

30 SOUTH STREET, CAMDEN, DE 19934

#### TABLE OF CONTENTS

Monthly Birthdays	Pg. 2
Executive Director's Notes	Pg. 3
Activity Director's Notes	Pg. 3
Trips 2024 Available	Pg. 5
Monthly Menu	Pg. 6
Monthly Activities	Pg. 7
Pat's Beauty Salon	Pg. 8
The Computer Guy	Pg. 8
Snap Program	Pg. 9
Lunchroom News	Pg. 10
Lions Club Meetings	.Pg. 10

#### **HOURS**

Monday -	8 AM - 3 PM
Tuesday -	8 AM - 3 PM
Wednesday -	8 AM - 3 PM
Thursday -	8 AM - 3 PM
Friday -	8 AM - 3 PM

Closed Saturday & Sunday

#### Harvest Years Senior Center, Inc. Board of Directors 2024

Jack Walters.....President Judie Burke.....Vice President Barbara Morton.....Treasurer Judy Lomax.....Secretary Tom Bones......Executive Director

Board Members: Sandi Billings, Gary Kutsch

Harvest Years Senior Center Members are Welcome to Attend



Birthdays H91919V

- **1 Ron Harper 1 Robert Harrington 1** Ann Spence **2** Dalphine Cager 2 Clara Valeika **3** JoAnn Dowd **3** Mary Ann Kessler **3 Betty Martin 3** Tom Poling **3 Daryl Wyttenbach** 4 Diane Mondi 4 C. Richard Stockslager 6 Diana Bowman 6 Phyllis Craig **6 Bill Falzareno 6** Beth Flaherty **6** Ardeen Lupton **6** James Sharp 7 Merly (Maria) Dickerson 7 Joyce Stockslager
- **8** Peggy Tremble 9 Catherine Faden 10 Joan Davis **10 Susan Stevenson 11 Blanche Fluhartv 11 Goldie Legates** 12 Marie Allred **12 Mary Jo Carey 14 Ilse Morris** 15 John Jimroglou **16 Ellen Miller 16 George Salaway 17 Karen Maurer 17 Barbara Miller 17 Patricia Salaway 18 Judith Abbott 19 Rosalene Resh 19 Ronald Wilder** 20 Donna Wood
- **21 Eleanor Ballard** 21 Michael Kinnel 21 Alan Reed 22 Bob John 23 Clara Gravatt 23 Tina Mujica 24 Paula McSweenev 24 Wanda Pfieffer **26 Joyce Parent 26 Marcia Poling 27 Faith Stetson** 27 Bette 'BJ' Van Kavelaar **28 Warner Boone 28 Jovce Fuller 28** Nelson Thomas 29 Carl Donophan 29 Katherine (Kay) Keller 29 Nenita Pineda **31 John Badger**
- **31 Charlotte Martinson**

\*\*\*PLEASE BE SURETO CALL\*\* (302) 698-4285\*\*\*

\*\*\*PLEASE CALL TO ORDER YOUR BIRTHDAY LUNCH\*\*\* to be delivered to your home on the third Thursday of March Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. Free Birthday lunches are for Eat-In ONLY. If you do not see your name on the Birthday list of names for March it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to call our Receptionist at the Front Desk.

LUNCHES WILL CONTINUE TO BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM. Call in your Lunch Delivery Order or In–House Reservations by 10 AM daily.

LUNCH Pick/Up Time: 11:45 AM. Dine-In Lunch at the Center is OPEN at 12 NOON.



#### AARP TAX - AIDE FOUNDATION VOLUNTEERS

TUESDAYS & THURSDAYS ONLY - 9 AM - 11 AM

THROUGH APRIL 11, 2024 - BY APPOINTMENT ONLY!!

WILL BE AT HARVEST YEARS SENIOR CENTER, 30 SOUTH STREET, CAMDEN - Please Call: (302) 698-4285



We again send our thanks to our members who give us their Redner's receipts each month, that support our fundraising campaign in association with Redner's.

FEBRUARY \$106.37 // MARCH \$141.11



#### From Your Executive Director Tom Bones



Be sure to set your clocks forward One Hour before retiring on Saturday, March 9th to begin Daylight Savings Time. Spring is just around the corner.

May the **Luck-o-the Irish** be with you this month as we bring this winter season to a close. I am sure that all of you are looking forward to the first official day of spring on Tuesday, March 19th. We will have plenty of celebrations and activities this month to enjoy and put a little Spring in your step!

We will continue through the month of March, and into April, providing our members with the *AARP Tax Assistance Program*. The service is available every Tuesday and Thursday from 9 AM to 12 Noon, and by appointment only. Unfortunately we have filled all of our allotted time slots, but please give us a call to get on our waiting list, as perhaps some additional appointments will become available. Please call our front desk for further information.

