

## Harvest Years

1977



2020

## Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

### TABLE OF CONTENTS

Monthly Birthdays.....	Pg. 2
Executive Director's Notes.....	Pg. 3
Activity Director's Notes.....	Pg. 3
2020 Trip Schedule.....	Pg. 5
Monthly Menu.....	Pg. 6
Monthly Activities.....	Pg. 7
Snap Program.....	Pg. 9
The Computer Guy.....	Pg. 8
AARP Driving Course.....	Pg. 8
Lunchroom News.....	Pg. 10
Lions Club Meetings.....	Pg. 10

### HOURS

Monday - 8 AM - 3 PM  
Tuesday - 8 AM - 3 PM  
Wednesday - 8 AM - 3 PM  
Thursday - 8 AM - 3 PM  
Friday - 8 AM - 3 PM  
Closed Saturday & Sunday

### Harvest Years Senior Center, Inc. Board of Directors 2020

Richard Reynolds.....President  
Joan Schwartz.....Vice President  
Barbara Morton.....Treasurer  
Judy Lomax.....Secretary  
Tom Bones.....Executive Director  
Board Members: Dick Bewick, Judie Burke  
Jack Walters, Dick Chappell

Next Meeting: MAY 7, 2020 - CANCELED

## Harvest Years Monthly

**MAY 2020**  
**VOLUME 18 - ISSUE 5**

302 698-4285 - Website: <http://harvestyears.org>

1977 - Celebrating 43 Years - 2020



## *And Grandma's Too !!*



## Grandma

*I like walking with Grandma.  
Her steps are short like mine.  
She doesn't say "now hurry up",  
She always takes her time.*

*I like to walk with Grandma.  
Her eyes see things like mine do,  
Wee pebbles bright, a funny cloud,  
Half hidden drops of dew.*

*Most people have to hurry.  
They do not stop to see.  
I'm glad that God made Grandma,  
Unrushed and young like me.*



# Happy May Birthdays



1 Mildred Dennis  
1 Donna Ebell  
4 Gloria Sanders  
5 Fay Roach  
8 Sheila Dennis  
9 Alice Coventry  
9 Greta Fountain  
10 Patricia Eccles  
10 Rose Ann Martorano  
11 Mary Cahill  
11 Juliana Cheng  
12 Timothy Murray

12 Lee Severson  
15 Irene Kirkmon  
15 Bruce MacGloan  
15 Maureen Reb  
16 Rodderick Lomax  
17 William Green  
17 Rica Irvin  
18 Pat Sweeney  
20 David Baird  
20 Betty Haley  
21 Virginia Dear  
22 Andrea Dula

23 Janice Chilcote  
23 Bill Hufnal  
24 Michele Dohner  
26 Ann Cahill  
26 Gloria Carey  
26 Betty Ray  
26 Wini Walton  
29 Lee Kingery  
30 Barbara Pavelka  
30 Bonnie Procopio  
31 Edward Aziz

*And Many Happy Returns*



*May All Your Birthday Wishes  
Come True  
Today & Throughout The Year!*



**\*\*\*PLEASE BE SURE TO CALL \*\* (302) 698-4285\*\*\***

**\*\*\*PLEASE CALL TO ORDER YOUR FREE BIRTHDAY LUNCH\*\*\***

to be delivered to your home on the third Thursday of May. Order by 10 AM and your lunch will be delivered between 11:30 AM - 1:30 PM. If you do not see your name on the list of names for **MAY** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

**LUNCHES WILL BE DELIVERED DAILY MONDAY THRU FRIDAY 11:30 AM - 1:30 PM**

**YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH DELIVERY RESERVATION by 10 AM., PRIOR TO **MAY 21st.****

**PLEASE CALL (302) 698-4285.**

## ***HARVEST YEARS SENIOR CENTER***

is offering **FREE** lunch delivery service to our members.  
Be sure to call in your lunch order by 10 AM each day.

The meals will be delivered to your home  
Monday thru Friday between the hours of  
11:30 AM - 1:30 PM. ***The cost is \$5.00 per meal.***



*From Your Executive Director  
Tom Bones*



**Harvest Years Senior Center**, has proudly carried out its service motto of: ***"Seniors Helping Seniors"*** and **Mission: *To Build, Maintain and Improve one's Abilities "AS A WAY OF LIFE"*** for the past 43 years. Senior citizens in Kent County, Delaware have been served through the Senior Center Program as well as the Shopping Program operated by Harvest Years Senior Center. We will continue to stay open to home deliver lunches to you, to help out during the COVID-19 outbreak, grocery shop for you and if you are 60 and older we will transport you to and from your healthcare medical appointments. Please call us at 302 698-4285 for more information. Say all of that, this is what we now know.

