines  
Day***



**Test Your Skills....Brain Study:** If you can read this ***OUT LOUD*** you have a strong mind. And better than that: Alzheimer's may be a long way down the road before it ever gets near you!

**7H15 M3554G3 53RV35 7O PR0V3**

**HOW OUR MINDS CAN**

**D0 4M4ZING 7H1NGS5!**



***CAMDEN - WYOMING  
LIONS CLUB***

***"Unselfish Service to the Community"***

***The Camden - Wyoming Lions Club***

***Meets twice Monthly at***

***Harvest Years Senior Center***

***30 South Street, Camden, DE***

***Next Meetings:***

***February 11 & February 25, 2025***

***Dinner: 6:30 PM - Meeting Follows***

***Lions Club***

***Ready to Help, Worldwide***

***Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.***

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9:30 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time.

**You must reserve your slot 1-2 weeks ahead of time.**

**Trip Costs are:**

**\$0.50 Per Trip**

**\$ 5.00 for 10 Trips**

**\$ 10.00 for 20 Trips**

**\$ 20.00 for 40 Trips**



**Call the front desk receptionist to  
Purchase your tickets.**

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By Honore de Balzac***

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*February 2025*  
*Please Donate to The USO*