Our *Annual ST. PATRICK'S DAY LUNCHEON* will be held on *Wednesday, the 13th of March at 12 NOON*. Corned Beef and Cabbage will be served, of course!! Make your lunch reservations early and wear your *GREEN!* Everyone is *IRISH* on that day!

Also during the month of March, as Easter is around the corner....we will have a *Jelly Bean Contest* to satisfy your sweet tooth. Guess the correct number of Jelly Beans in our jar and submit your answer during the month of March. Only one guess per member. The guess closet to the correct number wins a beautiful *Easter Basket!!* The winner will be notified on Wednesday, March 27th.

Looking ahead on our calendar, there will be a Garden Club/ Volunteer meeting here on Wednesday, March 20th at 10:30 AM. Come for the meeting and then stay for lunch. Our Annual Spring Yard Sale is scheduled for Saturday, May 4th. Save the date! We are also actively seeking seniors to join our Pickleball Group. Please inquire at the front desk.

This is your last reminder that your *Harvest Years* dues are *OVERDUE*. All member's dues were due and effective on January 1, 2024. It is just **\$23.00 per person, per year**. Without current membership, you will not receive the newsletter, reduced lunch prices, and access to all of our activities and transportation programs. If you need assistance keeping your membership current or information on a lifetime membership, please contact us as soon as possible.

Have a Blessed and HAPPY EASTER

Notes From Your Actívities Director Diane Amoroso



March Winds and April Showers bring forth May flowers.

Spring Arrives: March 19th

We are all looking forward to the Spring season after a long difficult Winter. Hopefully March will brings us warmer days with a hint of colorful flowers popping out of the ground, giving us a feeling that nicer days will soon lie ahead.



Happy Easter March 31, 2024

I wish you and your loved ones the renewal of love, happiness, and life. Have a wonderfully Blessed Easter, celebrating with your family and friends.



Harvest Years Senior Center, Inc.



Harvest Years Senior Center, Camden, DE

1 企



## Jelly Bean Contest Count

Unleash your sweet tooth! Join our Jelly Bean Count Contest for a chance to win an amazing

## **EASTER BASKET!!**

Submit your answer at Harvest Years Senior Center during the month of MARCH (One Guess Per Person)

Closet person to the correct number wins the Basket!

> The Drawing will be on Wednesday, March 27, 2024 You do not need to be present to win.

If there are multiple winners, a winner will be selected at random to win the EASTER BASKET!

- MARCH 2024 MENU -					
Monday	Tuesday	Wednesday	Thursday	Friday	
DAYLIGHT SAVINGS TIME - MARCH 10th Clocks Ahead 1 Hour	First Day of Spring!	Sunday, March 24th Palmt Hocarra to the Key	Sunday, March 31st	1. Tuna Salad Macaroni Salad Lettuce/Tomato Crackers Assorted Desserts	
4. Cheesesteak Fried Onions Pickles/Chips Rice Pudding	5. Baked Cod Cheese Potatoes Cauliflower Blueberry Muffin	6. Oven Roasted Chicken Mashed Potatoes Green Beans Roll Fruit Cocktail	7. Beef Goulash House Salad Italian Bread Pineapple	8. Egg Salad Potato Salad Lettuce/Tomato Crackers Assorted Desserts	
<b>11.</b> Cobb Salad Turkey, Bacon, Blue Cheese, Lettuce/Tomato Brownie	12. Roast Beef Scalloped Potatoes Gravy Broccoli Cup Cake	<b>13.</b> <u>ST. PATRICK'S DAY</u> Corned Beef & Cabbage         Boiled Potatoes         Pistachio Pudding         \$6.00         \$6.00	14. Chicken Breast Sandwich Lettuce/Tomato Pickles/Chips Jell-O w/Fruit	15. Spaghetti w/Marinara Sauce Tossed Salad Italian Bread Assorted Desserts	
<b>18.</b> Turkey & Cheese on a Kaiser Roll Lettuce/Tomato Pickles/Chips Cookie	<b>19.</b> <u>First Day of Spring</u> ! Baked Flounder Tartar Sauce Stewed Tomatoes Macaroni & Cheese Cherry Yum Yum	<b>20.</b> Tom's 3 Bean Chili Corn Bread Romaine Salad Peaches	21. <u>Birthday Luncheon</u> Baked Meatloaf Mashed Potatoes Succotash Roll Ice Cream/Cake In-House Only	22. Baked Tilapia Rice Pilaf Mixed Vegetables Assorted Desserts	
<b>25.</b> Shephard's Pie House Salad Broccoli Vanilla Pudding	<b>26.</b> Baked Chicken Brown Rice Peas & Carrots Gravy Mandarin Orange	27. <u>EASTER LUNCHEON</u> Honey Baked Ham Sweet Potatoes Green Beans Cole Slaw Roll \$6.00 Cake \$6.00	28. Baked Salmon Bites Roasted Potatoes Vegetable Blend Donut	29. Good Friday Closed FRIDAY + T +	

FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base. Harvest Years is OPEN for lunch at 12 NOON. NOTE: FREE BIRTHDAY LUNCHES ARE FOR EAT-IN ONLY. MENU IS SUBJECT TO CHANGE - CALL: 302 698-4285



#### IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo I.D. CARD. We also ask that you carry on your person a list of your meds, your primary Dr's name & phone # and an emergency contact person & phone #. If you do not bring your ID you will not be permitted on the trip. THANK YOU

- MARCH 2024 ACTIVITIES -					
Monday	Tuesday	Wednesday	Thursday	Friday	
	& April Showers Spring Flowers	Saint Patrick's Day March 17th	March 8th INTERNATIONAL WOMEN'S DAY	1. 9:30 AM Phase 10	
4. 9:30 AM - L.I.F.E. Aerobics Class	5. 9:30 AM - Crafts 12:30 PM - Domino's	<ol> <li>9:15 AM - 10:15 AM Land Aerobics</li> <li>12:30 PM - Hand &amp; Foot</li> </ol>	7. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	8. 9:30 AM Phase 10 12:30 BINGO	
11. 9:30 AM - L.I.F.E. Aerobics Class	12. 9:30 AM - Crafts 12:30 PM - Domino's	<ul> <li>13. 9:15 AM - 10:15 AM Land Aerobics</li> <li>12:30 PM - Hand &amp; Foot</li> </ul>	14. 9:30 AM - L.I.F.E. Aerobics Class 12:30 PM Rummikub	<b>15.</b> 9:30 AM Phase 10	
18. 9:30 AM - L.I.F.E. Aerobics Class	<b>19.</b> 9:30 AM - Crafts 12:30 PM - Domino's	<ul> <li>20. 9:15 AM - 10:15AM Land Aerobics</li> <li>12:30 PM - Hand &amp; Foot</li> </ul>	21. 9:30 AM - L.I.F.E. Aerobics Class 12;30 PM Rummikub	22. 9:30 AM Phase 10	
25. 9:30 AM - L.I.F.E. Aerobics Class	26. 9:30 AM - Crafts 12:30 PM - Domino's	<ul> <li>27. 9:15 AM - 10:15 AM Land Aerobics</li> <li>12:30 PM - Hand &amp; Foot</li> </ul>	<ul> <li>28. 9:30 AM - L.I.F.E. Aerobics Class</li> <li>9 AM - CRAFTS</li> <li>12:30 PM Rummikub</li> </ul>	29. Closed	

**SUPPORT OUR** ADVERTISERS!



<u>*"HAIRCUTS by PAT"*</u> 30 SOUTH STREET, CAMDEN, DE 19934 302 698-4285

Pat Reynolds, R.C. PROFESSIONAL HAIR STYLIST

Hours: Wednesday, & Thursday 9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT







Don't know what to do now that you've turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to also teach a one on one class on how to use your *Smart Phone*. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the *"Computer Guy"!* 

Call: 302 698-4285

If you need help in signing up for our new Virtual Audio Program highway61.com and our i-Pod Lending Program.

Please call the center and ask for Tom! - 302 698-4285

## An Old Irish Greeting

These things I warmly wish for you - Someone to love, Some work to do, A bit o' sun, A bit o' cheer and a guardian angel always near.

#### <u>Health Care Transport</u> <u>Program</u>



If you are in need of our "*Medical Appointment Service*", please call our front desk at **698-4285** to schedule your '*Pick-Up* Time'. Pick--Up times should be made 1--2 weeks in advance. Scheduled appointments must be made between 9:30 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a **\$3.00** '*Trip Donation*'. payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

All cancellations must be called in 48 hours in advance. FYI: Due to liability issues, we will require you to have a caregiver travel with you if you are using a wheelchair or have cognitive difficulties.

THANK YOU - THE MANAGEMENT

#### 2024 UPCOMING AARP DRIVER'S REFRESHER SAFETY COURSES

MONDAY - MARCH 25th - 9 AM - 1 PM MONDAY - APRIL 29th - 9 AM - 1 PM MONDAY - MAY - TO BE ANNOUNCED

CALL HARVEST YEARS SENIOR CENTER TO RESERVE YOUR SEAT - LIMIT 15 PEOPLE PER CLASS - 302 698-4285

#### COST:

AARP MEMBER - \$20.00 NON-MEMBER \$25.00

#### MAKE CHECKS PAYABLE TO: AARP



Harvest Years Senior Center, Inc.