Governor Carney issued the thirteenth modification to his State of Emergency declaration, which requires Delawareans to wear face coverings in public settings including in grocery stores, convenience stores, pharmacies, doctor's offices, and on public transportation.

Governor Carney's order does not require children aged 12 or younger to wear a face mask covering. Any child 2 years-old or younger must not wear a face covering, due to the risk of suffocation.

Delaware continues to face a serious situation. Delawareans should stay home unless it is absolutely necessary to go out for essential work or essential items. Don't go out in public unnecessarily. You will only increase your risk - and the risk to your family, friends, and neighbors.

**Guidelines for face coverings:**

- Make sure you can breathe
- Wear it in public settings where social distancing is difficult to maintain
- Make sure it covers your nose and mouth
- Wash after each use, or at least once a day

Lastly, **Happy Mother's Day!** Until we see you again!  
**Stay Home, Stay Safe, and Stay Healthy**

*Notes From Your Activities Director  
Diane Amoroso*



*As we continue to fight this invisible enemy, COVID-19, we must keep in mind that we are all in this together. Our main objective is to keep our distance of 6 feet from everyone, stay home whenever possible, keep safe and know we are here to help you in any way we can. Harvest Years has been providing meal delivery to our members who want the service. We are also providing, on a limited basis, our medical van for those who need to get to a doctor's appointment. Please feel free to call the center and request a meal or a medical van appointment. We are here to help you however we can. Stay Home, Stay Safe & Stay Healthy.*

*We will weather this storm by keeping our Faith, Staying Strong, Keeping in Touch with each other and abiding by the rules set forth by our Government Leaders and Medical Experts.*

*We Miss Seeing Everyone*





## Flag Pole Update

Unfortunately, due to the severity of the  
COVID-19 outbreak our

### **FLAG POLE PROJECT**

has been put on hold until the all clear is given by  
the State of Delaware and the State of Emergency is  
finally lifted.

Please, we caution everyone to stay home, stay  
safe, and stay healthy. If you must go out please  
keep the 6' social distancing for everyone's benefit.

We pray for those who are sick and for those who  
have lost a loved one. As always, we pray for our  
Country, our Leaders and all those who are working  
tirelessly to save lives throughout America and the  
World.

I promise you that our flag poles will be installed and  
our flags will be proudly flying ASAP.

**GOD BLESS AMERICA**



## **GOLDEN DINNER CLUB**

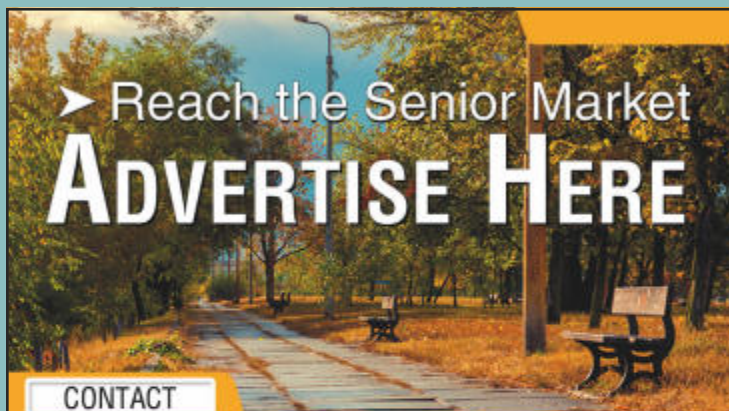
**PLEASE BE ADVISED THAT ALL OUR  
MONTHLY FUNDRAISING DINNER'S  
WILL BE CANCELED UNTIL FURTHER  
NOTICE.**

**OUR ANNUAL MEMORIAL DAY  
TRIBUTE ON FRIDAY, MAY 22ND  
MAY HAVE TO BE CANCELED. WE  
WILL KEEP YOU APPRISED OF THE  
SITUATION.**



**302.242.5254**

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Discount**



**CONTACT**

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## ??? 2020 Trips ???

### **\*SOCIAL DISTANCING\***

Due to the government guidelines for 'Social Distancing' of 6', the Tour Buses are not permitted to transport passengers. Without the buses we have no way to get to our destinations.

With that being said, for everyone's health and safety, our trips for 2020 will be canceled until further notice.

**PLEASE FEEL FREE TO CALL *DIANE* IF YOU HAVE ANY QUESTIONS  
302 698-4285**



### ***ATTENTION VETERANS***

**DoverAFB.commissary@deca.mil**

Special Hours - NO EARLY BIRD HOURS

100% ID CHECKS HAVE BEEN INITIATED.

