Harvest Years



Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

<u>Harvest Years Senior Center, Inc.</u> <u>Board of Directors 2024</u>

Jack Walters.....President
Judie Burke.....Vice President
Barbara Morton.....Treasurer
Judy Lomax....Secretary
Tom Bones.....Executive Director

Board Members: Sandi Billings, Gary Kutsch

Harvest Years Senior Center Members are Welcome to Attend

Harvest Years Monthly



February 2024
VOLUME 22 - ISSUE 2

302 698-4285 - Website: http://arvestyears.org

1977 - Celebrating 47 Years - 2024



Our Sincerest Thank
To All Who

Thank you

Contributed to Our 2023 Giving Campaign

Charlene & David Warner in Memory of Ann & Paul Woikoski Mary Rowlands in Memory of Howard Rowlands Amy Shockley in Honor of Awesome *HYSC* Volunteers & Staff

Amy Shockley in Honor of Awesome **HYSC** Volunteers & Staf And in Memory of Donald Shockley

Joan & Wayne Davis in Memory of my twin sister Jean Peters Blanche Fluharty in Memory of SM Sgt. Charles W. Fluharty Carol Pawlikowski in Memory of Jim Pawlikowki

> Jane McGinty Richard Delk Mary Dodd

Charles Groce in Memory of Margaret Groce Kathy & Bill Brennan in Memory of Billy Brennan Anne Parker-Dockins in Honor & Memory of Stan Oleysyck Timothy Sullivan

Linda & Larry Dougherty, Sr.

Patricia Salaway

Margaret Waldner

Constance Welde

Emma Woodall

Venus Moore in Honor of any senior who has limited resources or no family

Dee Waud

Ruth & Derek Leister

Sharon Simmons in Memory of Earl Simmons

Bonnie Procopio

Delores Adkins

Margaret McKenna in Honor of Kenneth McKenna

Robert Finney

John Ceri

To Be Continued Next Month

Happy February Birthdays

2 Ellen Ainge
4 Crystal Sweeney
5 Dianne Ebert
5 William Hoppe
6 Petra Denney
6 Denise Taylor
7 Martha Collins
7 Mary Gadsden
7 Chris Hertz
7 Hannelore Lang
7 Denise Tierson
8 Russell Jordan
8 Marion Maly
9 William Faust
10 Thomas Smith

11 Edward Harnett

18 Ronson Berry
19 Ellen Jordan
20 Jaqueline Adam
20 Nancy Armour
20 Sheryl Ann Ford
21 Carol Haire
23 Dennis Costello
23 Grace Disu
23 Emily Valenti
24 Judith Burke
24 Elizabeth Williams
25 Janice Fasano
25 Dianne (Denise) Harrell
26 Adella Hlafka
26 Beverly Lord

PLEASE BE SURE TO CALL** (302) 698-4285

PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH to be delivered to your home on the third Thursday of February Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. Free Birthday lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for February it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call Tom or Diane.....

HAPPY BIRTHDAY and Thank You...

18 Miguel Salaberrios

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30PM.

Call in your Lunch Delivery Order or In-House Reservations by 10 AM.



LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.





AARP TAX - AIDE BEGINS IN FEBRUARY

Thursday, FEBRUARY 1st - Thursday, APRIL 11th, 2024

TUESDAYS & THURSDAYS ONLY - 9 AM - 11 AM

AARP TAX-AIDE FOUNDATION VOLUNTEERS

WILL BE AT HARVEST YEARS SENIOR CENTER - 30 SOUTH STREET, CAMDEN, DE (302) 698-4285



We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.

\$118.61

27 Michael Kissi



From Your Executive Director Tom Bones

I hope this February finds you warm and well! We here at The Harvest Years are looking forward to a fabulous February!

Come spend some of the 29 days with us!

One Wednesday, February 14th we will host our Annual Valentine's Day Luncheon. Good Food and good fun is on the menu. Grab your sweetheart or meet one here and join us! Wear red, white or pink. We will also have a special romantic luncheon for two available. Purchase a raffle ticket now for chance to win this private, special treat for you and your valentine. The winning couple will receive roses and a candle-lit meal. Buy your chance to win today!

Our Soup-to-Go continues through these chilly winter months.
Please call ahead to check out what our soup of the day is.
Cups, bowls and quarts are available to enjoy here at the center or to take home. Are we serving your favorite today? Bring some extra home to stock in your freezer.