## It's Time to Get Moving!



"The first step towards getting somewhere is to decide you're not going to stay where you are." -J.P. Morgan

A place to call home comes in many packages, it could be a move closer to family, or a senior community that offers less responsibility. There are also senior living communities with options for transitional housing to include independent living, assisted living and skilled nursing when the time comes. If you are thinking of selling your home, I can help you every step of the way! Contact me to begin your journey.



#### **BUYING OR SELLING?**

As a Seniors Real Estate Specialist (SRES\*), I have the training and experience to understand the lifestyle and financial needs of mature clients ages 55+. I am here to put my skills to work for you.



Carla Wilson REALTOR®, SRES®, PSA 302-233-1882 cell cwilson@psre.com www.ltsTimeToGetMoving.com

Patterson-Schwartz Real Estate | 140 Greentree Drive, Dover, DE 19904 | 302-672-9400 Office

Supplemental Nutrition Assistance Program Putting Healthy Food Within Reach assist.dhss.delaware.gov

Meet Oscar Sebastian at 10 AM-12 Noon on the third Tuesday of each Month during 2023 If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP Program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734–1200 Extension 174

## WE'RE HIRING!

AD SALES EXECUTIVES Be yourself. Bring your passion.

WORK WITH PURPOSE.

Vork-life balance
 Work-life with benefits



**Solomon Johnson** Licensed Insurance Agent, Medicare Specialist



Part C, Part D and Medigap Explained Easy to Understand Information Compare Different Companies' Plans and Prices Retiring Soon? Recently Moved? New To Medicare?

Please call me if you have questions or concerns

FUTURITY FIRST

Call Today!

973-953-7779

Camden, DE 19934 | SolomonJohnson@FFIG.com DE License # 3000453493 www.futurityfirst.com/solomon-johnson

Contact us at

www.4lpi.com

careers@4lpi.com or

DN WE PROVIDE IS LIMITED TO THOSE PLANS WE DO OFFER IN YOUR AREA. IE TO GET INFORMATION ON ALL OF YOUR OPTIONS.

#### 2024 TRIP - AVAILABILITY

#### Celebrate Mother's Day

at

SHADY MAPLE SMORGASBORD AND VISIT THEIR AMAZING GIFT SHOP

#### Take Home a Lancaster Memory

Shady Maple Gift Shop is your home for Jim Shore, Painted Ponies, Byers' Choice collectibles, Amish handcrafts, Charlie Bears, home décor, souvenirs, gifts, toys, PA Dutch foods and much more. Over 44,000 square feet of endless gifts available.

WEDNESDAY, MAY 8, 2024 COST: ALL INCLUSIVE: \$85.00 PP Tour Bus Transportation, Driver Gratuity, & Lunch

A \$50.00 Deposit is Due at Sign-Up

Harvest Years Senior Center, Inc.



You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

<u>COST</u>: Member - \$5.00 - Non-Member - \$7.00

Delicious Food, Nice People & Good Times. Join us and Bring A Friend Too!!

JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!! FOR NEW MEMBERS ONLY - 2024

> Homemade Soups \$3.00 Cup / \$4.00 Pint / \$5.00 Quart

> > EXTRA IN-HOUSE ITEMS

Desserts \$2.00 each

#### Just Entrees \$3.00 each Starch/Vegetable \$2.00 each

Sandwich entree price to be determined that day. Any Other Items - See Tom or Marguerite

#### Bon Appetite!!

Our 'Soup-To-Go Kitchen' is **OPEN** 



CALL DAILY TO ORDER YOUR





### <u>An Irish Blessing</u>

For each petal on the shamrock this brings a wish your way - Good health, good luck and happiness for today and every day.



#### Camden - Wyoming Lions Club

"Unselfish Service to the Community" *The Camden - Wyoming Lions Club* meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

> *Next Meeting March 11 & March 25, 2024*

Dinner: 6:30 PM - Meeting Follows

#### *Lions Club Ready to Help, Worldwide*

Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

#### TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9:30 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time.

#### You must reserve your slot 1 - 2 weeks ahead of time

#### Cost per trip is:

50 Per Trip
5.00 for 10 Trips
10.00 for 20 Trips
20.00 for 40 Trips

Call: 302 698-4285





# NEVER MISS OUR NEWSLETTER!

## SUBSCRIBE

Have our newsletter emailed to you.

VISIT WWW.MYCOMMUNITYONLINE.COM

COMMUNITY



HARVEST YEARS SENIOR CENTER, INC. 30 SOUTH STREET, CAMDEN, DE 19934 PHONE: (302) 698-4285 FAX: (302) 698-4286 E-mail: hysc@comcast.net



#### HALL RENTALS AVAILABLE HOURS OF OPERATION — CALL MONDAY - FRIDAY 8 A.M. - 3 P.M.



## MARCH 31, 2024