#### MAY HOURS ARE AS FOLLOWS:

Sunday: 1100-1300: Uniform Members & their Dependents only.

Sunday: 1300-1500: At risk population, plus Veterans/Retiree and family members 60 years or older.

Sunday: 1500-1800: General Population

Monday: CLOSED

Tuesday thru Saturday: 0900-1100 Uniform Members and their Dependents only.

Tuesday thru Saturday: 1100-1300 At Risk population, plus Veterans/Retiree's family members 60 years or older.

Tuesday thru Saturday: 1300-1800 General Population.

**PLEASE ENSURE YOU FOLLOW THE SOCIAL DISTANCE GUIDELINES**

## **HOME DELIVERY MEAL & GROCERY PROGRAM**

We are adding to our home delivery lunch program, to help out during the COVID-19 outbreak, a grocery shopping program. Delaware's State of Emergency states that all those who are most vulnerable to the virus should STAY HOME, STAY SAFE and STAY HEALTHY.

We will deliver groceries from the list below. If you need a delivery once a week to your home on Friday, with your lunch delivery (or not), we can accommodate you.

The following items may include: Eggs, Bread, Milk, Butter, Canned Vegetables or Fruit, Coffee, Tea Bags, Toilet Paper, Paper Towels or Canned Soups.

You **MUST** have your shopping order to us by Wednesday at 2 PM, so that it can be delivered to you by Friday of that week! Please call us at 302 698-4285 to place your shopping order or for more information about the new program. We will try to fill your order as best we can, depending on supplies and demands.

Thank You, Tom,



## - MAY 2020 MENU -

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Sunday, May 10th</i></p> <p><b>HAPPY Mother's DAY</b></p> 			<p><b>REMEMBERING OUR GOLD STAR MOTHERS AND FAMILIES</b></p> 	<p>1. Ham &amp; Cheese Sub Lettuce, Tomato Pickles/Chips Assorted Desserts</p>
<p>4. Chicken Parmigiana House Salad Italian Bread Brownie</p>	<p>5. BBQ Pork Chop Scalloped Potatoes Broccoli Bread or Rolls Fruit</p>	<p>6. <u><b>Mother's Day Lunch</b></u></p> <p><b>Roasted Turkey Stuffing/Gravy Green Beans Bread or Rolls Pie</b></p>	<p>7. Roasted Chicken Potatoes Au Gratin Mixed Vegetable Bread or Rolls Peaches</p>	<p>8. Meatball Sub Pickles/Chips Assorted Desserts</p>
<p>11. Chef's Salad Ham, Turkey, Egg, Lettuce, Tomato Sweet Roll</p>	<p>12. Spaghetti w/Meatsauce House Salad Italian Bread Fruit Cocktail</p>	<p>13. Beef Vegetable Soup Turkey &amp; Cheese Sandwich Pickles/Chips Cookie</p>	<p>14. Roasted Chicken Brown Rice Green Beans Bread or Rolls Lemon Cake</p>	<p>15. Tom's 3 Bean Chili Rice Cornbread Assorted Desserts</p>
<p>18. Chicken Vegetable Soup Ham &amp; Cheese Sandwich Pickles/Chips Fruit</p>	<p>19. Sweet &amp; Sour Chicken Rice Vegetable Blend Bread or Rolls Pudding</p>	<p>20. Braised Beef Buttered Noodles Green Beans Bread or Rolls Cake</p>	<p>21. <u><b>Happy Birthday</b></u></p> <p>Baked Meatloaf Mashed Potatoes Peas &amp; Carrots Bread or Rolls Cake</p>	<p>22. Hamburger on a Bun Baked Beans Cole Slaw Assorted Desserts</p>
<p>25. <u><b>CLOSED - Memorial Day</b></u></p> 	<p>26. Salisbury Steak Onions/Gravy Mashed Potatoes Peas Bread or Rolls Apple Crisp</p>	<p>27. Roasted Pork Loin Mashed Potatoes Gravy/Vegetable Blend Bread or Rolls Tropical Fruit</p>	<p>28. Beef Stew Biscuit Applesauce Strawberry Cake</p>	<p>29. Chicken Salad Platter Lettuce, Tomato, Pickles, Chips Assorted Desserts</p>