Speaking of soup....Thank you to all of those that contributed to our successful Soup Festival held on February 2nd. Your help, generosity and delicious recipes were greatly appreciated.

February kicks off tax season! AARP will be here once again with their Tax Assistance Program. This service is available to our seniors to help you with all your filing needs. We are currently taking appointments for Tuesdays and Thursdays, from 9 AM to 11 AM beginning February 1st and continuing through April 11th. This service is by appointment only. Due to the host site and AARP restrictions, the Tax Aid Program will continue to implement that only seniors aged 60 and over will be able to take advantage of this service. Please make your appointment early, as they fill up quickly!

WERY IMPORTANT: Your Harvest Years Membership Dues were due to our office as of January 1, 2024. As of February 1st, your new rate for membership will be \$23.00 per person, per year. It is also a great time to think about enrolling in another option, our Lifetime Membership for \$150.00. By enrolling in the lifetime membership, you will always be current and will not have to worry about a yearly fee or the increases that may occur.

Lastly, our *Annual Giving Campaign* has wrapped up for 2023 and I am so pleased to say that it was a huge success. Please join me in sincerely thanking all of our neighbors, friends and family members throughout the Camden/Wyoming and Dover communities and beyond for all of their continued generosity throughout the years is deeply appreciated. Because of you, we are able to keep our center running successfully.

Take advantage of our driving services as often as possible and check local stations or our answering machine for any closures or delayed openings due to inclement weather.

Notes From Your Activities Director Diane Amoroso



February 14th, 2024

February promises to be a busy and exciting month filled with many celebrations.

First we celebrate *Black History Month*

Black History Month was created to focus attention on the contributions of African Americans to the United States. It honors all Black people from all periods of U.S history, from the enslaved people first brought over from Africa to African Americans living in the United States today.

February 2nd is Punxsutawney Phil Ground Hog Day and our friendly Pennsylvania Ground Hog's shadow will tell us whether or not we can expect 6 more weeks of winter.

ASH WEDNESDAY begins on February 14th and is the beginning of 7 weeks of Lent until Easter.

Next we turn our attention to all the *Love Birds* at our center. Each Valentine's Day we celebrate with a special luncheon dedicated to everyone who have people in their lives that are important to them, be it their spouse, their best friend, a co-worker, or a relative. *Love Is In The Air at Harvest Year on February 14th!*

We are proud to celebrate two of our most celebrated President's birthdays in February:

President George Washington February 22, 1732

President Abraham Lincoln February 12, 1809

To Honor and Celebrate their lives
Harvest Years Senior Center will be *CLOSED*on Monday, February 19th for
President's Day.

Last, but certainly not least: The month of February is **American Heart Month.**

Wear Red - Examine your own health habits and risks and take steps to improve your heart.



You are invited to join us for a Special Valentine's Day Lunch Wednesday, February 14, 2024

**Purchase a Raffle Ticket for \$3.00 and win a lunch for two. You will be seated separately at a table set for 2 and have a very special meal served by your own waiter.

A Lace Tablecloth, Roses, Candlelight and Sparkling Cider will adorn the table.

Raffle Tickets available at our Front Desk.

Winter Weather Alert Winter is here!!!

Winter weather will be with us for at least 2 or 3 more months, so please be sure to listen to your radio (WDSD or Eagle 97) or check WBOC stations or websites to be certain the Center is open if inclement weather hits through March. You may also call the Center at (302) 698-4285 before you head out. If we are closed there will be a message posted on the phone service. We will also post notices on the **HYSC** Facebook page. If you haven't "liked" our page yet, be sure to do so.

Thank You - The Management



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boneill@lpicommunities.com (800) 888-4574 x3410



SPOTLIGHT ON RUBY BRIDGES

At the tender age of six, Ruby Bridges advanced the cause of civil rights in November 1960 when she became the first African American student to integrate an elementary school in the South.



Born on **September 8, 1954**, Bridges was the oldest of five children for Lucille and Abon Bridges, farmers in Tylertown, Mississippi. When Ruby was two years old, her parents moved their family to New Orleans, Louisiana in search of better work opportunities. Ruby's birth year coincided with the US Supreme Court's landmark ruling in Brown v. the Board of Education of Topeka Kansas, which ended racial segregation in public schools.

Nonetheless, southern states continued to resist integration, and in 1959, Ruby attended a segregated New Orleans kindergarten. A year later, however, a federal court ordered Louisiana to desegregate. The school district created entrance exams for African American students to see whether they could compete academically at the all-white school. Ruby and five other students passed the exam.

Her parents were torn about whether to let her attend the all-white William Frantz Elementary School, a few blocks from their home. Her father resisted, fearing for his daughter's safety; her mother, however, wanted Ruby to have the educational opportunities that her parents had been denied. Meanwhile, the school district dragged its feet, delaying her admittance until November 14th. Two of the other students decided not to leave their school at all; the other three were sent to the all-white McDonough Elementary School.

Ruby and her mother were escorted by four federal marshals to the school every day that year. She walked past crowds screaming vicious slurs at her. Undeterred, she later said she only became frightened when she saw a woman holding a black baby doll in a coffin. She spent her first day in the principal's office due to the chaos created as angry white parents pulled their children from school. Ardent segregationists withdrew their children permanently. Barbara Henry, a white Boston native, was the only teacher willing to accept Ruby, and all year, she was a class of one. Ruby ate lunch alone and sometimes played with her teacher at recess, but she never missed a day of school that year.

While some families supported her bravery—and some northerners sent money to aid her family—others protested throughout the city. The Bridges family suffered for their courage: Abon lost his job, and grocery stores refused to sell to Lucille. Her share-cropping grandparents were evicted from the farm where they had lived for a quarter-century. Over time, other African American students enrolled; many years later, Ruby's four nieces would also attend. In 1964, artist Norman Rockwell celebrated her courage with a painting of that first day entitled, "The Problem We All Live With."

Ruby graduated from a desegregated high school, became a travel agent, married and had four sons. She was reunited with her first teacher, Barbara Henry, in the mid 1990s, and for a time the pair did speaking engagements together. Ruby later wrote about her early experiences in two books and received the Carter G. Woodson Book Award.

A lifelong activist for racial equality, in 1999, Ruby established The Ruby Bridges Foundation to promote tolerance and create change through education. In 2000, she was made an honorary deputy marshal in a ceremony in Washington, DC.

- FEBRUARY 2024 MENU -					
Monday	Tuesday	Wednesday	Thursday	Friday	
FEBRUARY VIOLET	FEBRUARY 14th SH WEDNESDAY	FERNIARY	1. Chicken Pot Pie House Salad Mandarin Orange	2. Ground Hog Day Soft Shell Tacos Fix'ins Corn Chips Assorted Desserts *SOUP FESTIVAL DAY*	
5. Stuffed Pepper Baked Potato Broccoli Sour Cream Danish	6. Battered Cod Potato Tots Buttered Beets Blueberry Cobbler	7. Roasted Pork Loin Brown Rice Carrots Roll Applesauce Ambrosia Pie	8. BBQ Chicken Wings Baked Beans Cole Slaw Chocolate Pudding	9. Sloppy Joe's on a Bun Tomato Salad Chips Assorted Desserts	
12. Baked Pork Chop Stuffing/Gravy Spinach Fruit	Chicken Cordon Bleu Potatoes Au Gratin Lima Beans Cupcake	14. <u>Valentine's Day</u> Baked Lasagna Romaine Salad Italian Bread Cherry Cheese Cake	15. Birthday Lunch Chicken & Dumplings Biscuit Peas Cake Cake/Ice Cream (In-House Only)	16. Grilled Reuben Sandwich Pickles/Chips Assorted Deserts	
19. CLOSED RESIDENTS DAY	20. Meatball Sub Pickles/Chips Peanut Butter Cookie	21. Baked Flounder Oven Roasted Potatoes Buttered Corn Tartar Sauce Banana Cake	22. Pres. Washington B'day Chicken Carbonara Pasta Green Beans Rolls Mini Eclairs	23. Grilled Ham & Cheese Tomato Soup Chips Assorted Desserts	
Tom's 3 Bean Chili Rice Cornbread Cookie	27. Rotisserie Seasoned Chicken Jasmine Rice Broccoli Peaches	28. Baked Salmon Sweet Potatoes Vegetable Blend Peanut Butter Apple Dessert	Beef Stew Biscuit Applesauce Cake	Tuna Salad Macaroni Salad Lettuce/Tomato Crackers Assorted Desserts	

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. **Harvest Years is OPEN for lunch at 12 NOON. NOTE: FREE BIRTHDAY LUNCHES ARE FOR EAT-IN ONLY. MENU IS SUBJECT TO CHANGE - CALL: 302 698-4285**



IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo ID and your list of medications, primary Dr's name & Phone # and an emergency contact person & phone #. If you do not bring your ID you will not be permitted on the trip.