**FYI:** Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: Milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.

**MENU IS SUBJECT TO CHANGE**



### **IMPORTANT INFORMATION FOR YOU!**


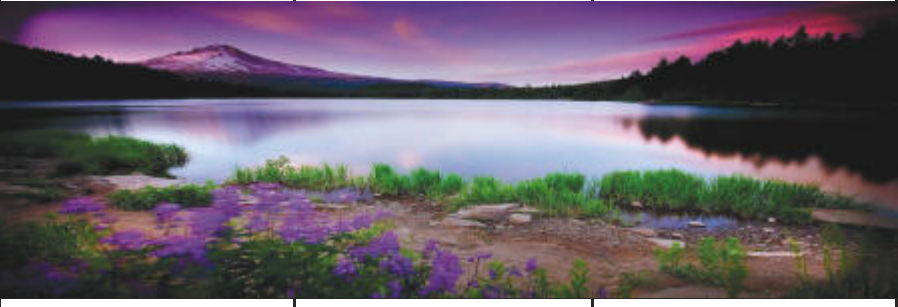

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**.

Many of our trips will require security screenings.

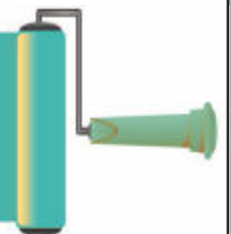
If you do not bring your **ID** you will not be permitted on the trip.



# **CANCELED**    -    **MAY 2020 ACTIVITIES**    -    **CANCELED**

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>4.</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>5. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>6. 9:30 AM - 10:30 AM Land Aerobics</p> <p>12:30 PM - Hand &amp; Foot</p> <p>\$\$ ART CLASS \$\$ 1 PM - 3 PM</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>7. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>8.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>11.</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>12. \$\$ FEARLESS YOGA \$\$ 8:30 AM</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>13. 9:30 AM - 10:30 AM Land Aerobics</p> <p>10:30 AM - Bridge</p> <p>12:30 PM - Hand &amp; Foot</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>14. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>15.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>18.</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>19. \$\$ FEARLESS YOGA \$\$ 8:30 AM</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>20. 9:30 AM - 10:30 AM Land Aerobics</p> <p>\$\$ ART CLASS \$\$ 1 PM - 3 PM</p> <p>12:30 PM - Hand &amp; Foot</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>21. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>22.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>25. <u><b>CLOSED</b></u></p>  <p><b>MEMORIAL DAY</b></p>	<p>26. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>27. 9:30 AM - 10:30 AM Land Aerobics</p> <p>10:30 AM - Bridge</p> <p>12:30 PM - Hand &amp; Foot</p> <p>\$\$ FEARLESS YOGA \$\$ 5 - 5:45 PM</p>	<p>28. \$\$ FEARLESS YOGA \$\$ 8:30 - 9:15 AM</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$\$ WAYS TO FITNESS \$\$ 5:15 - 6 PM</p>	<p>29.</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>

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THAT SUPPORT OUR COMMUNITY**



# HARVEST YEARS SENIOR CENTER



## "HAIRCUTS by PAT"

30 SOUTH STREET,  
CAMDEN, DE 19934

**Pat Reynolds, R.C.**

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday  
9 A.M. TO 3 P.M.

***NO APPOINTMENTS UNTIL FURTHER  
NOTICE***



Don't know what to do now that  
you've turned on your  
computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the

**"Computer Guy"!**

Call: 302 698-4285



## **AARP DRIVER SAFETY COURSE**

***Canceled Thru MAY or Later***

***You may take the course online - Go To***

***www.AARPdriverssafety.org***

***To Receive a 25% Discount type in the following***

***CODE in all CAPS:***

***DRIVINGSKILLS***



***Spring Movie***

***Madness***

**CANCELED UNTIL FURTHER NOTICE**

***POPCORN, DRINKS and  
CANDY WILL BE PROVIDED BY  
HARVEST YEARS***

***Movie Will Be Determined Upon Availability***

***Please Let The Front Desk Know If You  
Have an Interest and Movie Suggestions.***

## **HEALTH CARE TRANSPORT PROGRAM**



If you are in need of our **"Medical Appointment Service"**, please call our front desk at **698-4285** to schedule your **'Pick--Up Time'**. Pick--Up times should be made 1--2 weeks in advance, no later than 48 hours in advance. Scheduled appointments must be made between 9 AM - 1:30 PM, Monday - Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a **\$3.00 'Trip Charge'** payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.

**Best Friends**  
They know how crazy you are  
and still choose to be seen  
with you in public



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**Thrive**  
*Locally*

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Assistance Program

Putting Healthy Food Within Reach

Please use website - [assist.dhss.delaware.gov](http://assist.dhss.delaware.gov)

**CANCELED UNTIL FURTHER NOTICE**

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2020. If you are 50 years old or older, Oscar can answer any questions you may have about the *SNAP* program or he can assist you in filling out the required application.