- FEBRUARY 2024 ACTIVITIES -						
Monday	Tuesday	Wednesday	Thursday	Friday		
Group Group	undhog Day	American Heart Month	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	2. 9:30 AM Phase 10		
9:30 AM - L.I.F.E. Aerobics Class	6. 9:30 AM - Crafts 12:30 PM - Domino's	7. 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	9:30 AM Phase 10 12:30 PM BINGO		
9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12:30 PM - Domino's	14. 9:15 AM - 10:15 AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	16. 9:30 AM Phase 10		
19. PRESIDENT'S DAY CLOSED	20. 9:30 AM - Crafts 12:30 PM - Domino's	21. 9:15 AM - 10:15AM Land Aerobics 12:30 PM - Hand & Foot	9:30 AM - L.I.F.E. Aerobics Class 9 AM - CRAFTS 12;30 PM Rummiku	23. 9:30 AM Phase 10 *NEW* Canasta 12:30 PM		
9:30 AM - L.I.F.E. Aerobics Class	9:30 AM - Crafts 12:30 PM - Domino's	28. 9:15 AM - 10:15 AM	9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikib	1. 9:30 AM Phase 10		

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PLEASE CALL FOR AN APPOINTMENT





Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the "Computer Guy"!

Call: 302 698-4285

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

> Please call the center and ask for Tom!

Health Care Transport Program

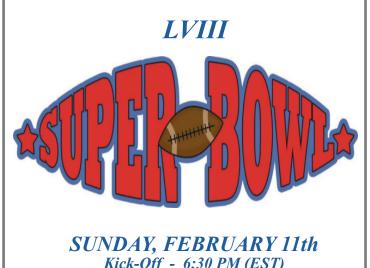
If you are in need of our "Medical Appointment Service", please call our front desk at 302 698-4285 to schedule your 'Pick--Up Time'. Pick--Up times should be made 1--2 weeks in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a \$3.00 'Trip Donation'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

> All cancellations must be called in 48 hours in advance.

FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

THANK YOU - THE MANAGEMENT





Kick-Off - 6:30 PM (EST)

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Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2024 If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



Monday Afternoon Movie

February 12, 2024

Harvest Years Senior Center

"The Book Club" - 12:30 PM

NEW / USED

MEDICAL EQUIPMENT AVAILABLE FOR FURTHER INFO CALL TOM - 302 698-4285



Easter Ceramics Sale In our Front Lobby



You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

COST:

Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2024

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Qua EXTRA IN-HOUSE ITEMS

> > Desserts \$2.00 each

Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

Bon Appetite!!

Our 'Soup-To-Go Kitchen' is **OPEN**

CALL DAILY TO ORDER YOUR

SOUP



OF THE DAY





Happy Valentines
Day



Test Your Skills....Brain Study: If you can read this *OUT LOUD* you have a strong mind. And better than that: Alzheimer's may be a long way down the road before it ever gets near you!

7H15 M3554G3 53RV35 7O PR0V3 HOW OUR MINDS CAN D0 4M4ZING 7H1NGS5!



Camden - Wyoming Lions Club

"Unselfish Service to the Community"

The Camden - Wyoming Lions Club
Meets twice monthly at
Harvest Years Senior Center
30 South Street, Camden, DE.

Next Meeting
February 11 & February 25, 2024
Dinner: 6:30 PM - Meeting Follows
Lions Club
Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time.

You must reserve your slot 1-2 weeks ahead of time.

Trip Costs are:



\$0.50 Per Trip \$ 5.00 for 10 Trips

\$ 10.00 for 20 Trips

\$ 20.00 for 40 Trips



Call the front desk receptionist to Purchase your tickets.

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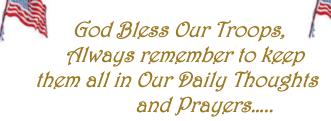
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To All Our Servicemen & Women
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February 2024
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