**DON'T SHOP.  
AD  PT.**



**Art Classes**

**Harvest Years Senior Center**

**ALL ART CLASSES WILL BE CANCELED  
UNTIL FURTHER NOTICE**

*Classes are taught by our own ANN BURKE, a local Artist and a long time member of Harvest Years.*

If you are interested in learning how to put your 'hidden artistic talents' onto paper or canvas, you are welcome to join our art classes twice a month.

***NO* EXPERIENCE NECESSARY  
ALL SUPPLIES ARE PROVIDED**

**The cost for the classes is \$5.00 Per Class.**

**Classes: Second & Fourth Wednesday of each  
Month - 1 PM - 3 PM**

**Call DIANE for more Information: 698-4285  
Come In and Join Us For This Fun, Exciting and  
Educational Class!**

***Bonus! Meet New Friends***



**You Are All Invited To Join Us  
For Lunch At  
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**

**Member - \$4.50 - Non-Member - \$7.00**

Delicious Food, Nice People & Good Times.  
Join us and Bring A Friend Too!!

Notice: Until further notice Harvest Years will be Closed for Lunch - We are providing delivery service. If you wish to have your lunch delivered please call by 10 AM EACH DAY and give the receptionist your name, phone number and address. The cost for members will be \$5.00 with - NO Delivery Charge.

**JOIN HARVEST YEARS AND RECEIVE A \$1.00 OFF COUPON  
TOWARDS YOUR 1st LUNCH WITH US!!  
FOR NEW MEMBERS ONLY - 2020**



**Our Daily Soup Kitchen to Go  
Is now open on a limited basis. Please  
call daily and ask about the  
Daily Soup Availability.**

**Homemade Soups  
\$3.00 Cup / \$4.00 Pint / \$5.00 Quart**

**EXTRA IN-HOUSE ITEMS**

**Desserts \$2.00 each  
Just Entrees \$3.00 each  
Starch/Vegetable \$2.00 each**

**Sandwich entree price to be determined that day.  
Any Other Items - See Tom or Marguerite**

**\*As of October 1, 2016 we added an additional charge of \$1.00  
for TO-GO MEALS.**

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**SUPPORT HARVEST YEARS  
SENIOR CENTER, INC.**

**By Shopping at  
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*When you shop at AmazonSmile, Amazon will  
donate to Harvest Years Senior Center, Inc.  
Support us every time you shop.*



**Camden - Wyoming  
Lions Club**

**"Unselfish Service to the Community"**

**The Camden - Wyoming Lions Club meets  
monthly at Harvest Years Senior Center  
30 South Street, Camden, DE.**

**Next Meetings:**

**Canceled Until Further Notice  
Due to the Coronavirus Crisis**

**Dinner: 6:30 PM - Meeting Follows**

**Lions Club  
Ready to Help, Worldwide**

*Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.*

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is: CANCELED UNTIL FURTHER NOTICE**



**\$ .50 per Trip  
\$ 5.00 for 10 Trips  
\$ 10.00 for 20 Trips  
\$ 20.00 for 40 Trips**



**19th Annual 55+ EXPO**

**TUESDAY, JUNE 30, 2020 - 9 AM - 3 PM**

**Free Admission - Free Parking  
Over 100 Vendors**

**IF YOU WOULD LIKE TRANSPORTATION OVER TO THE  
EXPO PLEASE CALL OUR FRONT DESK AND WE WILL  
ADD YOUR NAME TO OUR BUS LIST.**

**698-4285**





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**Visit my website at: [www.CarolDanielsRealtor.com](http://www.CarolDanielsRealtor.com)**

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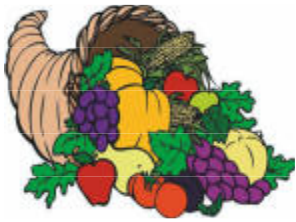


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Harvest Years Senior Center, Camden, DE

06-5270





**HARVEST YEARS SENIOR CENTER, INC.**  
**30 SOUTH STREET, CAMDEN, DE 19934**  
**PHONE: (302) 698-4285**  
**FAX: (302) 698-4286**  
**E-mail: [hysc@comcast.net](mailto:hysc@comcast.net)**



**HALL RENTALS AVAILABLE**  
**HOURS OF OPERATION — CALL MONDAY - FRIDAY**  
**8 A.M. - 3 P.M.**



*Memorial Day*  
*2020*



**God Bless Our Troops**  
**Always remember**  
**to keep them all in Our Daily**  
**Thoughts**



***MAY 2020***  
*Please Donate to The USO*

